

# 33<sup>a</sup> corrida das fogueiras

prova incluída no 32º troféu spiridon

peniche 2012



## Classificação geral

Cl.	Num	Atleta	Sx	Idd	Esc	ClEsc	Equipe	T_bruto	T_liquid	Control1	Control2
1	646	BRUNO FRAGA	M	35	M2039	1	GAB FISIO DESPORTO	00:48:27	00:48:23	00:07:52	00:38:13
2	1096	JOSE MADURO	M	39	M2039	2	MADURO ATHLETICS	00:48:44	00:48:40	00:07:51	00:38:13
3	1919	TELMO SILVA	M	33	M2039	3	AM ATIBA	00:50:03	00:49:58	00:08:22	00:39:29
4	2239	ARTUR SANTIAGO	M	40	M4044	1	GD MACEDO OCULISTA	00:50:17	00:50:13	00:08:21	00:39:47
5	2110	PEDRO CRUZ	M	21	M2039	4	AA MAFRA	00:50:20	00:50:16	00:08:35	00:39:47
6	1613	PEDRO PESSOA	M	46	M4549	1	CR PRAIA SALEMA	00:50:30	00:50:26	00:08:38	00:39:47
7	2089	FRANCISCO ROCHA	M	45	M4549	2	AA MAFRA	00:50:41	00:50:36	00:08:38	00:39:56
8	815	ANTONIO SOUSA	M	42	M4044	2	GARMIN/ CO OEIRAS	00:50:48	00:50:43	00:08:27	00:39:51
9	2328	JOAO BRITO	M	33	M2039	5	AM ATIBA	00:50:58	00:50:53	00:08:36	00:39:57
10	1098	PAULO PINHEIRO	M	34	M2039	6	MARATONA CP	00:51:14	00:51:14	00:08:25	00:40:17
11	1950	MARCO MELLO	M	42	M4044	3	AM ATIBA	00:51:19	00:51:15	00:08:36	00:40:17
12	2471	FRANCISCO PEDRO	M	41	M4044	4	OS CARREGEIRENSES	00:51:34	00:51:29	00:08:38	00:40:49
13	1033	JOAO VAZ	M	44	M4044	5	CCD O ALVITEJO	00:51:39	00:51:35	00:08:27	00:40:48
14	1371	JORGE AIRES	M	38	M2039	7	CA BARREIRA	00:51:46	00:51:41	00:08:31	00:40:49
15	2504	DAVID FERNANDES	M	37	M2039	8	MIRANTENSE FC	00:51:50	00:51:45	00:08:47	00:40:51
16	1209	PEDRO ARSENIO	M	29	M2039	9	INDIVIDUAL	00:51:53	00:51:49	00:08:44	00:40:51
17	1326	CARLOS HERLANDER	M	43	M4044	6	GAA VILA FRANCA XIRA	00:52:10	00:51:50	00:09:16	00:41:20
18	2246	FELIX PAULOS	M	54	M5054	1	GD MACEDO OCULISTA	00:52:23	00:52:18	00:08:59	00:41:26
19	1570	CARLOS REIS	M	46	M4549	3	GD COSTA BRAVA	00:52:32	00:52:28	00:08:48	00:41:10
20	2235	ALEXANDRE PINHEIRO	M	41	M4044	7	GD MACEDO OCULISTA	00:52:46	00:52:42	00:08:48	00:41:26
21	230	FRANCISCO SIMAO	M	30	M2039	10	PERNAS GAFANHOTO	00:52:49	00:52:44	00:09:00	00:41:32
22	650	JOSE M S ANTUNES	M	46	M4549	4	GAB FISIO DESPORTO	00:52:57	00:52:53	00:08:42	00:41:43
23	2091	JORGE CRUZ	M	47	M4549	5	AA MAFRA	00:53:04	00:52:58	00:08:59	00:41:57
24	1925	RUI RODRIGUES	M	36	M2039	11	CTT COIMBRA	00:53:09	00:53:04	00:08:45	00:41:57
25	2419	JORGE MARCELINO	M	39	M2039	12	ID VIEIRENSE	00:53:17	00:53:12	00:08:47	00:41:57
26	2257	MARIO PEDRO	M	36	M2039	13	GD MACEDO OCULISTA	00:53:19	00:53:14	00:09:00	00:42:00
27	1224	SERGIO SILVA	M	38	M2039	14	INDIVIDUAL	00:53:20	00:53:08	00:09:35	00:42:30
28	2092	EDUARDO EUSTAQUIO	M	48	M4549	6	AA MAFRA	00:53:21	00:53:16	00:09:00	00:42:03
29	980	TIAGO COCHICHO	M	29	M2039	15	INDIVIDUAL	00:53:28	00:53:17	00:09:13	00:42:00
30	163	MARIO BARBOSA	M	42	M4044	8	LIBERDADE FC	00:53:34	00:53:27	00:09:09	00:42:16
31	1190	RICARDO MESTRE	M	40	M4044	9	OS MESTRES	00:53:42	00:53:37	00:08:49	00:42:27
32	1356	JOSE CUSTODIO	M	47	M4549	7	ATENEU	00:53:42	00:53:34	00:09:15	00:42:15
33	2252	JOSE JARMELA	M	47	M4549	8	GD MACEDO OCULISTA	00:53:46	00:53:40	00:09:11	00:42:25
34	1196	JOAO INOCENCIO	M	41	M4044	10	INDIVIDUAL	00:53:47	00:53:42	00:08:46	00:42:20
35	1914	PAULO MOTA	M	34	M2039	16	AM ATIBA	00:53:48	00:53:43	00:08:48	00:42:02
36	2427	JOSE FIGUEIRA	M	42	M4044	11	ID VIEIRENSE	00:53:48	00:53:43	00:08:35	00:42:50
37	2261	VIRGILIO GOMES	M	43	M4044	12	GD MACEDO OCULISTA	00:53:54	00:53:49	00:09:01	00:42:21
38	2413	CLAUDIO CARDOSO	M	34	M2039	17	GA FREG VIDAIS	00:54:09	00:54:05	00:09:07	00:42:32
39	2410	GABRIEL RODRIGUES	M	48	M4549	9	GA FREG VIDAIS	00:54:18	00:54:13	00:09:00	00:42:33
40	955	BRUNO GASPAR	M	26	M2039	18	CLUBE GAIA	00:54:31	00:54:23	00:09:20	00:43:04
41	1626	JOAO GOMES	M	50	M5054	2	CR AMIEIRINHENSE	00:54:33	00:54:28	00:09:16	00:43:04
42	2439	LICINIO PEREIRA	M	56	M5559	1	ID VIEIRENSE	00:54:38	00:54:32	00:09:14	00:43:04
43	1916	JOSE BORGES	M	44	M4044	13	AM ATIBA	00:54:40	00:54:35	00:09:15	00:43:09

44	2404	HORACIO ALEXANDRE	M	32	M2039	19	GA FREG VIDAIS	00:54:42	00:54:38	00:09:17	00:43:09
45	1924	FERNANDO CARVALHO	M	36	M2039	20	CTT COIMBRA	00:54:43	00:54:39	00:09:00	00:42:53
46	2243	CARLOS MENDES	M	44	M4044	14	GD MACEDO OCULISTA	00:54:50	00:54:45	00:09:07	00:43:22
47	252	NELSON R M MENDES	M	22	M2039	21	ESTRELA CA FC	00:54:51	00:54:43	00:09:20	00:43:24
48	1259	MARIO CASEIRO	M	42	M4044	15	CA NAZARE	00:55:07	00:55:03	00:09:15	00:43:12
49	1675	CARLOS JORGE	M	44	M4044	16	C SARGENTO ARMADA	00:55:20	00:55:15	00:09:25	00:43:51
50	1672	FERNANDO PEREIRA	M	39	M2039	22	C SARGENTO ARMADA	00:55:25	00:55:15	00:09:40	00:43:52
51	1030	MIGUEL GOMES	M	35	M2039	23	CCD O ALVITEJO	00:55:26	00:55:20	00:09:31	00:43:50
52	2423	VITOR DINIS	M	39	M2039	24	ID VIEIRENSE	00:55:29	00:55:25	00:09:05	00:43:46
53	2415	CARLOS CORREIA	M	36	M2039	25	GA FREG VIDAIS	00:55:31	00:55:19	00:09:30	00:43:51
54	1138	JOSE RAIMUNDO	M	47	M4549	10	GDR FIGUEIRAS	00:55:48	00:55:43	00:09:33	00:43:59
55	1911	LUIS DIAS	M	45	M4549	11	AM ATIBA	00:55:48	00:55:43	00:09:02	00:44:09
56	2106	JOAO MIRANDA	M	42	M4044	17	AA MAFRA	00:55:48	00:55:42	00:09:51	00:44:12
57	2478	PEDRO ANTUNES	M	38	M2039	26	OS CARREGEIRENSES	00:55:49	00:55:36	00:09:56	00:44:12
58	2424	JOAO SOUSA	M	40	M4044	18	ID VIEIRENSE	00:55:54	00:55:46	00:09:21	00:44:06
59	1135	PAULO SIMAO	M	41	M4044	19	GDR FIGUEIRAS	00:55:55	00:55:44	00:09:42	00:44:08
60	1130	EDUARDO CARDEIRA	M	28	M2039	27	GDR FIGUEIRAS	00:55:57	00:55:50	00:09:42	00:44:13
61	392	ERNESTO FERREIRA	M	40	M4044	20	GAB FISIO DESPORTO	00:56:03	00:55:59	00:09:38	00:44:04
62	1133	ANTONIO SALCEDAS	M	41	M4044	21	GDR FIGUEIRAS	00:56:09	00:56:02	00:09:43	00:44:19
63	1673	JORGE TEIXEIRA	M	41	M4044	22	C SARGENTO ARMADA	00:56:10	00:55:59	00:09:38	00:44:05
64	2409	PAULO LEANDRO	M	47	M4549	12	GA FREG VIDAIS	00:56:14	00:56:06	00:09:50	00:44:23
65	1210	HUGO ADELINO	M	38	M2039	28	INDIVIDUAL	00:56:16	00:55:57	00:10:01	00:44:28
66	2325	MADALENA CARRICO	F	33	F2039	1	CS MARITIMO	00:56:17	00:56:13	00:09:31	00:44:26
67	1781	JORGE RODRIGUES	M	46	M4549	13	NS SAO MIGUEL	00:56:26	00:56:20	00:09:28	00:44:39
68	380	PEDRO SILVA	M	41	M4044	23	FSG COLLONGE BELLERIVE	00:56:35	00:56:28	00:09:38	00:44:41
69	450	MARK MONTEIRO	M	41	M4044	24	INDIVIDUAL	00:56:37	00:56:29	00:09:41	00:44:54
70	2458	EDMILSOM SANTOS	M	48	M4549	14	GARMIN/ CO OEIRAS	00:56:37	00:56:22	00:09:51	00:44:37
71	2505	ANABELA GOMEZ	F	33	F2039	2	MIRANTENSE FC	00:56:39	00:56:35	00:09:40	00:44:42
72	2292	NUNO SILVA	M	35	M2039	29	CAL	00:56:41	00:56:19	00:10:40	00:45:15
73	1177	SEVERINO SANTOS	M	57	M5559	2	HOTEL MIRA PAIVA	00:56:45	00:56:26	#N/D	00:43:47
74	1031	ANTONIO PAIS	M	42	M4044	25	CCD O ALVITEJO	00:56:49	00:56:49	00:09:20	00:44:41
75	936	VITORIA OLIVEIRA	F	20	F2039	3	LIBERDADE FC	00:56:50	00:56:50	00:09:19	00:44:32
76	2118	MANUEL CARDOSO	M	49	M4549	15	GELPINHOS	00:56:52	00:56:48	00:09:30	00:44:42
77	1896	MARCO PINTO	M	20	M2039	30	CA PENARFIME	00:56:58	00:56:52	00:09:36	00:44:35
78	398	HUGO GONCALVES	M	34	M2039	31	GAB FISIO DESPORTO	00:57:02	00:56:57	00:09:39	00:45:11
79	1720	ANTONIO PINHEIRO	M	41	M4044	26	SR CAMARNAL	00:57:06	00:56:59	00:09:50	00:45:08
80	1747	MARCO FRANCO	M	31	M2039	32	C BENFICA ABRANTES	00:57:09	00:57:02	00:09:26	00:45:02
81	2503	CARLOS LOPES	M	37	M2039	33	MIRANTENSE FC	00:57:11	00:57:05	00:09:40	00:45:07
82	1250	FABIO S FONTOURA	M	28	M2039	34	INDIVIDUAL	00:57:14	00:56:49	00:11:07	00:45:53
83	2295	AMARO J S TEIXEIRA	M	22	M2039	35	GCA DONAS	00:57:15	00:57:07	00:09:31	00:44:57
84	797	PEDRO MESTRE	M	41	M4044	27	NETCOURIER	00:57:18	00:57:12	00:09:53	00:45:16
85	495	JORGE M C SILVA	M	45	M4549	16	GAU BAJOUCA	00:57:21	00:57:10	00:09:37	00:45:13
86	1674	FERNANDO SANTOS	M	42	M4044	28	C SARGENTO ARMADA	00:57:21	00:57:12	00:09:39	00:45:09
87	2393	MIGUEL TEIXEIRA	M	38	M2039	36	WIKABOO	00:57:23	00:57:13	00:10:15	00:45:29
88	2519	MARCOLINO VERÍSSIMO	M	40	M4044	29	SS CGD	00:57:30	00:57:22	00:09:41	00:45:26
89	2119	RICARDO RODRIGUES	M	35	M2039	37	GELPINHOS	00:57:31	00:57:25	00:09:52	00:45:19
90	1913	CLAUDIO CARDOSO	M	34	M2039	38	AM ATIBA	00:57:33	00:56:57	00:10:44	00:45:49
91	1678	ANTONIO MADEIRA	M	51	M5054	3	C SARGENTO ARMADA	00:57:35	00:57:25	00:10:00	00:45:17
92	866	ANTONIO J P CORREIA	M	42	M4044	30	ATENEU	00:57:42	00:57:04	00:11:02	00:45:52
93	1708	JOSE BORGES	M	51	M5054	4	ALHANDRA	00:57:47	00:57:21	00:10:32	00:45:51
94	1746	ANTONIO RIBEIRO	M	33	M2039	39	C BENFICA ABRANTES	00:57:47	00:57:40	00:09:41	00:45:28
95	343	MIGUEL MARQUES	M	52	M5054	5	CA PARQUE PAZ	00:57:48	00:57:41	00:09:51	00:45:36
96	2548	MANUEL AZEVEDO	M	49	M4549	17	OS BRAGUINHAS	00:57:48	00:57:37	00:10:11	00:45:49
97	496	PEDRO A S CAPELA	M	32	M2039	40	GAU BAJOUCA	00:57:54	00:57:42	00:09:57	00:45:36
98	2475	VITOR SANTOS	M	38	M2039	41	OS CARREGEIRENSES	00:57:54	00:57:45	00:10:13	00:45:42

99	119	EMANUEL BANDEIRA	M	36	M2039	42	INDIVIDUAL	00:57:55	00:57:43	00:10:01	00:45:47
100	1961	RUI RODRIGUES	M	29	M2039	43	AM ATIBA	00:57:57	00:57:20	00:10:40	00:45:49
101	1921	LUIS CANDEIAS	M	24	M2039	44	AM ATIBA	00:58:02	00:57:27	00:11:21	00:46:13
102	1814	ANTONIO POEIRAS	M	52	M5054	6	ACR SOUTOS	00:58:06	00:58:01	00:09:11	00:45:41
103	1500	ANTONIO SANTOS	M	53	M5054	7	GD INE	00:58:13	00:57:49	00:10:29	00:46:18
104	1644	JANICIO REIS	M	34	M2039	45	C BENFICA ALG M MARTINS	00:58:13	00:57:40	00:11:06	00:46:19
105	1037	PAULO FERNANDES	M	46	M4549	18	CCD O ALVITEJO	00:58:18	00:57:55	00:10:22	00:46:03
106	1478	PAULO BENEVENTE	M	32	M2039	46	CA PARQUE PAZ	00:58:18	00:58:02	00:10:22	00:46:22
107	565	ALEXANDRE ARAUJO	M	31	M2039	47	AM RUNNING	00:58:19	00:58:04	00:09:50	00:45:58
108	1336	RICARDO M C COSTA	M	38	M2039	48	INDIVIDUAL	00:58:22	00:58:00	00:10:52	00:46:34
109	737	JORGE GONCALVES	M	43	M4044	31	INDIVIDUAL	00:58:23	00:58:10	00:10:30	00:46:22
110	1922	ANTONIO P COSTA	M	36	M2039	49	AM ATIBA	00:58:25	00:57:50	00:10:45	00:46:13
111	1989	VITOR RAFAEL	M	49	M4549	19	AÇOREANA C BANIF	00:58:32	00:58:20	00:10:15	00:46:14
112	2420	CRISTOVAO PEREIRA	M	35	M2039	50	ID VIEIRENSE	00:58:33	00:58:33	00:10:00	00:46:14
113	1662	PEDRO FERREIRA	M	36	M2039	51	C BENFICA ALG M MARTINS	00:58:35	00:58:26	00:10:03	00:46:05
114	1929	BRUNO MARTINS	M	25	M2039	52	CTT COIMBRA	00:58:35	00:58:28	00:09:59	00:46:16
115	1890	NUNO PATRICIO	M	39	M2039	53	CN ALVITO	00:58:36	00:58:36	00:11:00	00:46:24
116	2430	JOEL MARCELINO	M	44	M4044	32	ID VIEIRENSE	00:58:39	00:57:58	00:11:20	00:46:33
117	993	ANDRE ALEXANDRE	M	22	M2039	54	DFMN	00:58:40	00:58:25	00:09:56	00:46:27
118	2244	CONSTANTINO ARAUJO	M	31	M2039	55	GD MACEDO OCULISTA	00:58:41	00:58:35	00:10:08	00:46:30
119	2502	JORGE AMARAL	M	43	M4044	33	MIRANTENSE FC	00:58:42	00:58:32	00:09:56	00:46:33
120	2140	HENRIQUE VENANCIO	M	36	M2039	56	GELPINHOS	00:58:47	00:58:25	00:10:23	00:46:24
121	867	MARCO A C FIDALGO	M	35	M2039	57	ATENEU	00:58:49	00:58:11	00:11:02	00:46:33
122	1671	RICARDO OLIVEIRA	M	32	M2039	58	C SARGENTO ARMADA	00:58:50	00:58:39	00:10:14	00:46:32
123	2476	JOAQUIM RODRIGUES	M	43	M4044	34	OS CARREGEIRENSES	00:58:51	00:58:39	00:10:27	00:46:43
124	1363	DANIEL BAPTISTA	M	28	M2039	59	CA BARREIRA	00:58:52	00:58:25	00:10:55	00:46:40
125	40	RUI F L FIGUEIREDO	M	31	M2039	60	INDIVIDUAL	00:58:57	00:58:46	00:10:21	00:46:43
126	949	JOAO FRANCO	M	58	M5559	3	GDCR ZAMBUJEIRA/ CALVO	00:58:57	00:58:44	00:10:27	00:46:43
127	2399	JULIO HENRIQUES	M	51	M5054	8	GA FREG VIDAIS	00:59:01	00:58:56	00:09:18	00:45:47
128	2534	ANDRE GONCALVES	M	25	M2039	61	OS BRAGUINHAS	00:59:01	00:58:37	00:10:56	00:46:29
129	1997	ANDRE FERREIRA	M	22	M2039	62	UFCI TOMAR	00:59:04	00:58:27	00:10:58	00:46:24
130	2407	PAULO JESUINO	M	40	M4044	35	GA FREG VIDAIS	00:59:05	00:58:51	00:10:34	00:46:50
131	1676	MARIO ROSA	M	47	M4549	20	C SARGENTO ARMADA	00:59:06	00:58:54	00:10:07	00:46:26
132	674	DULIO F PARREIRA	M	33	M2039	63	OUR TEAM	00:59:08	00:58:26	00:10:59	00:46:22
133	856	JOAO C R CANAS	M	36	M2039	64	ARSC TOLEDO	00:59:10	00:58:54	00:10:48	00:47:00
134	1554	CLAUDIO RIBEIRO	M	34	M2039	65	NS FARO	00:59:14	00:59:14	00:12:07	00:47:17
135	1384	ORLANDO PIRES	M	43	M4044	36	CA BARREIRA	00:59:15	00:58:36	00:11:00	00:46:50
136	2431	ARTUR LOPES	M	45	M4549	21	ID VIEIRENSE	00:59:16	00:59:10	00:09:30	00:46:10
137	1558	RUI HONRADO	M	25	M2039	66	INDIVIDUAL	00:59:20	00:59:05	00:10:09	00:47:06
138	1387	FERNANDO SIMAO	M	53	M5054	9	CA BARREIRA	00:59:21	00:59:01	00:10:29	00:46:56
139	2095	PAULO GOMES	M	41	M4044	37	AA MAFRA	00:59:22	00:59:10	00:10:32	00:46:55
140	1679	JOAQUIM BICO	M	53	M5054	10	C SARGENTO ARMADA	00:59:25	00:59:16	00:10:07	00:46:43
141	1134	SEGIO E SANTO	M	44	M4044	38	GDR FIGUEIRAS	00:59:31	00:59:18	00:10:18	00:46:39
142	573	JORGE PINA	M	36	M2039	67	INDIVIDUAL	00:59:36	00:59:29	00:10:40	00:46:49
143	2152	JOAO MONTES	M	47	M4549	22	INDIVIDUAL	00:59:36	00:59:29	00:10:39	00:46:49
144	1775	ANDRE COSTA	M	30	M2039	68	INDIVIDUAL	00:59:38	00:59:21	00:10:49	00:47:13
145	1086	NUNO COSTA	M	40	M4044	39	CCRD BURINHOSA	00:59:47	00:59:35	00:09:56	00:47:10
146	1813	MANUEL FERNANDES	M	58	M5559	4	ACR SOUTOS	00:59:48	00:59:41	00:10:20	00:47:01
147	1557	JOSE VIRALHADA	M	32	M2039	69	INDIVIDUAL	00:59:49	00:59:35	00:10:09	00:47:06
148	1252	HERALDO PEIXE	M	33	M2039	70	CA NAZARE	00:59:50	00:59:36	00:10:26	00:47:09
149	2189	JOSE GEADA	M	41	M4044	40	CLUBE VODAFONE	00:59:53	00:59:45	00:10:02	00:46:57
150	1367	HELDER CARREIRA	M	36	M2039	71	CA BARREIRA	00:59:57	00:59:32	00:11:00	00:47:24
151	1373	JOSE OLIVEIRA	M	50	M5054	11	CA BARREIRA	00:59:57	00:59:30	00:11:00	00:47:24
152	1978	MARIO GOMES	M	42	M4044	41	AÇOREANA C BANIF	00:59:58	00:59:21	00:11:14	00:47:29
153	256	EIDE C O SOARES	M	20	M2039	72	ESTRELA CA FC	00:59:59	00:59:51	00:09:25	00:47:03

154	1149	CARLOS A S ALMEIDA	M	39	M2039	73	INDIVIDUAL	01:00:01	00:59:47	00:10:43	00:47:24
155	1349	NUNO A SILVA	M	30	M2039	74	INDIVIDUAL	01:00:03	01:00:03	00:10:21	00:47:29
156	2168	JOAO SILVA	M	53	M5054	12	CDM	01:00:03	00:59:54	00:10:18	00:47:15
157	1841	GONCALO LOPES	M	28	M2039	75	INDIVIDUAL	01:00:05	00:59:41	00:10:46	00:47:09
158	1375	NUNO DIAS	M	34	M2039	76	CA BARREIRA	01:00:08	01:00:08	00:11:07	00:47:38
159	2184	OLIVIER DELMOTTE	M	40	M4044	42	CLUBE VODAFONE	01:00:12	00:59:58	00:10:56	00:48:03
160	2094	JOEL RODRIGUES	M	38	M2039	77	AA MAFRA	01:00:18	01:00:12	00:08:46	00:44:39
161	1920	JOSE HEITOR	M	51	M5054	13	AM ATIBA	01:00:20	00:59:44	00:10:43	00:47:18
162	2563	AMILCAR FERREIRA	M	45	M4549	23	GD MACEDO OCULISTA	01:00:22	01:00:02	00:11:24	00:47:55
163	1928	JORGE JUSTO	M	51	M5054	14	CTT COIMBRA	01:00:25	01:00:15	00:10:20	00:47:36
164	1325	JOAO LUIS	M	23	M2039	78	GAA VILA FRANCA XIRA	01:00:28	01:00:28	00:11:27	00:48:18
165	1839	ARMANDO PESSOA	M	42	M4044	43	INDIVIDUAL	01:00:31	01:00:18	00:10:58	00:48:09
166	540	MARCUS BONITO	M	37	M2039	79	AMIGOS B	01:00:33	01:00:02	00:11:26	00:48:09
167	2286	DANIEL JAULINO	M	46	M4549	24	C VETERANOS LIS	01:00:33	00:59:59	00:11:35	00:48:13
168	1419	LUIS F C R SILVA	M	34	M2039	80	OS KOTA BIKE TEAM	01:00:35	00:58:54	00:12:59	00:48:35
169	1729	JOAO MARQUES	M	28	M2039	81	CAETANO COATINGS	01:00:38	01:00:23	00:10:59	00:48:04
170	1786	JOAO SOARES	M	58	M5559	5	NS SAO MIGUEL	01:00:41	01:00:37	00:10:16	00:47:44
171	1562	PEDRO S GONCALVES	M	30	M2039	82	RB RUNNING	01:00:46	01:00:32	00:10:44	00:47:59
172	442	JOSE QUEIROS	M	41	M4044	44	INDIVIDUAL	01:00:54	01:00:35	00:10:59	00:48:15
173	678	NELSON R CAETANO	M	27	M2039	83	INDIVIDUAL	01:00:56	01:00:13	00:11:57	00:48:32
174	888	ANTONIO B RUELA	M	51	M5054	15	INDIVIDUAL	01:00:56	01:00:36	00:11:02	00:48:21
175	1862	PAULO S R ESTRELINHA	M	35	M2039	84	INDIVIDUAL	01:00:59	01:00:46	00:10:31	00:47:57
176	1321	VITOR M NOGUEIRA	M	47	M4549	25	GAA VILA FRANCA XIRA	01:01:01	01:00:48	00:10:21	00:48:09
177	1452	J BENJAMIM P SILVA	M	57	M5559	6	PASSEANTES S PEDRO	01:01:01	01:00:43	00:10:50	00:48:36
178	1730	JOSE PAJINHA	M	51	M5054	16	CAETANO COATINGS	01:01:06	01:00:51	00:10:59	00:48:30
179	985	AMANDIO P P CARAPINHA	M	40	M4044	45	INDIVIDUAL	01:01:07	01:00:32	00:11:04	00:48:19
180	1520	ISMAEL SILVA	M	55	M5559	7	CCDR FUNDO VILA	01:01:07	01:01:00	00:10:17	00:48:10
181	1042	JOAQUIM ALVES	M	60	M6064	1	CCD O ALVITEJO	01:01:09	01:00:59	00:10:02	00:47:53
182	2153	ANTONIO R LOPES	M	47	M4549	26	INDIVIDUAL	01:01:13	01:01:13	00:10:42	00:48:05
183	950	EMANUEL MARQUES	M	41	M4044	46	GDCR ZAMBUJEIRA/ CALVO	01:01:17	01:01:02	00:10:52	00:48:32
184	2058	CARLOS M P HIPOLITO	M	37	M2039	85	SCALABIS N RUNNERS	01:01:17	01:00:49	00:11:06	00:48:32
185	2428	CARLOS PINTO	M	43	M4044	47	ID VIEIRENSE	01:01:17	01:01:07	00:10:13	00:48:13
186	1027	ANA MARGARIDA	F	45	F4599	1	CCD O ALVITEJO	01:01:20	01:01:15	00:10:19	00:48:24
187	2000	JORGE LERCAS	M	47	M4549	27	UFCI TOMAR	01:01:20	01:01:09	00:10:37	00:48:26
188	1628	JOAQUIM MORAIS	M	53	M5054	17	CR AMIEIRINHENSE	01:01:21	01:01:12	00:10:08	00:47:09
189	2385	NELIO S ALMEIDA	M	23	M2039	86	AC S MAMEDE	01:01:24	00:59:03	00:14:04	00:49:36
190	1370	JORGE AGOSTINHO	M	53	M5054	18	CA BARREIRA	01:01:25	01:01:20	00:10:27	00:48:19
191	294	EDUARDO M F N GREGORIO	M	31	M2039	87	RAIL RUNNERS	01:01:29	01:00:35	00:12:00	00:48:37
192	2016	MONICA VIEIRA	F	37	F2039	4	EQUIPAS OS ENTREMEADAS	01:01:32	01:01:27	00:10:20	00:48:34
193	2290	HUGO MIGUEL	M	27	M2039	88	C VETERANOS LIS	01:01:39	01:00:30	00:11:36	00:48:34
194	1136	JOAO GUERREIRO	M	44	M4044	48	GDR FIGUEIRAS	01:01:41	01:00:49	00:11:45	00:49:19
195	399	RICARDO VAZ	M	34	M2039	89	GAB FISIO DESPORTO	01:01:45	01:01:16	00:11:18	00:48:51
196	1144	LUIS SECO	M	52	M5054	19	GDR FIGUEIRAS	01:01:47	01:01:34	00:10:42	00:48:45
197	1629	VITOR TEIXEIRA	M	50	M5054	20	CR AMIEIRINHENSE	01:01:48	01:00:49	00:12:08	00:49:19
198	1403	RICARDO ALIPIO	M	25	M2039	90	INDIVIDUAL	01:01:49	01:01:23	00:11:13	00:48:49
199	2412	ALCINO BARROS	M	26	M2039	91	GA FREG VIDAIS	01:01:51	01:01:27	00:11:10	00:49:15
200	858	RUI M C AGUIAR	M	39	M2039	92	ARSC TOLEDO	01:01:53	01:01:36	00:10:51	00:48:46
201	907	EMANUEL G SERRAZINA	M	31	M2039	93	ATENEU	01:01:53	01:01:43	00:10:52	00:49:15
202	1260	LUIS VIDINHA	M	43	M4044	49	CA NAZARE	01:01:56	01:01:52	00:10:15	00:48:26
203	1365	DAVID MARQUES	M	42	M4044	50	CA BARREIRA	01:01:59	01:01:18	00:12:23	00:49:11
204	2062	JOSE M S SILVA	M	37	M2039	94	SCALABIS N RUNNERS	01:01:59	01:01:29	00:12:12	00:49:45
205	1362	CARINA MATIAS	F	27	F2039	5	CA BARREIRA	01:02:00	01:02:00	00:10:19	00:48:46
206	1379	RUI ROBERTO	M	43	M4044	51	CA BARREIRA	01:02:00	01:00:34	00:13:41	00:49:47
207	2434	RUI DINIS	M	48	M4549	28	ID VIEIRENSE	01:02:00	01:01:19	00:11:37	00:48:45
208	1035	NUNO SANTOS	M	40	M4044	52	CCD O ALVITEJO	01:02:01	01:01:53	00:09:40	00:47:28

209	1366	GERMANO CAPELA	M	44	M4044	53	CA BARREIRA	01:02:01	01:01:54	00:10:19	00:48:45
210	2426	JOAO MARCELINO	M	42	M4044	54	ID VIEIRENSE	01:02:03	01:01:50	00:10:41	00:48:48
211	1450	JOAQUIM M P SILVA	M	49	M4549	29	PASSEANTES S PEDRO	01:02:04	01:01:47	00:10:51	00:48:36
212	1102	CARLOS BARRY	M	41	M4044	55	INDIVIDUAL	01:02:07	01:01:42	00:11:37	00:49:18
213	1604	JORGE F A FONTES	M	51	M5054	21	BEJA AC	01:02:07	01:01:23	00:11:54	00:49:01
214	1683	ANASTACIO VALADAS	M	58	M5559	8	GD SANTANDER TOTTA	01:02:08	01:01:55	00:10:48	00:49:12
215	492	OTEOLO D PEREIRA	M	36	M2039	95	GAU BAJOUCA	01:02:12	01:02:01	00:10:46	00:48:53
216	2064	MARCO F S G MELO	M	33	M2039	96	SCALABIS N RUNNERS	01:02:12	01:01:54	00:11:01	00:49:06
217	2358	JAIME SANTOS	M	58	M5559	9	INDIVIDUAL	01:02:12	01:02:00	00:10:39	00:48:53
218	2411	MANUEL SIMAO	M	58	M5559	10	GA FREG VIDAIS	01:02:12	01:01:58	00:10:50	00:49:00
219	272	JOAO M N SOUSA	M	28	M2039	97	INDIVIDUAL	01:02:15	01:01:55	00:10:38	00:49:10
220	400	FERNANDO SOUSA	M	40	M4044	56	GAB FISIO DESPORTO	01:02:15	01:01:46	00:11:18	00:49:11
221	2251	JOSE INOCENCIO	M	60	M6064	2	GD MACEDO OCULISTA	01:02:15	01:02:00	00:11:04	00:49:16
222	1493	GONCALO A SANTOS	M	38	M2039	98	GDC PORTO SINES	01:02:16	01:01:35	00:11:50	00:49:45
223	2401	ACACIO CAMPOS	M	54	M5054	22	GA FREG VIDAIS	01:02:18	01:01:36	00:12:04	00:49:30
224	1822	LUIS M C ALEXANDRE	M	36	M2039	99	ACR SANTA CITA	01:02:20	01:02:02	00:10:50	00:49:16
225	2048	ÂNGELO SANTOS	M	33	M2039	100	SCALABIS N RUNNERS	01:02:22	01:01:54	00:11:06	00:49:28
226	1712	MARCOS A F PEREREIRA	M	56	M5559	11	INDIVIDUAL	01:02:24	01:01:30	00:12:52	00:50:00
227	2398	ANTONIO LEMOS	M	52	M5054	23	WIKABOO	01:02:24	01:02:04	00:11:32	00:49:36
228	1404	FRANCISCO E MONTE	M	31	M2039	101	INDIVIDUAL	01:02:28	01:02:07	00:11:36	00:49:33
229	1416	NUNO F P CHAINHO	M	26	M2039	102	OS KOTA BIKE TEAM	01:02:29	01:00:49	00:13:00	00:49:47
230	2155	PEDRO VASQUES	M	20	M2039	103	INDIVIDUAL	01:02:30	01:02:11	00:11:07	00:49:22
231	1782	PAULO NEVES	M	47	M4549	30	NS SAO MIGUEL	01:02:32	01:02:25	00:10:54	00:49:22
232	1915	ANTONIO ADRO	M	43	M4044	57	AM ATIBA	01:02:33	01:01:58	00:11:49	00:49:49
233	1711	JULIO VICENTE	M	38	M2039	104	INDIVIDUAL	01:02:36	01:02:20	00:10:37	00:48:24
234	390	JAIME LAMEGO	M	52	M5054	24	INDIVIDUAL	01:02:37	01:02:27	00:10:51	00:49:23
235	766	VEACESLAV IGNAT	M	34	M2039	105	JOANINHAS LEIAO	01:02:38	01:02:26	00:10:05	00:48:54
236	1420	PAULO L G MIGUEL	M	39	M2039	106	OS KOTA BIKE TEAM	01:02:38	01:01:37	00:12:14	00:50:08
237	2121	JOSE PEIXOTO	M	54	M5054	25	GELPINHOS	01:02:38	01:02:30	00:10:49	00:49:22
238	391	CHANTAL XHERVELLE	F	44	F4044	1	INDIVIDUAL	01:02:39	01:02:29	00:10:51	00:49:23
239	1754	VALTER FONSECA	M	30	M2039	107	ANTI ABSTEMIOS	01:02:48	01:02:26	00:11:22	00:49:40
240	1756	TIAGO MATIAS	M	28	M2039	108	ANTI ABSTEMIOS	01:02:48	01:02:26	00:11:22	00:49:39
241	2422	NUNO LORVAO	M	41	M4044	58	ID VIEIRENSE	01:02:49	01:02:38	00:10:38	00:49:29
242	754	NUNO PIMENTA	M	34	M2039	109	INDIVIDUAL	01:02:54	01:02:35	00:11:06	00:49:39
243	1509	MARCOS OLIVEIRA	M	39	M2039	110	GD INE	01:02:56	01:02:49	00:10:41	00:49:41
244	831	NUNO G NOBRE	M	37	M2039	111	INDIVIDUAL	01:02:57	01:02:15	00:12:34	00:50:16
245	2479	JOAO BERNARDES	M	36	M2039	112	OS CARREGEIRENSES	01:03:02	01:02:42	00:11:05	00:49:16
246	1742	LUIS EMIDIO	M	43	M4044	59	C BENFICA ABRANTES	01:03:03	01:02:39	00:10:47	00:50:08
247	331	JOAO SEQUEIRA	M	49	M4549	31	CCDT METRO LX	01:03:04	01:01:25	00:13:20	00:51:06
248	1566	JOAO F FERREIRA	M	34	M2039	113	INDIVIDUAL	01:03:04	01:01:36	00:12:38	00:49:17
249	1859	PIERRE BOSCHMANS	M	61	M6064	3	INDIVIDUAL	01:03:04	01:02:55	00:10:36	00:49:38
250	2083	CARLOS HENRIQUES	M	28	M2039	114	OS SANTARENOS	01:03:04	01:02:35	00:11:23	00:49:30
251	2460	NELSON DIAS	M	28	M2039	115	INDIVIDUAL	01:03:04	01:02:28	00:11:31	00:49:46
252	938	RAUL QUARESMA	M	31	M2039	116	O MUNDO CORRIDA	01:03:06	01:02:36	00:12:23	00:50:17
253	1084	CARLOS DUARTE	M	46	M4549	32	CCRD BURINHOSA	01:03:06	01:02:19	00:11:35	00:50:21
254	1296	ANTONIO P R SIMOES	M	42	M4044	60	INDIVIDUAL	01:03:06	01:02:47	00:11:30	00:50:12
255	1810	FERNANDO JACINTO	M	45	M4549	33	ACR SOUTOS	01:03:09	01:02:59	00:10:38	00:49:17
256	2103	LEANDRO REIS	M	43	M4044	61	AA MAFRA	01:03:10	01:03:05	00:10:26	00:49:29
257	2371	CEAR NUNES	M	25	M2039	117	CP PONTEVEL	01:03:10	01:02:57	00:11:16	00:50:08
258	1998	PEDRO FERREIRA	M	30	M2039	118	UFCI TOMAR	01:03:13	01:02:06	00:12:42	00:49:54
259	1923	MIGUEL PALMA	M	45	M4549	34	AM ATIBA	01:03:14	01:02:40	00:11:48	00:50:37
260	915	TIAGO GODINHO	M	20	M2039	119	INDIVIDUAL	01:03:15	01:02:35	00:11:56	00:50:45
261	2104	JOAO FRIAS	M	45	M4549	35	AA MAFRA	01:03:15	01:03:01	00:10:57	00:50:22
262	1543	ANTONIO NUNES	M	54	M5054	26	INDIVIDUAL	01:03:16	01:02:20	00:12:46	00:50:18
263	1956	JOSE G OLIVEIRA	M	51	M5054	27	AM ATIBA	01:03:20	01:02:41	00:12:15	00:50:06

264	1202	NUNO MARTINS	M	32	M2039	120	INDIVIDUAL	01:03:21	01:02:29	00:12:38	00:50:42
265	291	RUI TEIXEIRA	M	51	M5054	28	INDIVIDUAL	01:03:22	01:03:13	00:10:30	00:49:43
266	1162	CARLOS MONTEIRO	M	42	M4044	62	CD GRUPO BES	01:03:23	01:03:09	00:10:48	00:50:25
267	2059	FILIFE A P S MENDES	M	38	M2039	121	SCALABIS N RUNNERS	01:03:24	01:02:54	00:11:28	00:50:20
268	2093	ORLANDO REBELO	M	55	M5559	12	AA MAFRA	01:03:25	01:03:11	00:11:00	00:50:22
269	2109	MARIA FRIAS	F	46	F4599	2	AA MAFRA	01:03:25	01:03:19	00:10:54	00:50:22
270	334	NUNO AZEVEDO	M	34	M2039	122	CCDT METRO LX	01:03:26	01:03:15	00:10:30	00:50:08
271	2187	ALFREDO R OLIVEIRA	M	44	M4044	63	QUATRO E MEIA	01:03:26	01:02:47	00:12:01	00:50:14
272	738	DIOGO GONCALVES	M	20	M2039	123	INDIVIDUAL	01:03:27	01:03:13	00:10:20	00:48:34
273	341	PEDRO GABRIEL	M	37	M2039	124	CA PARQUE PAZ	01:03:28	01:02:41	00:12:01	00:50:25
274	687	PEDRO FARTO	M	32	M2039	125	INDIVIDUAL	01:03:29	01:03:08	00:11:26	00:50:21
275	335	NUNO PITA	M	36	M2039	126	CCDT METRO LX	01:03:32	01:03:21	#N/D	#N/D
276	1986	RUI OLIVEIRA	M	41	M4044	64	AÇOREANA C BANIF	01:03:36	01:03:02	00:11:12	00:50:03
277	1327	VITOR NOVAIS	M	33	M2039	127	GAA VILA FRANCA XIRA	01:03:37	01:02:43	00:12:02	00:50:39
278	6	FERNANDO F O PEREIRA	M	57	M5559	13	INDIVIDUAL	01:03:38	01:03:22	00:10:50	00:50:15
279	2357	JOAO A S ANTUNES	M	44	M4044	65	INDIVIDUAL	01:03:39	01:03:31	00:10:32	00:50:24
280	735	JOSUE S EVORA	M	46	M4549	36	INDIVIDUAL	01:03:41	01:03:20	00:11:51	00:51:00
281	2432	MARIO BARREIROS	M	45	M4549	37	ID VIEIRENSE	01:03:42	01:03:26	00:10:55	00:50:00
282	1294	DINIS SILVA AGAPITO	M	36	M2039	128	INDIVIDUAL	01:03:43	01:03:27	00:11:06	00:50:17
283	945	ANTONIO CLARA	M	50	M5054	29	GDCR ZAMBUJEIRA/ CALVO	01:03:44	01:03:26	00:11:04	00:50:17
284	485	RICARDO MARTINS	M	35	M2039	129	CLUBE ROBBIALAC	01:03:45	01:02:49	00:12:21	00:50:51
285	1372	DULCINEA SILVA	F	40	F4044	2	CA BARREIRA	01:03:45	01:03:38	00:10:47	00:50:15
286	2470	MARIO BARATA	M	41	M4044	66	INDIVIDUAL	01:03:48	01:03:17	00:11:42	00:50:32
287	1038	ANTONIO AZEDO	M	46	M4549	38	CCD O ALVITEJO	01:03:49	01:03:21	00:12:17	00:50:50
288	1251	MANUEL SEQUEIRA	M	55	M5559	14	CA NAZARE	01:03:49	01:03:23	00:11:30	00:50:42
289	767	MARCO SOUZA	M	47	M4549	39	JOANINHAS LEIAO	01:03:51	01:03:39	00:10:25	00:49:53
290	1632	JOSE M C FERNANDES	M	53	M5054	30	MOV JUVENTUDE MERELIM	01:03:51	01:03:13	00:11:55	00:50:20
291	2020	PEDRO SILVA	M	20	M2039	130	LAPQN	01:03:52	01:03:20	00:11:41	00:50:46
292	1624	RUI BERNARDO	M	45	M4549	40	PORTUGAS4RUN	01:03:53	01:02:56	00:12:34	00:50:47
293	946	EURICO AGOSTINHO	M	51	M5054	31	GDCR ZAMBUJEIRA/ CALVO	01:03:54	01:03:24	00:12:04	00:50:52
294	255	JOAO M S MENDES	M	47	M4549	41	ESTRELA CA FC	01:03:55	01:03:47	00:10:37	00:50:22
295	1269	JOAO BORGES	M	37	M2039	131	INDIVIDUAL	01:03:55	01:03:55	00:13:40	00:51:11
296	505	JOAQUIM PEREIRA	M	64	M6064	4	CR LEOES P SALVO	01:03:56	01:02:58	00:12:20	00:50:39
297	2049	ANTONIO BATALHA	M	58	M5559	15	SCALABIS N RUNNERS	01:03:58	01:03:27	00:11:28	00:50:28
298	2081	MARIO NETO	M	35	M2039	132	OS SANTARENOS	01:04:00	01:03:33	00:11:17	00:50:25
299	1506	GONCALO FERREIRA	M	39	M2039	133	GD INE	01:04:02	01:03:56	00:10:47	00:50:26
300	289	DIRIO L S COELHO	M	35	M2039	134	AA CARTAXENSE	01:04:05	01:03:51	00:11:25	00:50:53
301	1139	MARIO DUARTE	M	54	M5054	32	GDR FIGUEIRAS	01:04:08	01:03:58	00:10:46	00:50:26
302	21	PAULO J R CARVALHO	M	36	M2039	135	ACAVENTURA	01:04:09	01:02:10	00:14:31	00:51:42
303	137	NUNO D ALMEIDA	M	40	M4044	67	RUN 4 FUN	01:04:09	01:03:16	00:11:59	00:50:49
304	649	NUNO D ALMEIDA	M	39	M2039	136	C MILLENNIUMBCP	01:04:09	01:03:15	00:11:59	00:50:50
305	1408	JOAQUIM ALEXANDRE	M	46	M4549	42	URD ARRANHO	01:04:09	01:03:36	00:12:47	00:51:05
306	2280	JOSE GABRIEL	M	62	M6064	5	C VETERANOS LIS	01:04:09	01:04:03	00:10:56	00:50:27
307	1010	ADOLFO LEAL	M	45	M4549	43	REST O CARTAXEIRO	01:04:11	01:03:50	00:11:46	00:50:49
308	1346	JOSE OLIVEIRA	M	44	M4044	68	INDIVIDUAL	01:04:14	01:04:06	00:11:11	00:50:41
309	1347	FRANCISCO CUNHA	M	46	M4549	44	INDIVIDUAL	01:04:14	01:04:06	00:11:10	00:50:41
310	2143	ALBERTO BELO	M	46	M4549	45	GELPINHOS	01:04:14	01:03:54	00:11:05	00:50:45
311	1221	JOSE MONTEIRO	M	41	M4044	69	INDIVIDUAL	01:04:15	01:01:57	00:14:17	00:51:37
312	2352	LUIS BOTELHO	M	34	M2039	137	CA OBIDOS	01:04:19	01:04:04	00:11:02	00:50:28
313	1598	DANIEL AUGUSTO	M	30	M2039	138	CAS	01:04:20	01:02:06	00:15:11	00:52:09
314	474	NUNO M ALVES	M	35	M2039	139	INDIVIDUAL	01:04:23	01:02:47	00:14:19	00:52:08
315	782	ANTONIO FRANCO	M	39	M2039	140	INDIVIDUAL	01:04:23	01:03:48	00:11:51	00:51:01
316	2433	LUIS PEDROSA	M	45	M4549	46	ID VIEIRENSE	01:04:26	01:03:49	00:12:13	00:51:14
317	2509	DAVID FAUSTINO	M	46	M4549	47	SS CGD	01:04:26	01:04:11	00:10:43	00:50:35
318	1154	JOSE BOUCEIRO	M	47	M4549	48	ADCR P JUDICIARIA	01:04:30	01:04:15	00:11:03	00:50:49

319	2351	JORGE SERRAZINA	M	56	M5559	16	CA OBIDOS	01:04:31	01:02:09	00:14:28	00:51:41
320	2034	SAMUEL DAVID	M	22	M2039	141	OS ZATOPEQUES	01:04:33	01:02:21	00:14:04	00:51:42
321	1918	HERCULANO DOMINGUES	M	57	M5559	17	AM ATIBA	01:04:35	01:03:59	00:11:49	00:50:44
322	1150	JOAO LOURENCO	M	46	M4549	49	INDIVIDUAL	01:04:37	01:04:20	00:10:58	00:50:48
323	1722	JOSUE FRANCISCO	M	41	M4044	70	SR CAMARNAL	01:04:39	01:04:17	00:11:42	00:50:48
324	497	FILIFE M P CARVALHEIRO	M	48	M4549	50	GAU BAJOUCA	01:04:43	01:04:31	00:10:57	00:50:39
325	1402	PEDRO NASCIMENTO	M	34	M2039	142	INDIVIDUAL	01:04:44	01:04:17	00:11:40	00:51:04
326	1811	CARLOS JACINTO	M	39	M2039	143	ACR SOUTOS	01:04:46	01:04:35	00:10:20	00:49:52
327	2302	LUIS P T JESUS	M	37	M2039	144	GCA DONAS	01:04:46	01:04:40	00:10:36	00:49:50
328	129	CARLOS MARTINS	M	46	M4549	51	RUN 4 FUN	01:04:48	01:04:00	00:12:36	00:51:43
329	1383	VITOR RIBEIRO	M	51	M5054	33	CA BARREIRA	01:04:48	01:04:22	00:11:49	00:51:19
330	2406	VITOR MANSO	M	50	M5054	34	GA FREG VIDAIS	01:04:48	01:04:31	00:11:47	00:51:16
331	2033	GUILHERME DAVID	M	51	M5054	35	OS ZATOPEQUES	01:04:50	01:02:41	00:14:04	00:51:50
332	1193	JOAQUIM BELO	M	45	M4549	52	INDIVIDUAL	01:04:52	01:03:59	00:12:37	00:51:35
333	857	JORGE P S ANTUNES	M	40	M4044	71	ARSC TOLEDO	01:04:56	01:04:39	00:11:21	00:51:13
334	1983	PAULO MORADIAS	M	47	M4549	53	AÇOREANA C BANIF	01:04:57	01:04:43	00:11:03	00:51:15
335	995	CARLOS M JACINTO	M	42	M4044	72	INDIVIDUAL	01:04:59	01:04:46	00:11:23	00:51:28
336	1380	SARA DE BRITO	F	42	F4044	3	CA BARREIRA	01:05:00	01:04:53	00:11:00	00:51:04
337	2220	JOSE GORDILHO	M	48	M4549	54	CAA BELEM	01:05:00	01:04:37	00:11:33	00:51:04
338	1695	JOAO JESUS	M	36	M2039	145	GD SANTANDER TOTTA	01:05:01	01:05:01	00:09:44	00:50:45
339	740	VITOR M GONCALVES	M	37	M2039	146	INDIVIDUAL	01:05:03	01:05:03	00:12:05	00:51:44
340	1548	JOAQUIM GOMES	M	60	M6064	6	CPR A BARBAS	01:05:04	01:04:53	00:10:57	00:50:38
341	584	JOAQUIM CAPELA	M	40	M4044	73	C BENFICA ALHANDRA	01:05:09	01:04:48	00:11:20	00:51:25
342	514	SERGIO MACATRAO	M	56	M5559	18	BV BOMBARRAL	01:05:10	01:03:12	00:14:21	00:52:29
343	1652	MARCO FREITAS	M	38	M2039	147	C BENFICA ALG M MARTINS	01:05:10	01:04:18	00:11:55	00:51:31
344	1974	LUCIA OLIVEIRA	F	33	F2039	6	AÇOREANA C BANIF	01:05:10	01:05:03	00:11:02	00:51:21
345	1601	ANA CUNHA	F	29	F2039	7	MG333	01:05:11	01:05:11	#N/D	#N/D
346	1809	JOSE AGOSTINHO	M	55	M5559	19	CA BARREIRA	01:05:11	01:05:11	00:12:17	00:52:04
347	1959	FERNANDO FIGUEIREDO	M	42	M4044	74	AM ATIBA	01:05:11	01:04:30	00:12:52	00:52:00
348	1818	JORGE GAMEIRO	M	51	M5054	36	ACR SOUTOS	01:05:13	01:05:01	00:11:21	00:51:36
349	2120	JORGE FERREIRA	M	47	M4549	55	GELPINHOS	01:05:14	01:04:55	00:12:03	00:51:16
350	1393	PAULO FERREIRA	M	45	M4549	56	CA BARREIRA	01:05:18	01:04:48	00:11:59	00:51:23
351	2521	ORLINDO FIGUEIREDO	M	64	M6064	7	SS CGD	01:05:20	01:05:20	00:11:14	00:51:41
352	441	LUIS QUEIROS	M	39	M2039	148	INDIVIDUAL	01:05:21	01:04:32	00:12:37	00:51:58
353	1816	MARIO CARVALHO	M	37	M2039	149	ACR SOUTOS	01:05:22	01:04:11	00:13:07	00:52:28
354	2188	RUI MARTINS	M	26	M2039	150	CLUBE VODAFONE	01:05:23	01:05:16	00:10:29	00:51:08
355	892	JOSE A SILVA	M	38	M2039	151	CN EQUIPA ESPIRAL	01:05:25	01:04:22	00:12:47	00:52:02
356	1445	TIAGO TRINDADE	M	28	M2039	152	INDIVIDUAL	01:05:25	01:04:59	00:12:19	00:52:22
357	2559	AMERICO IMPERADEIRO	M	40	M4044	75	OS BRAGUINHAS	01:05:25	01:04:18	00:13:20	00:52:18
358	1360	ANTONIO AGOSTINHO	M	57	M5559	20	CA BARREIRA	01:05:29	01:04:59	00:12:14	00:52:07
359	1390	RUI PEREIRA	M	55	M5559	21	CA BARREIRA	01:05:32	01:05:18	00:11:12	00:51:39
360	1186	MIGUEL ROCHA	M	39	M2039	153	INDIVIDUAL	01:05:33	01:05:15	00:11:12	00:51:22
361	1677	ANTONIO MARQUES	M	48	M4549	57	C SARGENTO ARMADA	01:05:33	01:05:20	00:10:54	00:51:36
362	1120	DAVID KARIM	M	33	M2039	154	INDIVIDUAL	01:05:36	01:04:13	00:13:29	00:52:37
363	2125	CARLOS PACHECO	M	50	M5054	37	GELPINHOS	01:05:37	01:03:16	00:15:05	00:53:18
364	1660	JOSE ROLDAO	M	50	M5054	38	C BENFICA ALG M MARTINS	01:05:39	01:05:13	00:12:05	00:51:39
365	1539	SERGIO CONTENTE	M	37	M2039	155	INDIVIDUAL	01:05:40	01:05:17	00:11:55	00:51:44
366	2516	JOAQUIM FRADE	M	56	M5559	22	SS CGD	01:05:42	01:05:22	00:11:34	00:51:40
367	1550	NUNO JORGE	M	37	M2039	156	CPR A BARBAS	01:05:43	01:05:16	00:12:00	00:52:09
368	602	PEDRO MOURAO	M	51	M5054	39	GEORUNNERS	01:05:44	01:04:11	00:13:50	00:52:58
369	685	MARTINHO V PACHECO	M	58	M5559	23	INDIVIDUAL	01:05:45	01:05:14	00:12:20	00:52:16
370	947	LUCAS DELGADO	M	59	M5559	24	GDCR ZAMBUJEIRA/ CALVO	01:05:46	01:05:33	00:11:09	00:51:38
371	1783	QUELUTAM TURE	M	48	M4549	58	NS SAO MIGUEL	01:05:46	01:05:06	00:12:23	00:52:42
372	840	HUGO MAGALHAES	M	36	M2039	157	GP RUNNERS	01:05:47	01:04:56	00:12:28	00:52:11
373	909	PAULO J P MENDONCA	M	46	M4549	59	ATENEU	01:05:47	01:05:28	00:11:25	00:51:35

374	1955	ARNALDO BRAGANCA	M	55	M5559	25	AM ATIBA	01:05:51	01:05:09	00:12:52	00:51:59
375	2496	VITOR JORGE	M	50	M5054	40	MIRANTENSE FC	01:05:52	01:05:27	00:12:05	00:52:20
376	942	LEOPOLDO FERNANDES	M	56	M5559	26	GDCR ZAMBUJEIRA/ CALVO	01:05:54	01:04:21	00:14:05	00:53:14
377	1726	ANTONIO FRADE	M	37	M2039	158	OS CHICOS	01:05:54	01:05:09	00:12:44	00:52:10
378	237	RUI FALCAO	M	50	M5054	41	FALCOES SELVAGENS	01:05:56	01:03:12	00:14:58	00:53:01
379	2090	FERNANDO ALVES	M	46	M4549	60	AA MAFRA	01:05:56	01:05:23	00:11:53	00:52:24
380	2463	CARLOS BAPTISTA	M	52	M5054	42	INDIVIDUAL	01:05:58	01:05:52	00:10:56	00:51:55
381	2464	CESAR FERREIRA	M	28	M2039	159	INDIVIDUAL	01:05:59	01:05:59	00:10:55	#N/D
382	249	FERNANDO FIGUEIREDO	M	46	M4549	61	FALCOES SELVAGENS	01:06:00	01:03:15	00:15:09	00:53:25
383	1605	LUIS ESTRELINHA	M	48	M4549	62	CA BARREIRA	01:06:00	01:05:20	00:12:43	00:52:34
384	2418	JOAO VIGIA	M	39	M2039	160	ID VIEIRENSE	01:06:00	01:05:19	00:11:43	00:52:18
385	1954	CARLOS LOPES	M	49	M4549	63	AM ATIBA	01:06:03	01:05:25	00:12:22	00:52:34
386	1831	AMERICO AMARO	M	51	M5054	43	10 PRAS 11	01:06:05	01:05:52	00:11:30	00:52:10
387	2288	RICARDO MONTEIRO	M	36	M2039	161	C VETERANOS LIS	01:06:07	01:04:56	00:12:53	00:52:35
388	580	PAULO CORREIA	M	37	M2039	162	INDIVIDUAL	01:06:09	01:05:14	00:13:02	00:52:51
389	2148	LUIS F PEREIRA	M	50	M5054	44	GELPINHOS	01:06:09	01:05:07	00:12:37	00:52:19
390	435	ANTONIO CARDOSO	M	45	M4549	64	INDIVIDUAL	01:06:10	01:05:24	00:12:59	00:53:17
391	688	NUNO SANTOS	M	31	M2039	163	INDIVIDUAL	01:06:11	01:05:41	00:12:12	00:52:24
392	2165	FILIFE LIMA	M	35	M2039	164	GD SANTANDER TOTTA	01:06:12	01:05:09	00:13:15	00:52:59
393	2380	CHARLES CUSTODIO	M	23	M2039	165	AC S MAMEDE	01:06:12	01:03:50	00:15:05	00:53:35
394	2181	HELDER F BRANCO	M	40	M4044	76	CLUBE VODAFONE	01:06:14	01:05:28	00:12:21	00:52:19
395	8	JOAO P G PIRES	M	37	M2039	166	INDIVIDUAL	01:06:16	01:05:58	00:11:05	00:52:15
396	1664	JOSE PINTO	M	28	M2039	167	C BENFICA ALG M MARTINS	01:06:18	01:04:46	00:13:39	00:53:12
397	2501	RODRIGO SILVA	M	45	M4549	65	MIRANTENSE FC	01:06:19	01:06:02	00:11:43	00:52:49
398	271	PEDRO N C AMARAL	M	46	M4549	66	HERE FOR BEER	01:06:22	01:05:21	00:13:28	00:53:09
399	1873	DAVID E B CABRITA	M	30	M2039	168	INDIVIDUAL	01:06:23	01:04:51	00:13:41	00:52:56
400	1573	CARLOS ADAO	M	61	M6064	8	GD COSTA BRAVA	01:06:26	01:06:17	00:11:40	00:52:26
401	730	CARLA RIBEIRO	F	30	F2039	8	INDIVIDUAL	01:06:27	01:06:12	00:11:21	00:52:19
402	1097	ANTONIO CARVALHO	M	54	M5054	45	MADURO ATHLETICS	01:06:27	01:06:23	00:10:45	00:51:50
403	1357	ANTONIO SILVA	M	61	M6064	9	CA BARREIRA	01:06:28	01:05:50	00:12:32	00:52:44
404	1603	RUI J P PAREDES	M	37	M2039	169	INDIVIDUAL	01:06:28	01:05:38	00:12:48	00:52:41
405	2078	PAULO CORREIA	M	46	M4549	67	OS SANTARENOS	01:06:28	01:06:04	00:11:25	00:52:30
406	672	CLAUDIO CANAVILHAS	M	29	M2039	170	INDIVIDUAL	01:06:29	01:06:06	00:11:34	00:52:06
407	722	JOAO FARINHA	M	25	M2039	171	AC PORTALEGRE	01:06:30	01:04:35	00:13:59	00:53:14
408	423	NUNO M LOPES	M	36	M2039	172	CARACOIS CORRIDA	01:06:32	01:05:12	00:13:00	00:52:48
409	504	MANUEL ARAUJO	M	51	M5054	46	CR LEOES P SALVO	01:06:34	01:06:07	00:11:44	00:51:59
410	1040	JOAQUIM MARTINS	M	52	M5054	47	CCD O ALVITEJO	01:06:34	01:05:45	00:12:52	00:52:44
411	313	JOAO L A CARMO	M	22	M2039	173	INDIVIDUAL	01:06:35	01:06:15	00:12:29	00:53:23
412	1039	JOSE FERNANDES	M	52	M5054	48	CCD O ALVITEJO	01:06:35	01:05:44	00:12:35	00:52:44
413	2145	TONY ANACLETO	M	29	M2039	174	GELPINHOS	01:06:36	01:06:12	00:12:06	00:52:32
414	920	FERNANDO CORREIA	M	47	M4549	68	GRD RIBEIRA LAGE	01:06:37	01:06:14	00:11:40	00:52:37
415	919	JOSE AVEIRO	M	36	M2039	175	CAA PARQUE PAZ	01:06:38	01:05:19	00:13:44	00:53:14
416	1874	TIAGO M S ALBANO	M	28	M2039	176	INDIVIDUAL	01:06:38	01:05:07	00:13:41	00:52:56
417	1423	OSCAR BATALHA	M	38	M2039	177	INDIVIDUAL	01:06:39	01:06:03	00:12:35	00:52:52
418	1984	PEDRO BURGUETTE	M	37	M2039	178	AÇOREANA C BANIF	01:06:39	01:06:19	00:11:25	00:52:08
419	1063	ARTUR GONCALVES	M	37	M2039	179	AA LEBRES SADO	01:06:41	01:04:59	00:13:51	00:53:13
420	1560	PEDRO A MARQUES	M	37	M2039	180	INDIVIDUAL	01:06:42	01:06:05	00:12:46	00:53:24
421	2297	RUI M G MILA	M	22	M2039	181	GCA DONAS	01:06:42	01:06:02	00:13:05	00:53:13
422	26	LUIS M C NEVES	M	34	M2039	182	MARINHAIS AC	01:06:45	01:05:59	00:12:21	00:52:40
423	1687	CARLOS TEIXEIRA	M	39	M2039	183	GD SANTANDER TOTTA	01:06:45	01:05:57	00:12:33	00:52:54
424	2294	MARCIO J O SANTOS	M	33	M2039	184	INDIVIDUAL	01:06:45	01:04:12	00:13:59	00:52:46
425	1981	NUNO SABINO	M	34	M2039	185	AÇOREANA C BANIF	01:06:46	01:05:54	00:12:51	00:52:41
426	710	RUBEN M SILVA	M	24	M2039	186	RUN 4 FUN	01:06:47	01:04:19	00:14:20	00:53:23
427	469	JOAO CATELA	M	53	M5054	49	VETERANOS TEIXOSO	01:06:49	01:06:38	00:11:25	00:52:48
428	1525	MARIO PITE	M	35	M2039	187	MAXIGYM	01:06:50	01:05:38	00:12:49	00:52:38



429	663	SANDRO M JORDAO	M	30	M2039	188	C MILLENNIUMBCP	01:06:51	01:05:49	00:12:21	00:53:10
430	1319	TIAGO V MACHADO	M	39	M2039	189	INDIVIDUAL	01:06:56	01:05:17	00:13:52	00:53:44
431	1990	ANTONIO INACIO	M	56	M5559	27	MADURO ATHLETICS	01:06:56	01:06:44	00:11:08	00:52:28
432	31	MIGUEL SANTOS	M	29	M2039	190	INDIVIDUAL	01:06:57	01:04:20	00:15:07	00:53:53
433	1546	MARCO SOUSA	M	23	M2039	191	CPR A BARBAS	01:06:58	01:06:46	00:10:55	00:51:41
434	2372	AMILCAR AMORIM	M	44	M4044	77	CP PONTEVEL	01:06:58	01:06:36	00:12:31	00:53:23
435	1948	ARMINDO BOTO	M	36	M2039	192	CAFE RUI	01:07:01	01:06:33	00:12:20	00:53:37
436	1034	VASCO LOURENCO	M	44	M4044	78	CCD O ALVITEJO	01:07:02	01:05:42	00:13:13	00:53:09
437	673	RICARDO VITORINO	M	30	M2039	193	OUR TEAM	01:07:03	01:06:19	00:11:59	00:53:05
438	702	VICTOR PINTO	M	49	M4549	69	ATOMIC TEAM	01:07:04	01:05:55	00:13:38	00:53:31
439	173	VITOR SIMOES	M	52	M5054	50	HERE FOR BEER	01:07:05	01:06:05	00:13:01	00:53:11
440	346	LUIS MIGUEL ROQUE	M	42	M4044	79	CA PARQUE PAZ	01:07:06	01:06:16	00:12:31	00:53:03
441	2569	JOSE AFINS	M	43	M4044	80	OS BRAGUINHAS	01:07:06	01:06:00	00:13:20	00:53:14
442	557	CARLOS FONSECA	M	52	M5054	51	AÇOREANA C BANIF	01:07:07	01:06:39	00:12:10	00:53:29
443	1382	VICTOR PARREIRA	M	59	M5559	28	CA BARREIRA	01:07:07	01:06:28	#N/D	00:53:19
444	1427	CARLOS M FILIPE	M	46	M4549	70	RAPOTAXO	01:07:07	01:07:00	00:11:19	00:53:10
445	1971	FRANCISCO CACADA	M	47	M4549	71	AÇOREANA C BANIF	01:07:07	01:06:53	00:11:08	00:52:50
446	859	JOAO M O BENTO	M	43	M4044	81	ARSC TOLEDO	01:07:08	01:06:52	00:11:22	00:52:50
447	1888	RICARDO L TAVARES	M	30	M2039	194	CN ALVITO	01:07:10	01:06:10	00:12:46	00:53:21
448	50	VITOR A S CARDOSO	M	33	M2039	195	INDIVIDUAL	01:07:12	01:06:25	00:13:04	00:53:17
449	627	ERIC LESCA	M	35	M2039	196	INDIVIDUAL	01:07:13	01:06:59	00:11:58	00:53:34
450	1748	ERNESTO HEITOR	M	43	M4044	82	C BENFICA ABRANTES	01:07:14	01:07:05	00:11:28	00:53:25
451	541	CARLOS VELUDO	M	30	M2039	197	AMIGOS B	01:07:15	01:06:43	00:12:32	00:53:35
452	1780	PAULO MARQUES	M	37	M2039	198	NS SAO MIGUEL	01:07:17	01:06:40	00:12:18	00:53:14
453	149	NUNO TEMPERA	M	42	M4044	83	RUN 4 FUN	01:07:18	01:06:24	00:12:44	00:53:30
454	23	RICARDO J B SANTOS	M	24	M2039	199	INDIVIDUAL	01:07:21	01:07:14	00:11:12	00:53:25
455	1844	NUNO CLEMENTE	M	39	M2039	200	CARAPAU CORRIDA	01:07:21	01:07:00	00:11:27	00:52:23
456	647	PAULO C PAIS	M	46	M4549	72	C MILLENNIUMBCP	01:07:22	01:07:03	00:12:06	00:53:20
457	973	ALFREDO POZUELO	M	40	M4044	84	GOLD TEAM	01:07:22	01:06:40	00:12:36	00:53:18
458	2133	RUI M TEOTONIO	M	40	M4044	85	GELPINHOS	01:07:24	01:07:06	00:12:04	00:53:15
459	86	JOAO MARREIROS	M	48	M4549	73	INDIVIDUAL	01:07:26	01:07:08	00:12:05	00:53:22
460	503	LUIS AIRES	M	41	M4044	86	CR LEOES P SALVO	01:07:27	01:06:28	00:13:10	00:54:13
461	1991	NUNO MOITA	M	27	M2039	201	ROCKNROLL	01:07:28	01:04:49	00:15:00	00:54:23
462	1643	HELIO PATRICIO	M	40	M4044	87	C BENFICA ALG M MARTINS	01:07:30	01:05:58	00:14:30	00:53:57
463	612	PAULO R D PEREIRA	M	35	M2039	202	INDIVIDUAL	01:07:32	01:06:26	00:12:59	00:53:32
464	1283	JORGE MELO	M	27	M2039	203	INDIVIDUAL	01:07:33	01:06:20	00:13:01	00:53:33
465	1142	EVANGELINO CARDEIRA	M	55	M5559	29	GDR FIGUEIRAS	01:07:35	01:06:55	00:12:53	00:53:39
466	2425	RICARDO VICENTE	M	49	M4549	74	ID VIEIRENSE	01:07:35	01:06:58	00:12:39	00:53:39
467	1374	LUIS COTRIM	M	46	M4549	75	CA BARREIRA	01:07:36	01:06:55	00:12:37	00:53:36
468	914	ANIBAL GODINHO	M	48	M4549	76	INDIVIDUAL	01:07:37	01:05:32	00:14:44	00:54:25
469	2442	ANTONIO VITORINO	M	43	M4044	88	INDIVIDUAL	01:07:37	01:07:13	00:12:06	00:53:08
470	407	PEDRO A M VIEIRA	M	33	M2039	204	INDIVIDUAL	01:07:38	01:07:14	00:12:07	00:53:08
471	1787	LEONEL SELEIRO	M	55	M5559	30	NS SAO MIGUEL	01:07:39	01:07:23	00:11:19	00:53:15
472	1341	MIGUEL CABRITA	M	34	M2039	205	CASCAIS PANDILHA I	01:07:41	01:06:23	00:13:12	00:53:51
473	1011	ARLINDO PAIXAO	M	49	M4549	77	REST O CARTAXEIRO	01:07:42	01:07:21	00:12:21	00:53:44
474	312	PEDRO A B RIBEIRO	M	24	M2039	206	INDIVIDUAL	01:07:43	01:07:22	00:12:29	00:53:26
475	1540	CARLOS RIBEIRO	M	50	M5054	52	INDIVIDUAL	01:07:43	01:07:23	00:11:21	00:53:27
476	1571	PAULO M VITOR	M	44	M4044	89	GD COSTA BRAVA	01:07:43	01:07:09	00:12:46	00:53:52
477	991	LUIS F C SILVA	M	27	M2039	207	INDIVIDUAL	01:07:44	01:06:13	00:14:18	00:54:32
478	67	MARIO SILVA	M	48	M4549	78	INDIVIDUAL	01:07:45	01:07:15	00:12:50	00:54:35
479	1451	FERNANDO M P SILVA	M	47	M4549	79	PASSEANTES S PEDRO	01:07:45	01:07:33	00:10:53	00:53:28
480	1815	RUI CARREIRA	M	49	M4549	80	ACR SOUTOS	01:07:47	01:07:36	00:11:26	00:53:34
481	2018	CARLOS REBOLA	M	38	M2039	208	LAPQN	01:07:51	01:07:19	00:12:20	00:53:38
482	2571	ANTONIO RODRIGUES	M	56	M5559	31	OS BRAGUINHAS	01:07:54	01:07:47	00:10:52	00:52:53
483	2487	ALEXANDRE SOUSA	M	45	M4549	81	CSP CM PENICHE	01:07:55	01:07:24	00:12:20	00:53:51

484	2514	ISABEL MOLEIRO	F	44	F4044	4	SS CGD	01:07:56	01:07:42	00:11:26	00:53:22
485	2539	ÓCTAVIO AFONSO	M	51	M5054	53	OS BRAGUINHAS	01:07:56	01:06:48	00:13:50	00:54:23
486	2315	NUNO F F ESTEVAO	M	28	M2039	209	INDIVIDUAL	01:07:57	01:07:45	00:12:00	00:54:15
487	471	JOAQUIM PESSOA	M	54	M5054	54	VETERANOS CONDEIXA	01:07:58	01:06:50	00:13:54	00:54:33
488	342	NUNO GOMES	M	42	M4044	90	CA PARQUE PAZ	01:07:59	01:07:48	00:11:35	00:53:38
489	714	HILARIO TORRES	M	52	M5054	55	RUN 4 FUN	01:07:59	01:07:00	00:13:08	00:54:31
490	1407	EDGAR FRANCISCO	M	46	M4549	82	URD ARRANHO	01:08:00	01:07:29	00:12:57	00:54:14
491	2450	LUIS MARTINS	M	48	M4549	83	OS PINHEIROS	01:08:00	01:06:33	00:14:01	00:54:21
492	93	JOAO OLIVAL	M	42	M4044	91	INDIVIDUAL	01:08:01	01:07:18	00:12:43	00:54:03
493	12	MESSIAS S DIAS	M	41	M4044	92	GIRA SOL	01:08:02	01:08:02	#N/D	#N/D
494	2284	JACINTO FERREIRA	M	55	M5559	32	C VETERANOS LIS	01:08:02	01:08:02	#N/D	#N/D
495	684	LUIS NUNES	M	39	M2039	210	INDIVIDUAL	01:08:03	01:07:09	00:12:34	00:54:12
496	2304	RICARDO OLIVEIRA	M	34	M2039	211	INDIVIDUAL	01:08:03	01:07:06	00:14:04	00:54:42
497	2462	MANUEL BENTO	M	35	M2039	212	INDIVIDUAL	01:08:03	01:07:27	00:13:00	00:54:18
498	1213	JOAO REIS	M	41	M4044	93	INDIVIDUAL	01:08:04	01:07:45	00:12:04	00:54:13
499	1342	WALTER SAMPAIO	M	39	M2039	213	CASCAIS PANDILHA I	01:08:04	01:06:42	00:13:55	00:54:33
500	154	PEDRO M S FERNANDES	M	38	M2039	214	INDIVIDUAL	01:08:05	01:07:36	00:12:12	00:53:40
501	861	CARLOS A B E ALEBRE	M	51	M5054	56	ARSC TOLEDO	01:08:06	01:07:28	00:12:45	00:54:16
502	525	MARCO FILIPE	M	36	M2039	215	INDIVIDUAL	01:08:07	01:06:52	00:13:54	00:54:56
503	1635	ANTONIO COELHO	M	56	M5559	33	C BENFICA ALG M MARTINS	01:08:07	01:07:24	00:13:44	00:54:32
504	2461	ARMANDO CORREIA	M	30	M2039	216	INDIVIDUAL	01:08:07	01:07:30	00:13:01	00:54:18
505	962	MIGUEL F G MENEZES	M	40	M4044	94	INDIVIDUAL	01:08:08	01:07:26	00:12:43	00:54:03
506	827	EDUARDO LUIS	M	34	M2039	217	ATOMIC TEAM	01:08:09	01:07:01	00:13:39	00:54:29
507	1012	FERNANDO CARREIRO	M	50	M5054	57	REST O CARTAXEIRO	01:08:10	01:07:48	00:11:45	00:53:30
508	1187	CARLA DIAS	F	34	F2039	9	AC PORTALEGRE	01:08:10	01:06:23	00:13:50	00:54:17
509	2002	JOSE FONSECA	M	47	M4549	84	UFCI TOMAR	01:08:10	01:07:22	00:13:06	00:54:17
510	2129	RUI S DIAS	M	54	M5054	58	GELPINHOS	01:08:10	01:07:41	00:12:22	00:53:34
511	2142	LUIS NUNES	M	52	M5054	59	GELPINHOS	01:08:10	01:08:00	00:11:40	00:53:37
512	397	VITOR CARVALHO	M	50	M5054	60	GAB FISIO DESPORTO	01:08:12	01:07:27	00:12:43	00:53:55
513	2435	ALBERTO VINAGRE	M	49	M4549	85	ID VIEIRENSE	01:08:13	01:07:37	00:12:29	00:53:58
514	2525	TIAGO AVELAS	M	37	M2039	218	SS CGD	01:08:15	01:07:18	00:12:57	00:54:19
515	2310	LUIS MACHADO	M	30	M2039	219	INDIVIDUAL	01:08:16	01:06:26	00:14:43	00:54:55
516	669	EDUARDO A RODRIGUES	M	49	M4549	86	C MILLENNIUMBCP	01:08:17	01:07:47	00:13:08	00:54:29
517	1709	PEDRO J A SESOES	M	45	M4549	87	ALHANDRA	01:08:17	01:07:41	00:12:24	00:54:06
518	2468	JORGE ALVES	M	47	M4549	88	PAPALEGUAS TEAM	01:08:17	01:06:36	00:14:38	00:54:58
519	24	FLAVIO A S VIEIRA	M	23	M2039	220	INDIVIDUAL	01:08:18	01:08:11	00:11:11	00:53:25
520	1163	CARLOS NABICA	M	48	M4549	89	CD GRUPO BES	01:08:19	01:07:58	00:12:27	00:54:23
521	1234	RUI REBELO	M	28	M2039	221	MARMANIRUNNERS	01:08:20	01:05:30	00:16:18	00:55:25
522	694	PAULO J M ALVES	M	42	M4044	95	INDIVIDUAL	01:08:21	01:07:31	00:13:03	00:54:27
523	926	RUI L R PRATAS	M	39	M2039	222	PEDALNATURE	01:08:21	01:07:47	00:12:41	00:54:27
524	2127	NUNO ALMEIDA	M	44	M4044	96	GELPINHOS	01:08:22	01:08:13	00:11:08	00:53:53
525	211	BENTO M C PALMA	M	38	M2039	223	BEJA AC	01:08:26	01:08:26	00:13:03	00:54:13
526	2484	ANTONIO NASCIMENTO	M	54	M5054	61	SS CGD	01:08:26	01:07:22	00:13:32	00:54:39
527	2405	ZE LUIS	M	36	M2039	224	GA FREG VIDAIS	01:08:27	01:07:58	00:12:06	00:53:58
528	1821	ANTONIO M V G LOPES	M	45	M4549	90	ACR SANTA CITA	01:08:29	01:07:39	00:12:57	00:54:10
529	1602	LUIS F L SALGUEIRO	M	54	M5054	62	INDIVIDUAL	01:08:30	01:07:40	00:13:31	00:54:49
530	1820	FRANCISCO J C RODRIGUES	M	40	M4044	97	ACR SANTA CITA	01:08:30	01:07:42	00:12:58	00:54:10
531	2497	NATALIA PINTO	F	50	F4599	3	MIRANTENSE FC	01:08:30	01:07:40	00:13:32	00:54:48
532	1203	RUI FIGUEIREDO	M	33	M2039	225	INDIVIDUAL	01:08:31	01:07:40	00:12:52	00:54:06
533	1378	MIGUEL SARAIVA	M	44	M4044	98	CA BARREIRA	01:08:32	01:08:03	00:12:21	00:54:23
534	1736	JOAO COSTA	M	60	M6064	10	GDC BANCO PORTUGAL	01:08:33	01:07:32	00:13:08	00:53:48
535	2472	RUI SALES	M	45	M4549	91	OS CARREGEIRENSES	01:08:34	01:08:14	00:12:25	00:54:22
536	865	LUIS M F MONTEIRO	M	43	M4044	99	ATENEU	01:08:35	01:07:32	00:13:46	00:54:46
537	1592	PAULO LUZ	M	45	M4549	92	GD BANCO BPI	01:08:35	01:08:03	00:12:39	00:54:46
538	326	BARROS COSTA	M	56	M5559	34	CCDT METRO LX	01:08:38	01:05:52	00:15:33	00:55:25

539	1597	CARLOS CARDOSO	M	60	M6064	11	GD BANCO BPI	01:08:38	01:07:07	00:13:57	00:55:05
540	1793	JOSE RODRIGUES	M	52	M5054	63	NS SAO MIGUEL	01:08:38	01:08:11	00:12:35	00:54:29
541	1965	ALEXANDRA ALVES	F	29	F2039	10	AÇOREANA C BANIF	01:08:38	01:08:20	00:11:28	00:53:56
542	2324	ALEXANDRE M M FERREIRA	M	37	M2039	226	NS LOURINHA	01:08:38	01:08:28	00:11:09	00:53:54
543	1386	JOAO VALENTIM	M	52	M5054	64	CA BARREIRA	01:08:39	01:08:00	00:12:58	00:54:11
544	2047	PAULO BASILIO	M	44	M4044	100	OS ZATOPEQUES	01:08:39	01:07:01	00:14:13	00:54:55
545	2400	JOSE DUARTE	M	50	M5054	65	GA FREG VIDAIS	01:08:39	01:08:07	00:12:35	00:54:10
546	324	ANTONIO GONCALVES	M	47	M4549	93	CCDT METRO LX	01:08:40	01:05:55	00:15:34	00:55:25
547	1388	ALBANO FERREIRA	M	62	M6064	12	CA BARREIRA	01:08:43	01:08:17	00:12:20	00:54:13
548	2289	DIOGO FERREIRA	M	31	M2039	227	C VETERANOS LIS	01:08:44	01:07:28	00:14:10	00:55:02
549	2473	ANTONIO BERNARDES	M	62	M6064	13	OS CARREGEIRENSES	01:08:44	01:08:23	00:12:24	00:54:22
550	406	PAULO ALVES	M	27	M2039	228	LEBRES OUTURELA	01:08:45	01:08:03	00:12:26	00:53:46
551	78	NUNO FERREIRA	M	32	M2039	229	C ORIENTAÇÃO CENTRO	01:08:46	01:07:31	00:13:53	00:55:00
552	2309	JOAO ESTEVES	M	43	M4044	101	PANELA MAGICA	01:08:46	01:07:40	00:14:24	00:54:52
553	3000	Atleta Não Cadastrado	M	0	M0019	1		01:08:47	01:08:47	#N/D	#N/D
554	349	ARSENIO FERNANDES	M	56	M5559	35	CA PARQUE PAZ	01:08:49	01:07:53	00:13:10	00:54:21
555	1979	FERNANDO ANDRADE	M	57	M5559	36	AÇOREANA C BANIF	01:08:49	01:08:16	00:12:25	00:54:39
556	1784	BERNARDO GRADISSIMO	M	53	M5054	66	NS SAO MIGUEL	01:08:50	01:08:16	00:12:50	00:54:53
557	748	BRUNO ESPADEIRO	M	34	M2039	230	TO BE PROJECT	01:08:51	01:07:28	00:14:03	00:55:19
558	1853	CARLOS FERNANDES	M	50	M5054	67	INDIVIDUAL	01:08:51	01:07:53	00:13:35	00:55:27
559	2225	RUI M S MACHADO	M	43	M4044	102	INDIVIDUAL	01:08:52	01:08:16	00:12:50	00:54:24
560	464	ANTONIO FUGUEIREDO	M	54	M5054	68	VETERANOS TEIXOSO	01:08:54	01:08:44	00:11:24	00:54:02
561	855	NOEL A A SARREIRA	M	31	M2039	231	ARSC TOLEDO	01:08:54	01:08:36	00:12:04	00:54:30
562	2314	PAULA LEMOS	F	45	F4599	4	GARMIN/ CO OEIRAS	01:08:54	01:08:35	00:12:18	00:54:23
563	860	ANTONIO I A FERNANDES	M	48	M4549	94	ARSC TOLEDO	01:08:55	01:08:39	00:12:05	00:54:30
564	1578	RICARDO D F LUCAS	M	33	M2039	232	INDIVIDUAL	01:08:55	01:07:47	00:13:52	00:55:01
565	2107	HELENA MARTINS	F	50	F4599	5	AA MAFRA	01:08:55	01:08:43	00:11:26	00:54:09
566	1409	EDMUNDO LOURENCO	M	33	M2039	233	URD ARRANHO	01:08:56	01:08:31	00:12:18	00:54:25
567	916	CARLOS SOUSA	M	47	M4549	95	INDIVIDUAL	01:08:57	01:06:54	00:14:45	00:55:01
568	1511	NUNO MARTINS	M	40	M4044	103	GD INE	01:08:57	01:07:12	00:14:05	00:54:58
569	2051	CARLOS TAVARES	M	39	M2039	234	SCALABIS N RUNNERS	01:08:57	01:08:23	00:12:42	00:54:13
570	615	FRANCISCO D ESPERANCA	M	55	M5559	37	INDIVIDUAL	01:08:58	01:08:49	00:11:53	00:54:05
571	590	PEDRO J REIS	M	39	M2039	235	PORTUGAL RUNNING	01:08:59	01:07:28	00:14:36	00:55:09
572	2491	FRANCISCO FERNANDES	M	69	M6599	1	MIRANTENSE FC	01:09:00	01:08:39	00:12:04	00:54:26
573	1013	NUNO ALMEIDA	M	40	M4044	104	REST O CARTAXEIRO	01:09:01	01:08:17	00:12:52	00:54:45
574	1680	DUARTE SARES	M	55	M5559	38	C SARGENTO ARMADA	01:09:03	01:07:17	00:14:14	00:55:24
575	2550	ADOLFO SILVA	M	58	M5559	39	OS BRAGUINHAS	01:09:05	01:07:47	00:13:29	00:54:56
576	719	JOAO E COSTA	M	36	M2039	236	INDIVIDUAL	01:09:06	01:08:13	00:12:35	00:54:35
577	1931	MARCIO PEREIRA	M	32	M2039	237	CTT COIMBRA	01:09:06	01:08:49	00:11:34	00:54:36
578	1082	CARLOS SOARES	M	44	M4044	105	CCRD BURINHOSA	01:09:08	01:08:46	00:12:27	00:54:47
579	1291	JOAO OLIVEIRA	M	36	M2039	238	GDA	01:09:09	01:08:46	00:12:19	00:54:42
580	1705	SALVADOR AFONSO	M	58	M5559	40	GD SANTANDER TOTTA	01:09:10	01:08:57	00:12:25	00:54:41
581	2021	JOAO VIEIRA	M	33	M2039	239	LAPQN	01:09:10	01:08:38	00:11:41	00:53:58
582	954	VALDEMAR F SOUSA	M	50	M5054	69	ADRIANO GUERRA	01:09:11	01:08:47	00:12:49	00:55:00
583	1406	FILIPPE BRANCO	M	42	M4044	106	URD ARRANHO	01:09:12	01:08:39	00:12:51	00:54:37
584	1526	RUBEN BARJONA	M	37	M2039	240	MAXIGYM	01:09:13	01:08:01	00:13:29	00:54:26
585	2036	PAULO FRADE	M	44	M4044	107	OS ZATOPEQUES	01:09:13	01:06:51	00:14:54	00:55:24
586	940	JOAO CALCADA	M	41	M4044	108	GDCR ZAMBUJEIRA/ CALVO	01:09:14	01:08:32	00:12:41	00:54:36
587	2134	ROMEU L RICO	M	43	M4044	109	GELPINHOS	01:09:14	01:08:46	00:12:22	00:54:25
588	213	RUI GERALDES	M	38	M2039	241	RAIL RUNNERS	01:09:15	01:08:27	00:13:11	00:54:54
589	1194	FILIPPE RAMALHO	M	31	M2039	242	INDIVIDUAL	01:09:15	01:08:23	00:13:19	00:54:57
590	2454	PAULO A N GOMES	M	46	M4549	96	PRAZER CORRIDA	01:09:17	01:08:30	00:12:53	00:54:38
591	369	LUIS GRACA	M	42	M4044	110	FALCOES SELVAGENS	01:09:18	01:07:34	00:14:24	00:55:22
592	1368	JOANA GRACIO	F	29	F2039	11	CA BARREIRA	01:09:18	01:08:05	00:13:28	00:55:00
593	1968	CARLA CALCADA	F	42	F4044	5	AÇOREANA C BANIF	01:09:18	01:09:05	00:12:02	00:54:49

594	2486	HENRIQUE COSTA	M	52	M5054	70	CSP CM PENICHE	01:09:18	01:08:49	00:12:20	00:54:41
595	771	ANTERO S F MARTINS	M	20	M2039	243	INDIVIDUAL	01:09:21	01:06:50	00:15:46	00:55:20
596	886	CARLOS SOUSA	M	55	M5559	41	INDIVIDUAL	01:09:21	01:09:00	00:12:34	00:54:40
597	2254	JOSE REIS	M	58	M5559	42	GD MACEDO OCULISTA	01:09:23	01:07:26	00:14:47	00:55:43
598	944	JOAQUIM CALCADA	M	47	M4549	97	GDCR ZAMBUJEIRA/ CALVO	01:09:24	01:09:06	00:11:23	00:53:37
599	1563	PEDRO CONCEICAO	M	35	M2039	244	INDIVIDUAL	01:09:25	01:08:35	00:13:10	00:55:09
600	292	PEDRO A G FERREIRA	M	34	M2039	245	INDIVIDUAL	01:09:28	01:07:43	00:15:08	00:55:55
601	2394	LUIS SOUSA	M	47	M4549	98	INDIVIDUAL	01:09:28	01:09:21	00:12:27	00:55:13
602	1166	JORGE PEREIRA	M	57	M5559	43	CD GRUPO BES	01:09:30	01:09:11	00:12:27	00:55:01
603	1178	JOSE CARDOSO	M	52	M5054	71	HOTEL MIRA PAIVA	01:09:30	01:09:02	00:12:19	00:54:40
604	1174	SILVIO PAIVA	M	60	M6064	14	CD GRUPO BES	01:09:31	01:09:16	00:12:01	00:55:39
605	1803	JOAO ALMEIDA	M	34	M2039	246	CP PONTEVEL	01:09:31	01:06:48	00:16:51	00:56:27
606	2474	FABIO FERREIRA	M	21	M2039	247	OS CARREGEIRENSES	01:09:31	01:09:12	00:11:43	00:54:22
607	605	PEDRO FAVINHA	M	32	M2039	248	FORMASPORT	01:09:32	01:07:48	00:14:31	00:55:34
608	723	JOSE C NUNES	M	44	M4044	111	GDOA	01:09:32	01:09:16	00:11:39	00:54:14
609	1152	AURELIO AFONSO	M	35	M2039	249	ADCR P JUDICIARIA	01:09:32	01:08:56	00:12:52	00:55:15
610	1537	LUIS RODRIGUES	M	44	M4044	112	INDIVIDUAL	01:09:32	01:09:08	00:12:43	00:54:52
611	1739	ANA VIEIRA	F	44	F4044	6	C BENFICA ABRANTES	01:09:32	01:09:09	00:12:19	00:54:52
612	152	PEDRO MOLLEIRINHO	M	43	M4044	113	ALIVIADOS	01:09:34	01:08:46	00:13:11	00:55:17
613	432	FERNANDO FERNANDES	M	51	M5054	72	APOGMA	01:09:34	01:09:03	00:12:26	00:54:49
614	572	RAQUEL PEDRO	F	26	F2039	12	INDIVIDUAL	01:09:35	01:07:25	00:15:03	00:55:42
615	863	JOSE C COSTA	M	26	M2039	250	OPORTO SQUASH RUNNING	01:09:35	01:08:20	00:13:45	00:55:16
616	990	LUIS F M GONCALVES	M	46	M4549	99	INDIVIDUAL	01:09:36	01:09:04	00:12:50	00:55:03
617	1791	JOAO MOACHO	M	56	M5559	44	NS SAO MIGUEL	01:09:36	01:09:01	00:12:51	00:55:13
618	320	PEDRO M P R PEREIRA	M	28	M2039	251	PORTO RUNNERS	01:09:38	01:06:34	00:16:22	00:56:30
619	1249	MARIO J CARVALHO	M	53	M5054	73	INDIVIDUAL	01:09:38	01:09:09	00:13:09	00:55:15
620	2030	EDGAR JACINTO	M	25	M2039	252	OS ZATOPEQUES	01:09:38	01:06:28	00:16:34	00:56:32
621	2146	CARLOS MARQUES	M	65	M6599	2	GELPINHOS	01:09:40	01:09:30	00:11:40	00:54:51
622	739	JOAO FERREIRA	M	28	M2039	253	NUTRI FORMA	01:09:41	01:09:08	00:12:18	00:54:21
623	1025	VERA VAZ	F	35	F2039	13	CCD O ALVITEJO	01:09:43	01:09:20	00:12:15	00:54:59
624	1849	ANTONIO J R FRANCO	M	44	M4044	114	INDIVIDUAL	01:09:43	01:09:01	00:13:15	00:55:33
625	1313	ANTONIO J CUNHA	M	36	M2039	254	MATILHA RADICAL	01:09:45	01:07:55	00:14:22	00:55:50
626	1549	MARCIO SOUSA	M	31	M2039	255	CPR A BARBAS	01:09:45	01:09:30	00:12:00	00:55:12
627	1315	PEDRO ZINA	M	39	M2039	256	INDIVIDUAL	01:09:49	01:08:44	00:13:50	00:55:49
628	1475	MARIO J VIEIRA	M	39	M2039	257	QUATRO E MEIA	01:09:49	01:09:05	00:12:43	00:55:10
629	427	CARLOS A C MENDES	M	55	M5559	45	4 AO KM	01:09:50	01:08:46	00:13:57	00:55:52
630	2102	JOSE GONCALVES	M	45	M4549	100	AA MAFRA	01:09:50	01:07:15	00:15:32	00:56:02
631	1308	PAULO J R FRANCISCO	M	42	M4044	115	INDIVIDUAL	01:09:51	01:09:34	00:11:53	00:54:26
632	1958	FERNANDO SANTOS	M	49	M4549	101	AM ATIBA	01:09:55	01:09:13	00:12:51	00:54:44
633	1076	ANIBAL SILVA	M	48	M4549	102	CCRD BURINHOSA	01:09:56	01:09:22	00:13:03	00:55:17
634	725	RUI MARQUES	M	38	M2039	258	IN TOTUM	01:09:57	01:08:13	00:14:42	00:56:10
635	1577	HUGO M C S S SILVA	M	35	M2039	259	INDIVIDUAL	01:09:57	01:09:19	00:13:01	00:55:39
636	1066	JOAO FARIA	M	35	M2039	260	AA LEBRES SADO	01:09:58	01:08:29	00:15:10	00:56:19
637	2053	ANTONIO C B ALMEIDA	M	57	M5559	46	LEXVIS	01:09:59	01:09:03	00:13:44	00:55:42
638	2305	RICARDO R FIGUEIREDO	M	29	M2039	261	PANELA MAGICA	01:09:59	01:08:54	00:14:25	00:55:48
639	2307	JORGE POLIDORE	M	45	M4549	103	PANELA MAGICA	01:09:59	01:08:54	00:14:24	00:55:33
640	494	RAFAEL M P CABECINHAS	M	47	M4549	104	GAU BAJOUCA	01:10:01	01:09:32	00:13:00	00:56:01
641	1392	CRISTIANO CASALINHO	M	28	M2039	262	CA BARREIRA	01:10:03	01:09:24	00:13:15	00:55:38
642	1389	NORBERTO TOSCANO	M	49	M4549	105	CA BARREIRA	01:10:04	01:09:38	00:12:41	00:55:24
643	1926	PAULO PEREIRA	M	44	M4044	116	CTT COIMBRA	01:10:05	01:09:20	00:13:05	00:55:51
644	1927	FERNANDO FONSECA	M	49	M4549	106	CTT COIMBRA	01:10:05	01:08:59	00:13:54	00:55:51
645	1473	ALBERTO VERISSIMO	M	37	M2039	263	INDIVIDUAL	01:10:07	01:09:37	00:12:02	00:54:44
646	96	LUIS MENDES	M	37	M2039	264	INDIVIDUAL	01:10:08	01:07:38	00:15:42	00:56:01
647	1343	PEDRO FERNANDES	M	40	M4044	117	CASCAIS PANDILHA I	01:10:08	01:08:46	00:13:56	00:55:36
648	2417	ANTONIO J A G LOUREIRO	M	31	M2039	265	INDIVIDUAL	01:10:08	01:09:13	00:12:58	00:55:00

649	2558	CARLOS FERNANDES	M	44	M4044	118	OS BRAGUINHAS	01:10:09	01:09:07	00:14:06	00:56:15
650	456	LUIS REIS	M	33	M2039	266	INDIVIDUAL	01:10:10	01:08:10	00:14:16	00:55:40
651	1256	ANTONIO ALEXANDRE	M	52	M5054	74	CA NAZARE	01:10:12	01:09:32	00:12:40	00:55:06
652	1276	JOAQUIM M P VIEIRA	M	46	M4549	107	OS CACHOS	01:10:12	01:08:12	00:15:14	00:56:20
653	999	PAULO H Q COSTA	M	33	M2039	267	INDIVIDUAL	01:10:13	01:07:59	00:15:11	00:56:10
654	1322	BRUNO SILVA	M	38	M2039	268	GAA VILA FRANCA XIRA	01:10:14	01:08:53	00:14:33	00:56:29
655	979	SERGIO A BORGES	M	40	M4044	119	INDIVIDUAL	01:10:15	01:09:43	00:12:58	00:55:43
656	1646	JOAO CANDIDO	M	49	M4549	108	C BENFICA ALG M MARTINS	01:10:16	01:09:18	00:13:14	00:55:08
657	1725	HUGO AFONSO	M	39	M2039	269	OS CHICOS	01:10:16	01:09:33	00:12:45	00:55:04
658	2389	JOSE L TEIXEIRA	M	40	M4044	120	INDIVIDUAL	01:10:16	01:09:42	00:12:49	00:56:16
659	704	ANTONIO R MERUJO	M	52	M5054	75	INDIVIDUAL	01:10:17	01:09:34	00:12:30	00:54:59
660	1569	FRANCISCO C SANTOS	M	52	M5054	76	GD COSTA BRAVA	01:10:22	01:09:56	00:12:46	00:55:29
661	2277	PAULO J R VELOSO	M	20	M2039	270	INDIVIDUAL	01:10:22	01:08:07	00:16:07	00:57:23
662	528	JOAQUIM CORRULA	M	46	M4549	109	BRANDOA CORRE	01:10:23	01:09:27	00:13:45	00:56:22
663	1290	JOAO C F COUTINHO	M	49	M4549	110	INDIVIDUAL	01:10:23	01:08:28	00:15:13	00:56:26
664	2546	JOSE RIBEIRO	M	53	M5054	77	OS BRAGUINHAS	01:10:23	01:09:12	00:13:50	00:55:49
665	282	BRUNO M S PEDROSA	M	35	M2039	271	INDIVIDUAL	01:10:25	01:09:08	#N/D	00:52:35
666	1119	JOSE DIONISIO	M	50	M5054	78	MULTIFLOW	01:10:25	01:10:01	00:13:04	00:55:38
667	257	VITOR M M FERREIRA	M	49	M4549	111	ESTRELA CA FC	01:10:26	01:10:18	00:11:44	00:55:42
668	517	LUIS SIMOES	M	48	M4549	112	INDIVIDUAL	01:10:26	01:08:33	00:16:35	00:57:02
669	1047	FREDERICO COSTA	M	39	M2039	272	LVTEAM	01:10:27	01:09:21	00:13:50	00:56:09
670	2573	ALFREDO RODRIGUES	M	43	M4044	121	OS BRAGUINHAS	01:10:27	01:10:19	00:10:55	00:56:03
671	921	CARLOS PENA	M	43	M4044	122	GRD RIBEIRA LAGE	01:10:28	01:09:11	00:13:51	00:56:14
672	2147	NUNO PEIXOTO	M	23	M2039	273	GELPINHOS	01:10:28	01:08:55	00:13:30	00:53:54
673	1738	MARCO MORGADO	M	33	M2039	274	INDIVIDUAL	01:10:29	01:10:22	00:11:31	00:55:19
674	1	JOSE L DUARTE	M	52	M5054	79	INDIVIDUAL	01:10:31	01:10:16	00:12:14	00:55:36
675	264	HENRIQUE LOPES	M	33	M2039	275	HERE FOR BEER	01:10:31	01:09:30	00:13:27	00:56:07
676	511	LUIS M P T CARVALHO	M	40	M4044	123	INDIVIDUAL	01:10:31	01:07:48	00:16:14	00:57:09
677	1385	JOAQUIM FIGUEIRA	M	39	M2039	276	CA BARREIRA	01:10:31	01:10:02	00:12:50	00:56:00
678	1137	VITOR CARDEIRA	M	45	M4549	113	GDR FIGUEIRAS	01:10:32	01:09:55	00:12:55	00:55:57
679	845	MARIO OLIVEIRA	M	36	M2039	277	GP RUNNERS	01:10:33	01:09:40	00:13:25	00:56:20
680	1567	MARGARIDA GODINHO	F	52	F4599	6	GAB FISIO DESPORTO	01:10:33	01:10:19	00:12:17	00:55:28
681	2437	EDUARDO PIRES	M	50	M5054	80	ID VIEIRENSE	01:10:34	01:10:03	00:12:27	00:55:51
682	783	ALFREDO BARBOSA	M	59	M5559	47	GINASIO PONTE FC	01:10:35	01:10:10	00:13:00	00:55:51
683	941	ANTONIO TEIXEIRA	M	52	M5054	81	GDCR ZAMBUJEIRA/ CALVO	01:10:35	01:09:02	00:14:23	00:56:31
684	595	RUI P ALMEIDA	M	24	M2039	278	TGV	01:10:36	01:09:52	00:13:18	00:56:16
685	1653	MARCIO DELGADO	M	27	M2039	279	SR CAMARNAL	01:10:36	01:10:17	00:12:43	00:56:09
686	1261	MARTA COLACO	F	35	F2039	14	CA NAZARE	01:10:37	01:10:25	00:11:41	00:55:57
687	2079	NUNO MENDAO	M	38	M2039	280	OS SANTARENOS	01:10:37	01:10:09	00:12:56	00:56:16
688	251	RUBEN M C NASCIMENTO	M	20	M2039	281	ESTRELA CA FC	01:10:39	01:10:30	00:12:54	00:56:10
689	1846	DANIEL VILABRIL	M	33	M2039	282	PERNAS GAFANHOTO	01:10:40	01:07:35	00:16:15	00:57:00
690	479	LUIS BASTOS	M	47	M4549	114	INDIVIDUAL	01:10:41	01:09:26	00:13:43	00:56:20
691	569	TELMO PEDRO	M	34	M2039	283	INDIVIDUAL	01:10:41	01:08:32	00:15:03	00:56:16
692	1143	LEONEL RODRIGUES	M	58	M5559	48	GDR FIGUEIRAS	01:10:41	01:09:18	00:14:47	00:56:53
693	2308	LUIS CLAUDIO	M	44	M4044	124	PANELA MAGICA	01:10:41	01:09:34	00:14:25	00:56:37
694	507	HUMBERTO T MENDONCA	M	31	M2039	284	INDIVIDUAL	01:10:43	01:09:50	00:13:26	00:56:01
695	1073	MARCO A V ALMEIDA	M	33	M2039	285	FERRELPROUD	01:10:43	01:09:32	00:15:16	00:57:28
696	1145	ADRIANO FONTES	M	54	M5054	82	GDR FIGUEIRAS	01:10:43	01:10:35	00:11:38	00:55:26
697	1508	JOSE MAGALHAES	M	58	M5559	49	GD INE	01:10:43	01:08:25	00:16:08	00:57:10
698	1421	IISDRO DUARTE	M	45	M4549	115	TARTARUGAS IMPARAVEIS	01:10:44	01:07:50	00:16:22	00:57:18
699	1507	IDILIO FREIRE	M	45	M4549	116	GD INE	01:10:44	01:08:27	00:15:27	00:57:10
700	1899	CESAR CONCEICAO	M	36	M2039	286	C ORIENTAÇÃO AVENTURA	01:10:44	01:09:28	00:14:08	00:56:13
701	1633	CELSE COELHO	M	52	M5054	83	BESJOGING	01:10:45	01:10:19	00:12:40	00:55:59
702	1648	JOAQUIM COSTA	M	61	M6064	15	C BENFICA ALG M MARTINS	01:10:46	01:10:37	00:12:08	00:55:40
703	1960	Mª CARMO PINTO	F	41	F4044	7	AM ATIBA	01:10:46	01:10:12	00:12:50	00:56:15

704	332	JOSE SANTOS	M	43	M4044	125	CCDT METRO LX	01:10:48	01:08:03	00:16:13	00:57:07
705	493	PEDRO J P CABECINHAS	M	34	M2039	287	GAU BAJOUCA	01:10:49	01:10:19	00:13:27	00:56:30
706	515	JOAQUIM FERNANDES	M	49	M4549	117	AA LEBRES SADO	01:10:49	01:09:25	00:14:01	00:56:13
707	2386	RUI L SIMOES	M	42	M4044	126	AC S MAMEDE	01:10:49	01:09:48	00:14:00	00:57:39
708	350	PEDRO M P G FERREIRA	M	34	M2039	288	INDIVIDUAL	01:10:51	01:10:00	00:13:16	00:55:41
709	2313	RUI PINTO ANTUNES	M	35	M2039	289	PENICHE AC	01:10:51	01:10:14	00:13:00	00:56:45
710	819	MANUEL SOBRAL	M	55	M5559	50	HAND2HAND	01:10:52	01:09:55	00:14:01	00:56:36
711	1394	CARLO ALVES	M	35	M2039	290	MG	01:10:52	01:09:55	00:14:04	00:56:28
712	1776	AURELIANO M VIDEIRA	M	56	M5559	51	NS SAO MIGUEL	01:10:53	01:10:16	00:13:03	00:55:47
713	240	JOSE S. AUGUSTO	M	51	M5054	84	FALCOES SELVAGENS	01:10:54	01:09:46	00:13:50	00:56:31
714	416	NUNO VARANDAS	M	34	M2039	291	MORAIS VARANDAS	01:10:55	01:09:14	00:14:32	00:56:21
715	1412	ISMAEL COSTA	M	25	M2039	292	FREE RUNNERS	01:10:55	01:09:09	00:15:10	00:57:16
716	1585	CARLOS MONTEIRO	M	51	M5054	85	GRUPO S BERNARDO	01:10:56	01:09:04	00:15:39	00:57:42
717	593	JORGE M S COUTO	M	36	M2039	293	TGV	01:10:57	01:10:57	00:13:18	00:56:15
718	20	JOAO C D SANCHES	M	49	M4549	118	CA AGUALVA	01:10:59	01:10:13	00:13:58	00:56:58
719	1415	PEDRO LOPES	M	34	M2039	294	INDIVIDUAL	01:11:00	01:10:33	00:12:14	00:56:15
720	2132	MARIO L MONTEIRO	M	34	M2039	295	GELPINHOS	01:11:00	01:09:31	00:15:22	00:57:17
721	1307	JOAQUIM FIDALGO	M	51	M5054	86	TEJAVISTA	01:11:01	01:10:02	00:13:35	00:56:07
722	179	PEDRO R PINTO	M	47	M4549	119	RP TEAM	01:11:03	01:07:46	00:15:59	00:57:05
723	1311	CARLOS M V D SILVA	M	38	M2039	296	MATILHA RADICAL	01:11:03	01:09:10	00:14:30	00:57:14
724	1381	SERGIO TOMAS	M	34	M2039	297	CA BARREIRA	01:11:05	01:09:52	00:13:29	00:56:10
725	2214	PEDRO NUNES	M	44	M4044	127	CLUBE STRESS	01:11:05	01:07:46	00:16:18	00:57:34
726	2397	LUIS GRILO	M	43	M4044	128	WIKABOO	01:11:06	01:10:21	00:13:27	00:56:32
727	1277	CARLOS M P VIEIRA	M	47	M4549	120	OS CACHOS	01:11:07	01:09:07	00:15:24	00:57:05
728	1994	MANUEL MOTA	M	49	M4549	121	UFCI TOMAR	01:11:08	01:10:50	00:12:09	00:55:48
729	1410	PAULO TOMAS	M	39	M2039	298	URD ARRANHO	01:11:10	01:10:36	00:12:56	00:56:19
730	873	CARLOS A S SANTOS	M	38	M2039	299	INDIVIDUAL	01:11:11	01:09:44	00:14:29	00:56:31
731	1061	CONSTANTINO MENDAO	M	52	M5054	87	AA LEBRES SADO	01:11:11	01:10:55	00:12:37	00:56:19
732	911	RUI C G LOPES	M	35	M2039	300	INDIVIDUAL	01:11:12	01:09:46	00:14:33	00:57:07
733	2528	MANUEL RAMIREZ	M	32	M2039	301	INDIVIDUAL	01:11:12	01:10:34	00:13:18	00:56:35
734	1064	MANUEL BAPTISTA	M	63	M6064	16	AA LEBRES SADO	01:11:13	01:11:13	00:12:39	00:56:19
735	2043	JORGE LEITAO	M	47	M4549	122	OS ZATOPEQUES	01:11:14	01:09:41	00:13:56	00:56:38
736	219	NELSON EDGAR	M	38	M2039	302	RAIL RUNNERS	01:11:15	01:08:56	00:15:33	00:57:22
737	516	ANDRE BARROS	M	35	M2039	303	INDIVIDUAL	01:11:15	01:09:28	00:15:33	00:57:32
738	2366	FRANCISCO L CORREA	M	40	M4044	129	CLUB MARATHON BADAJOZ	01:11:15	01:09:15	00:15:51	00:57:46
739	200	SERGIO F HENRIQUE	M	41	M4044	130	ODEBRECHT/BPC	01:11:17	01:10:00	00:14:44	00:57:55
740	805	ELADIO MANUEL	M	38	M2039	304	JAVALIS	01:11:18	01:09:03	00:15:13	00:57:25
741	1893	LEONEL LUCAS	M	37	M2039	305	CA PENARFIME	01:11:18	01:09:42	00:14:41	00:56:49
742	2282	JOSE CORDEIRO	M	58	M5559	52	C VETERANOS LIS	01:11:19	01:10:53	00:12:11	00:56:18
743	846	LEONEL BORGES	M	39	M2039	306	GP RUNNERS	01:11:20	01:10:27	00:13:24	00:56:21
744	1487	JOSE F C BERNARDINO	M	40	M4044	131	ATAIJENSE	01:11:20	01:09:59	00:14:57	00:57:34
745	2532	JOSE F PEREIRA	M	58	M5559	53	OS BRAGUINHAS	01:11:20	01:09:13	00:15:44	00:57:51
746	655	HELDER S BAPTISTA	M	45	M4549	123	C MILLENNIUMBCP	01:11:21	01:10:50	00:13:08	00:56:07
747	1324	MANUEL BATISTA	M	48	M4549	124	GAA VILA FRANCA XIRA	01:11:21	01:09:34	00:14:51	00:56:40
748	1724	NUNO PRATA	M	40	M4044	132	INDIVIDUAL	01:11:21	01:08:40	00:15:50	00:57:12
749	2368	JOSE R PEREZ	M	42	M4044	133	CLUB MARATHON BADAJOZ	01:11:21	01:09:20	00:15:44	00:57:24
750	1590	PAULO J A ALMEIDA	M	44	M4044	134	GD BANCO BPI	01:11:23	01:08:04	00:17:37	00:57:53
751	644	FERNANDO A RODRIGUES	M	47	M4549	125	C MILLENNIUMBCP	01:11:25	01:09:18	00:15:20	00:57:28
752	652	ANTONIO R VELOSO	M	50	M5054	88	C MILLENNIUMBCP	01:11:25	01:11:06	00:12:34	00:56:41
753	2169	MARIO M B L PEREIRA	M	40	M4044	135	INDIVIDUAL	01:11:26	01:10:35	00:13:07	00:56:40
754	458	RICARDO J B FERREIRA	M	50	M5054	89	INDIVIDUAL	01:11:30	01:10:41	00:13:24	00:56:42
755	144	ANTONIO MORGADO	M	45	M4549	126	ACDR VILAR	01:11:34	01:10:32	00:13:56	00:57:08
756	1522	ROBERTO F ALVES	M	36	M2039	307	MAXIGYM	01:11:35	01:10:20	00:13:54	00:56:18
757	15	LUIS C J PINTO	M	22	M2039	308	INDIVIDUAL	01:11:39	01:08:23	00:17:52	00:58:51
758	2065	MIGUEL N SATURNINO	M	27	M2039	309	SCALABIS N RUNNERS	01:11:40	01:11:11	00:12:42	00:56:25

759	2070	PEDRO M N CARVALHO	M	48	M4549	127	SCALABIS N RUNNERS	01:11:40	01:11:12	00:12:42	00:56:26
760	171	TIAGO L ROXO	M	24	M2039	310	SAPATILHAS ARDENTES	01:11:41	01:09:52	00:15:53	00:58:12
761	265	NUNO LOPES	M	36	M2039	311	HERE FOR BEER	01:11:41	01:10:39	00:14:02	00:57:12
762	1647	JOAO ROSA	M	29	M2039	312	C BENFICA ALG M MARTINS	01:11:41	01:09:24	00:16:20	00:57:44
763	2060	LUIS M G FERREIRA	M	35	M2039	313	SCALABIS N RUNNERS	01:11:41	01:11:12	00:12:42	00:56:26
764	2455	CLAIRE MONROY	F	25	F2039	15	RUN 4 FUN	01:11:41	01:10:42	00:13:56	00:57:07
765	22	ORLANDO MARTINS	M	56	M5559	54	INDIVIDUAL	01:11:44	01:10:58	00:13:58	00:56:58
766	2383	LEONEL EUSEBIO	M	44	M4044	136	AC S MAMEDE	01:11:44	01:10:04	00:14:07	00:56:48
767	1519	LUIS COSTA	M	43	M4044	137	BAMOXIMBORA	01:11:45	01:11:28	00:12:53	00:57:02
768	937	ROGERIO T BRANCO	M	31	M2039	314	INDIVIDUAL	01:11:46	01:10:23	00:14:58	00:57:34
769	1255	JOSE GERARDO	M	50	M5054	90	CA NAZARE	01:11:46	01:11:34	00:12:48	00:57:05
770	2077	DAVID FERREIRA	M	44	M4044	138	OS SANTARENOS	01:11:46	01:10:08	00:15:12	00:57:46
771	2403	JORGE REIS	M	36	M2039	315	GA FREG VIDAIS	01:11:47	01:11:41	00:10:44	00:53:09
772	2001	CARLOS SANTOS	M	45	M4549	128	UFCl TOMAR	01:11:48	01:10:25	00:14:17	00:56:53
773	250	MIGUEL PINHO	M	40	M4044	139	PORTUGAL RUNNING	01:11:49	01:10:17	00:14:08	00:56:58
774	581	LUIS G QUENTAL	M	52	M5054	91	INDIVIDUAL	01:11:49	01:09:24	00:16:21	00:58:11
775	1861	CELIO J V ANASTICIO	M	32	M2039	316	INDIVIDUAL	01:11:49	01:08:52	00:16:00	00:57:31
776	1790	JOAQUIM NEIVA	M	69	M6599	3	NS SAO MIGUEL	01:11:50	01:11:17	00:13:14	00:56:58
777	2180	ALEXANDRE COSTA	M	36	M2039	317	CLUBE VODAFONE	01:11:50	01:11:35	00:12:16	00:55:11
778	2306	MARCO JACINTO	M	36	M2039	318	PANELA MAGICA	01:11:50	01:10:44	00:14:26	00:56:49
779	1902	CLAUDIO SILVA	M	32	M2039	319	C ORIENTAÇÃO AVENTURA	01:11:51	01:10:38	00:14:13	00:56:30
780	9	EMIDIO J L TEIXEIRA	M	27	M2039	320	INDIVIDUAL	01:11:52	01:08:51	00:15:53	00:57:06
781	56	PEDRO TRABUCHO	M	47	M4549	129	INDIVIDUAL	01:11:52	01:11:21	00:13:11	00:57:45
782	1588	RICARDO RODRIGUES	M	38	M2039	321	GRUPO S BERNARDO	01:11:52	01:10:00	00:15:39	00:57:47
783	1996	PAULO SALDANHA	M	46	M4549	130	UFCl TOMAR	01:11:54	01:11:06	00:13:37	00:56:53
784	1999	JORGE MAURICIO	M	38	M2039	322	UFCl TOMAR	01:11:54	01:11:05	00:13:37	00:56:53
785	1094	EDMUNDO C BATISTA	M	44	M4044	140	INDIVIDUAL	01:11:59	01:11:34	00:12:03	00:57:54
786	2131	PEDRO N MONTEIRO	M	36	M2039	323	GELPINHOS	01:11:59	01:10:31	00:15:22	00:57:17
787	2453	PAULO J B FRANCISCO	M	47	M4549	131	PRAZER CORRIDA	01:12:00	01:11:13	00:12:47	00:57:03
788	2549	DANIEL ANTUNES	M	51	M5054	92	OS BRAGUINHAS	01:12:00	01:11:38	00:12:36	00:56:27
789	2565	ANA MARIA	F	51	F4599	7	OS BRAGUINHAS	01:12:00	01:11:39	00:12:36	00:56:27
790	325	ANTONIO PEREIRA	M	48	M4549	132	CCDT METRO LX	01:12:02	01:09:18	00:16:38	00:58:16
791	1262	FILIPPE M NASCIMENTO	M	35	M2039	324	COMPANHIA BAZOFIAS	01:12:02	01:10:09	00:14:49	00:58:12
792	1867	FRANCISCO J R RAMOS	M	41	M4044	141	INDIVIDUAL	01:12:02	01:10:44	00:14:15	00:56:59
793	770	ANTERO R C MARTINS	M	42	M4044	142	INDIVIDUAL	01:12:05	01:09:32	00:16:04	00:57:59
794	105	ANTONIO QUARESMA	M	39	M2039	325	LINDA PASTORA SC	01:12:06	01:11:20	00:13:06	00:56:39
795	266	GONCALO EZEQUIEL	M	35	M2039	326	HERE FOR BEER	01:12:07	01:11:06	00:13:19	00:56:59
796	1951	JOCELINA ANTUNES	F	35	F2039	16	AM ATIBA	01:12:08	01:12:08	00:13:30	00:57:07
797	2268	PEDRO J V GONCALVES	M	38	M2039	327	HORTAPRONTA SA	01:12:08	01:11:40	00:12:57	00:56:49
798	1751	PEDRO BAPTISTA	M	32	M2039	328	ANTI ABSTEMIOS	01:12:09	01:10:00	00:16:03	00:58:07
799	1887	GUALTER M CONSTANTINO	M	37	M2039	329	INDIVIDUAL	01:12:10	01:10:49	00:14:58	00:57:35
800	1191	PAULO DUARTE	M	48	M4549	133	INDIVIDUAL	01:12:11	01:11:17	00:13:37	00:56:58
801	1962	PEDRO CASTRO	M	37	M2039	330	AM ATIBA	01:12:11	01:11:27	00:13:32	00:57:08
802	2506	ANTONIO TABORDA	M	62	M6064	17	SS CGD	01:12:13	01:10:38	00:14:18	00:57:42
803	1642	HELDER ALEXANDRE	M	29	M2039	331	C BENFICA ALG M MARTINS	01:12:16	01:10:14	00:16:31	00:58:41
804	499	CARLOS M FIGUEIREDO	M	60	M6064	18	GAU BAJOUCA	01:12:17	01:12:04	00:12:24	00:56:30
805	972	JOAO CRESPO	M	49	M4549	134	GOLD TEAM	01:12:17	01:11:35	00:13:49	00:58:38
806	352	CARLOS PORTELA	M	40	M4044	143	INDIVIDUAL	01:12:18	01:11:19	00:14:37	00:57:52
807	1661	PEDRO CRUZINHA	M	39	M2039	332	C BENFICA ALG M MARTINS	01:12:18	01:10:16	00:16:31	00:58:41
808	1698	JOSE PEREIRA	M	42	M4044	144	GD SANTANDER TOTTA	01:12:18	01:11:18	00:13:51	00:57:28
809	2045	JOSE MORAIS	M	50	M5054	93	OS ZATOPEQUES	01:12:18	01:09:18	00:16:53	00:58:38
810	2441	BRUNO VERISSIMO	M	28	M2039	333	INDIVIDUAL	01:12:22	01:10:57	00:15:00	00:58:00
811	2440	DIOGO J C SERAFIM	M	26	M2039	334	INDIVIDUAL	01:12:25	01:11:01	00:15:00	00:58:00
812	638	JOSELITO CAMPOS	M	33	M2039	335	INDIVIDUAL	01:12:27	01:09:07	00:16:54	00:58:46
813	2087	LUIS SANTOS	M	38	M2039	336	AA MAFRA	01:12:29	01:10:21	00:15:30	00:57:51

814	2192	RUI CARVALHO	M	42	M4044	145	INDIVIDUAL	01:12:29	01:10:52	00:14:48	00:56:57
815	566	EMANUEL LOPES	M	36	M2039	337	INDIVIDUAL	01:12:30	01:11:14	00:13:53	00:57:25
816	1750	JOSE MARQUES	M	38	M2039	338	ANTI ABSTEMIOS	01:12:30	01:10:21	00:15:41	00:58:02
817	1957	Mª PIEDADE ALVES	F	45	F4599	8	AM ATIBA	01:12:30	01:11:59	00:12:23	00:56:59
818	2350	DUARTE REIS	M	34	M2039	339	CA OBIDOS	01:12:30	01:09:47	00:17:07	00:59:17
819	968	JOAO MARCAO	M	60	M6064	19	CONDOMINOS	01:12:34	01:12:13	00:13:00	00:57:04
820	1988	TAM AFONSO	M	59	M5559	55	AÇOREANA C BANIF	01:12:34	01:12:17	00:12:31	00:57:28
821	2480	VITOR GALEGO	M	41	M4044	146	LESMAS OESTE	01:12:34	01:10:43	00:16:13	00:58:21
822	2285	CARLOS RIBEIRO	M	50	M5054	94	C VETERANOS LIS	01:12:35	01:11:25	00:14:40	00:58:05
823	70	MARIO J M SANTOS	M	36	M2039	340	SOBRALPISO	01:12:36	01:10:29	00:15:30	00:58:20
824	2359	MANUEL A D CARLOS	M	53	M5054	95	INDIVIDUAL	01:12:36	01:11:30	00:14:18	00:57:36
825	2096	CARLOS RODRIGUES	M	55	M5559	56	AA MAFRA	01:12:37	01:11:07	00:14:35	00:57:57
826	290	LUIS M P GASPAR	M	27	M2039	341	INDIVIDUAL	01:12:38	01:09:16	00:17:27	00:59:12
827	2227	JORGE MIRANDA	M	44	M4044	147	CAA BELEM	01:12:38	01:11:38	00:13:47	00:57:11
828	348	MANUEL NASCIMENTO	M	55	M5559	57	CA PARQUE PAZ	01:12:41	01:11:17	00:14:20	00:57:58
829	1909	NORBERTO MARQUES	M	41	M4044	148	RUNNING OF D MARIA	01:12:41	01:10:50	00:16:11	00:58:23
830	2010	ALCINO BARROS	M	26	M2039	342	EQUIPAS OS ENTREMEADAS	01:12:41	01:11:38	00:14:14	00:58:11
831	2547	JOSE CERQUEIRA	M	51	M5054	96	OS BRAGUINHAS	01:12:45	01:12:24	00:12:33	00:57:07
832	606	PAULO CASTELO	M	38	M2039	343	FORMASPORT	01:12:47	01:10:59	00:15:44	00:58:13
833	1207	HERNÂNI MONTEIRO	M	51	M5054	97	INDIVIDUAL	01:12:47	01:11:55	00:13:48	00:57:41
834	2014	ANDRE NOBRE	M	28	M2039	344	EQUIPAS OS ENTREMEADAS	01:12:47	01:11:46	00:14:15	00:58:11
835	570	DINOISIO ALEGRIA	M	41	M4044	149	INDIVIDUAL	01:12:48	01:10:37	00:15:46	00:58:33
836	1690	DANIEL SIMOES	M	39	M2039	345	GD SANTANDER TOTTA	01:12:48	01:10:44	00:15:49	00:58:51
837	1910	NUNO MONTEIRO	M	31	M2039	346	RUNNING OF D MARIA	01:12:48	01:10:57	00:16:11	00:58:43
838	2316	PAULO A C MARQUES	M	47	M4549	135	INDIVIDUAL	01:12:48	01:11:56	00:14:11	00:57:56
839	2317	JOAQUIM C M RODRIGUES	M	45	M4549	136	INDIVIDUAL	01:12:49	01:11:58	00:14:11	00:57:56
840	2414	ANTONIO BENTO	M	55	M5559	58	GA FREG VIDAIS	01:12:51	01:11:40	00:14:21	00:58:15
841	2170	LUIS J F GARCIA	M	25	M2039	347	ASS TRILHOS SIMPLES	01:12:53	01:10:47	00:16:00	00:58:35
842	2171	ROBERTO SEBASTIAO	M	25	M2039	348	ASS TRILHOS SIMPLES	01:12:53	01:10:47	00:15:58	00:58:07
843	2191	CARLOS ESTEVES	M	43	M4044	150	CLUBE VODAFONE	01:12:54	01:11:36	00:15:23	00:58:36
844	178	JOSE GABRIEL	M	54	M5054	98	INDIVIDUAL	01:12:55	01:10:12	00:16:18	00:58:48
845	1263	ARTUR COSTA	M	34	M2039	349	COMPANHIA BAZOFIAS	01:12:55	01:11:02	00:14:49	00:58:13
846	2027	RUI GLORIA	M	39	M2039	350	INDIVIDUAL	01:12:55	01:12:06	00:13:49	00:58:41
847	215	CARLOS BENTO	M	38	M2039	351	RAIL RUNNERS	01:12:56	01:12:06	00:13:40	00:58:01
848	216	CARLOS B AGUA	M	38	M2039	352	RAIL RUNNERS	01:12:56	01:12:08	00:13:41	00:58:01
849	1254	JOAO CONSTANTINO	M	37	M2039	353	CA NAZARE	01:12:56	01:12:44	00:12:48	00:57:16
850	1651	MANUELA FOLGADA	F	62	F4599	9	C BENFICA ALG M MARTINS	01:12:56	01:12:40	00:12:27	00:57:18
851	1637	ANTONIO FERREIRA	M	32	M2039	354	INDIVIDUAL	01:12:58	01:10:26	00:16:20	00:58:52
852	2283	VITOR ANTUNES	M	56	M5559	59	C VETERANOS LIS	01:12:58	01:11:48	00:14:39	00:58:04
853	2253	JOSE OLIVEIRA	M	47	M4549	137	GD MACEDO OCULISTA	01:13:03	01:12:19	00:12:49	00:57:42
854	553	JORGE D PINHEIRO	M	45	M4549	138	RUN 4 FUN	01:13:04	01:12:01	00:13:21	00:57:07
855	2477	JOAO FRANCO	M	58	M5559	60	OS CARREGEIRENSES	01:13:05	01:12:45	00:11:22	00:56:34
856	1483	FERNANDO LUZ	M	43	M4044	151	GDCT UNICRE	01:13:06	01:10:03	00:17:30	00:58:58
857	2008	JOAO FRANGO	M	43	M4044	152	EQUIPAS OS ENTREMEADAS	01:13:06	01:12:03	00:14:15	00:58:12
858	607	VITOR TAVARES	M	30	M2039	355	INDIVIDUAL	01:13:09	01:10:34	00:17:08	00:59:41
859	1840	VALTER G CUNHA	M	26	M2039	356	INDIVIDUAL	01:13:09	01:11:22	00:14:48	00:57:31
860	253	CARLOS M S MATIAS	M	59	M5559	61	ESTRELA CA FC	01:13:10	01:13:02	00:12:01	00:57:13
861	997	RICARDO ARRAIAS	M	40	M4044	153	HAND2HAND	01:13:10	01:11:55	00:14:03	00:58:15
862	577	JOSE FERNANDES	M	40	M4044	154	TRIBO EXTREME	01:13:12	01:10:40	00:17:26	00:59:48
863	1132	NELSON BENTO	M	35	M2039	357	GDR FIGUEIRAS	01:13:12	01:11:49	00:14:48	00:57:49
864	270	JOAO L C SANTOS	M	40	M4044	155	HERE FOR BEER	01:13:14	01:12:11	00:13:20	00:57:50
865	345	LUIS PIRES	M	44	M4044	156	CA PARQUE PAZ	01:13:14	01:11:31	00:16:15	00:59:16
866	1614	JOAO ABRANTES	M	56	M5559	62	CA PARQUE PAZ	01:13:14	01:11:30	00:16:15	00:59:16
867	1572	MIGUEL J BARBA	M	34	M2039	358	GD COSTA BRAVA	01:13:15	01:12:45	00:13:44	00:58:14
868	2466	PEDRO LEAL	M	45	M4549	139	INDIVIDUAL	01:13:15	01:11:57	00:15:45	00:59:17



869	835	RITA C REBELO	F	28	F2039	17	TERRORES ASFALTO	01:13:16	01:10:53	00:16:40	00:59:06
870	2105	ANTONIO REIS	M	57	M5559	63	AA MAFRA	01:13:16	01:12:25	00:13:45	00:57:56
871	2185	PEDRO LOURENCO	M	43	M4044	157	CLUBE VODAFONE	01:13:17	01:13:02	00:12:58	00:57:58
872	1829	MANUEL FERNANDES	M	46	M4549	140	10 PRAS 11	01:13:18	01:12:57	00:11:36	00:56:21
873	366	JOSE SARGACO	M	39	M2039	359	FALCOES SELVAGENS	01:13:20	01:11:45	00:15:33	00:59:40
874	1732	FABIO LEIROA	M	28	M2039	360	CAETANO COATINGS	01:13:20	01:13:05	00:12:55	00:57:42
875	2446	IVO SILVA	M	62	M6064	20	INDIVIDUAL	01:13:21	01:11:50	00:15:21	00:59:07
876	443	EDUARDO RIBEIRO	M	28	M2039	361	INDIVIDUAL	01:13:22	01:11:30	00:15:52	00:59:17
877	124	GONCALO MELO	M	45	M4549	141	RUN 4 FUN	01:13:23	01:12:28	00:13:39	00:57:49
878	210	JOAO P PALMELA	M	44	M4044	158	RUN 4 FUN	01:13:23	01:12:28	00:13:41	00:57:49
879	1518	ANTONIO SILVA	M	38	M2039	362	BAMOXIMBORA	01:13:23	01:13:05	00:12:31	00:57:53
880	583	RAMIRO INACIO	M	60	M6064	21	C BENFICA ALHANDRA	01:13:24	01:13:03	00:12:28	00:57:38
881	759	PEDRO ESTEVES	M	39	M2039	363	LVTEAM	01:13:24	01:12:19	00:13:53	00:57:24
882	354	NUNO M G FIALHO	M	33	M2039	364	RUN4MINIS	01:13:27	01:11:54	00:14:59	00:58:59
883	961	NUNO MARTINS	M	31	M2039	365	INDIVIDUAL	01:13:27	01:12:00	00:14:47	00:57:59
884	2099	PAULO SILVA	M	37	M2039	366	AA MAFRA	01:13:27	01:11:24	00:16:33	00:59:14
885	1636	DANIEL A C NUNES	M	52	M5054	99	INDIVIDUAL	01:13:28	01:12:51	00:13:04	00:57:13
886	2299	CARLOS M R PATRICIO	M	21	M2039	367	GCA DONAS	01:13:28	01:12:41	00:14:43	00:58:31
887	902	HUGO GIRAO	M	31	M2039	368	PES TROIKADOS	01:13:31	01:10:40	00:16:43	00:59:35
888	910	LUIS F S NUNES	F	40	F4044	8	ATENEU	01:13:31	01:12:27	00:14:23	00:58:36
889	957	CARLOS M GONCALVES	M	56	M5559	64	LEBRES TARTARUGAS	01:13:31	01:12:05	00:14:22	00:58:54
890	1901	JORGE FRAZAO	M	32	M2039	369	C ORIENTAÇÃO AVENTURA	01:13:31	01:12:15	00:14:12	00:58:38
891	712	JOAO R LIMA	M	25	M2039	370	RUN 4 FUN	01:13:33	01:11:03	00:17:15	00:59:45
892	1663	SIDONIO DIAS	M	41	M4044	159	C BENFICA ALG M MARTINS	01:13:33	01:11:08	00:16:29	00:58:40
893	2416	SARA RODRIGUES	F	21	F2039	18	GA FREG VIDAIS	01:13:33	01:13:15	00:12:55	00:58:27
894	1465	JOAO P C SANTOS	M	20	M2039	371	INDIVIDUAL	01:13:34	01:11:21	00:16:13	00:59:18
895	555	CARLOS D G OCHOA	M	39	M2039	372	INDIVIDUAL	01:13:37	01:10:35	00:16:44	00:59:54
896	862	JOAO P A LUZ	M	52	M5054	100	INDIVIDUAL	01:13:39	01:12:33	00:14:13	00:58:53
897	982	PEDRO P SILVA	M	44	M4044	160	INDIVIDUAL	01:13:41	01:13:10	00:12:51	00:57:53
898	838	ISABEL M S HENRIQUES	F	32	F2039	19	TERRORES ASFALTO	01:13:42	01:11:19	00:16:40	00:59:07
899	1551	LUIS FERNANDES	M	31	M2039	373	CPR A BARBAS	01:13:43	01:13:28	00:12:18	00:56:11
900	2098	JOSE C AMARO	M	49	M4549	142	AA MAFRA	01:13:43	01:11:53	00:15:32	00:58:33
901	2544	ANTONIO FERREIRA	M	48	M4549	143	OS BRAGUINHAS	01:13:43	01:13:25	00:12:53	00:58:06
902	1129	ANDRE RAMOS	M	24	M2039	374	GDR FIGUEIRAS	01:13:47	01:13:42	00:11:42	00:56:51
903	853	MARIO LOPES	M	43	M4044	161	BS RUNNERS	01:13:48	01:13:12	00:13:20	00:58:31
904	1244	ALCIDES NUNES	M	53	M5054	101	OS PERIGOSOS	01:13:48	01:13:13	00:13:20	00:58:31
905	2039	BRIAN O KANE	M	24	M2039	375	OS ZATOPEQUES	01:13:49	01:10:53	00:17:36	01:00:05
906	2553	JOSE COSTA	M	59	M5559	65	OS BRAGUINHAS	01:13:51	01:12:34	00:14:42	00:58:36
907	893	JOAO NARCISO	M	30	M2039	376	PES TROIKADOS	01:13:55	01:10:57	00:16:42	00:59:37
908	2210	MAURICIO MARQUES	M	38	M2039	377	CLUBE STRESS	01:13:55	01:11:12	00:16:27	00:59:13
909	1045	FRANCISCO GOMES	M	46	M4549	144	BEATRIZ CLUB	01:13:56	01:13:16	00:13:02	00:58:10
910	1364	DANIEL LOURENCO	M	38	M2039	378	CA BARREIRA	01:13:56	01:10:37	00:17:31	00:59:49
911	2240	ARMANDO CARMO	M	75	M6599	4	GD MACEDO OCULISTA	01:13:56	01:11:38	00:22:05	#N/D
912	1471	OCTAVIO BARBOSA	M	35	M2039	379	INDIVIDUAL	01:13:57	01:12:10	00:15:04	00:59:11
913	2237	ANTONIO ARAUJO	M	61	M6064	22	GD MACEDO OCULISTA	01:13:57	01:11:40	00:22:02	#N/D
914	1476	HUGO BENEVENTE	M	25	M2039	380	CA PARQUE PAZ	01:13:58	01:12:30	00:15:42	00:59:20
915	1982	NUNO TALHADAS	M	45	M4549	145	AÇOREANA C BANIF	01:13:58	01:13:07	00:13:48	00:58:19
916	533	LUIS SIMOES	M	37	M2039	381	BRANDOA CORRE	01:13:59	01:13:03	00:13:46	00:57:35
917	1767	AMERICO P RODRIGUES	M	53	M5054	102	INDIVIDUAL	01:14:00	01:13:48	00:12:18	00:57:27
918	1536	DAVID BARROS	M	33	M2039	382	INDIVIDUAL	01:14:01	01:13:38	00:12:44	00:58:12
919	2123	ISAUL RODRIGUES	M	55	M5559	66	GELPINHOS	01:14:01	01:13:46	00:12:47	00:58:10
920	2167	ANTONIO REIS	M	37	M2039	383	BALANCE CLUB	01:14:03	01:12:39	00:14:12	00:57:50
921	498	ANTONIO M M CARREIRA	M	51	M5054	103	GAU BAJOUCA	01:14:05	01:13:37	00:13:08	00:58:26
922	1827	NUNO FRANCO	M	34	M2039	384	INDIVIDUAL	01:14:05	01:12:10	00:15:38	00:59:33
923	996	EDGAR G MARQUES	M	25	M2039	385	INDIVIDUAL	01:14:06	01:13:52	00:12:15	00:58:52

924	1704	RUI MACHINHO	M	35	M2039	386	GD SANTANDER TOTTA	01:14:06	01:11:00	00:16:01	00:59:07
925	1819	CLAUDIO NOBRE	M	25	M2039	387	INDIVIDUAL	01:14:07	01:12:41	00:14:49	00:58:45
926	1029	ISABEL FERNANDES	F	49	F4599	10	CCD O ALVITEJO	01:14:09	01:13:48	00:12:39	00:58:26
927	1796	PAULO SANTOS	M	48	M4549	146	INDIVIDUAL	01:14:11	01:12:40	00:15:25	00:59:16
928	794	JOAO V SANTOS	M	65	M6599	5	INDIVIDUAL	01:14:13	01:14:06	00:12:12	00:57:58
929	852	JOSE M G FERREIRA	M	47	M4549	147	WHY NOT RUN	01:14:13	01:13:28	00:12:15	00:57:43
930	868	VITOR M M SANTOS	M	48	M4549	148	ATENEU	01:14:15	01:13:12	00:14:23	00:58:42
931	994	PAULO S R PONTE	M	38	M2039	388	INDIVIDUAL	01:14:15	01:13:23	00:14:27	00:59:29
932	2136	JOAQUIM CARINHAS	M	60	M6064	23	GELPINHOS	01:14:15	01:14:04	00:12:48	00:58:25
933	2066	NUNO M C CALVO	M	39	M2039	389	SCALABIS N RUNNERS	01:14:16	01:13:40	00:13:40	00:59:04
934	1078	VITOR MONTEIRO	M	44	M4044	162	CCRD BURINHOSA	01:14:19	01:13:17	00:14:00	00:59:06
935	843	NUNO MOURATO	M	36	M2039	390	GP RUNNERS	01:14:22	01:11:43	00:16:26	00:59:28
936	648	LEONEL F BRANDAO	M	42	M4044	163	C MILLENNIUMBCP	01:14:23	01:13:46	00:13:13	00:58:57
937	1021	FRANCISCO M M VAL	M	20	M2039	391	CORRER POR GOSTO	01:14:26	01:13:59	00:12:44	00:59:08
938	1469	JOANA DOMINGOS	F	36	F2039	20	OS BELOURAS	01:14:28	01:13:30	00:14:05	00:59:12
939	2178	MARIO BATISTA	M	35	M2039	392	ADA DESNIVEL	01:14:28	01:13:43	00:13:21	00:59:00
940	1510	MIGUEL P BASTOS	M	47	M4549	149	GD INE	01:14:31	01:13:56	00:13:29	00:58:39
941	1723	MANUEL FRANCISCO	M	53	M5054	104	SR CAMARNAL	01:14:31	01:13:00	00:14:38	00:58:46
942	1391	SILVIA COELHO	F	46	F4599	11	CA BARREIRA	01:14:32	01:14:01	00:12:54	00:58:57
943	447	MANUEL SILVA	M	34	M2039	393	INDIVIDUAL	01:14:33	01:12:34	00:14:15	00:56:57
944	2572	DOMINGOS ROCHA	M	53	M5054	105	OS BRAGUINHAS	01:14:34	01:14:25	00:12:03	00:58:01
945	2	RUI M A R SILVA	M	40	M4044	164	INDIVIDUAL	01:14:36	01:13:04	00:16:14	00:59:23
946	1638	ARNALDO MACHADO	M	62	M6064	24	C BENFICA ALG M MARTINS	01:14:36	01:14:07	00:13:49	00:59:15
947	176	JOAO M S DIOGO	M	48	M4549	150	INDIVIDUAL	01:14:37	01:13:31	00:14:20	00:58:53
948	417	FILIPPE SOUSA	M	32	M2039	394	INDIVIDUAL	01:14:37	01:12:50	00:14:48	00:59:26
949	1125	ANDRE CARDOSO	M	37	M2039	395	INDIVIDUAL	01:14:37	01:13:49	00:13:39	00:58:05
950	1411	MANUEL S S FRADE	M	60	M6064	25	INDIVIDUAL	01:14:37	01:13:54	00:13:43	00:59:00
951	1912	CARLA ADRO	F	39	F2039	21	AM ATIBA	01:14:37	01:14:02	00:13:44	00:59:15
952	183	GONCALO VILELA	M	41	M4044	165	RP TEAM	01:14:40	01:11:23	00:16:07	00:59:05
953	190	MARA ARAUJO	F	32	F2039	22	CCD SINTRENSE	01:14:40	01:14:27	00:12:56	#N/D
954	960	RICARDO CUNHA	M	25	M2039	396	INDIVIDUAL	01:14:40	01:13:01	00:15:48	00:59:58
955	524	JOSE AUGUSTO	M	40	M4044	166	FALCOES SELVAGENS	01:14:41	01:13:57	00:14:41	00:59:50
956	1153	CARLOS FREIRE	M	40	M4044	167	ADCR P JUDICIARIA	01:14:41	01:14:23	00:12:46	00:59:11
957	1516	PEDRO C MOREIRA	M	39	M2039	397	GD INE	01:14:42	01:12:57	00:14:42	00:59:28
958	1659	NELSON CASANOVA	M	28	M2039	398	C BENFICA ALG M MARTINS	01:14:43	01:12:41	00:16:30	00:59:53
959	275	PAULA RODRIGUES	F	43	F4044	9	GYMRUNNERS	01:14:44	01:13:52	00:13:24	00:59:12
960	551	MIGUEL P G VERDUGO	M	20	M2039	399	URB FONTE CORAÇÕES GAEIRAS	01:14:44	01:11:43	00:17:03	01:00:37
961	358	PAULO A RODRIGUES	M	39	M2039	400	WWW.CEBOLA.PT	01:14:47	01:13:18	00:15:37	01:00:29
962	1077	JOSE RATO	M	54	M5054	106	CCRD BURINHOSA	01:14:47	01:12:19	00:16:22	00:59:56
963	172	ALBERTINO M ALVES	M	33	M2039	401	INDIVIDUAL	01:14:49	01:14:16	00:14:16	00:59:17
964	238	JOSE CRUZ	M	51	M5054	107	FALCOES SELVAGENS	01:14:50	01:11:45	00:16:31	01:00:27
965	948	VALENTIM FERNANDES	M	57	M5559	67	GDCR ZAMBUJEIRA/ CALVO	01:14:50	01:13:22	00:15:14	00:59:41
966	1972	FRANCISCO PEREIRA	M	45	M4549	151	AÇOREANA C BANIF	01:14:50	01:14:32	00:13:17	00:59:32
967	482	LUIS POLIDO	M	38	M2039	402	INDIVIDUAL	01:14:52	01:13:42	00:14:41	00:59:50
968	1490	JOSE MARQUES	M	62	M6064	26	ATAIJENSE	01:14:52	01:14:29	00:13:16	00:58:52
969	1538	PAULO ROCHA	M	38	M2039	403	INDIVIDUAL	01:14:52	01:14:27	00:12:43	00:58:40
970	813	JOAO BANDEIRA	M	44	M4044	168	INDIVIDUAL	01:14:53	01:14:05	00:14:31	00:59:51
971	1891	ARMINDO COSTA	M	33	M2039	404	CN ALVITO	01:14:53	01:13:54	00:14:44	00:59:47
972	35	NUNO SILVA	M	41	M4044	169	INDIVIDUAL	01:14:54	01:13:12	00:14:35	00:58:56
973	808	ANDRE WIBORG	M	53	M5054	108	VFF 1896	01:14:54	01:11:39	00:18:01	01:01:25
974	1889	CARLA CRISTINA	F	36	F2039	23	CN ALVITO	01:14:54	01:13:55	00:14:43	00:59:47
975	1963	ANTONIO J C DAMIAO	M	35	M2039	405	INDIVIDUAL	01:14:54	01:14:04	00:12:57	00:59:38
976	1833	JOSUE FRADE	M	39	M2039	406	10 PRAS 11	01:14:58	01:12:43	00:16:41	01:00:47
977	2278	MARIO ALMEIDA	M	24	M2039	407	PES TROIKADOS	01:15:00	01:12:10	00:16:44	01:00:02
978	2301	FRANCISCO MADEIRA	M	50	M5054	109	GCA DONAS	01:15:00	01:14:54	00:09:36	00:59:06

979	690	JOSE MAGRO	M	42	M4044	170	O MUNDO CORRIDA	01:15:02	01:14:17	00:13:21	00:59:01
980	1232	PAULO LOURENCO	M	30	M2039	408	INDIVIDUAL	01:15:02	01:13:38	00:16:12	01:01:14
981	2515	JOAQUIM CARRILHO	M	45	M4549	152	SS CGD	01:15:02	01:13:33	00:15:27	00:59:19
982	2035	OSCAR OLIVEIRA	M	46	M4549	153	OS ZATOPQUES	01:15:06	01:12:45	00:15:04	00:59:10
983	2287	JÚLIO LOPES	M	37	M2039	409	C VETERANOS LIS	01:15:08	01:14:04	00:14:19	00:58:34
984	2158	PEDRO SIMAO	M	33	M2039	410	BALANCE CLUB	01:15:10	01:13:46	00:15:22	00:59:13
985	123	JOAQUIM C ALMEIDA	M	53	M5054	110	INDIVIDUAL	01:15:11	01:13:27	00:15:29	00:59:39
986	3	NUNO SILVA	M	36	M2039	411	INDIVIDUAL	01:15:15	01:13:43	00:16:12	00:59:39
987	1022	ANTONIO M V JACINTO	M	47	M4549	154	CORRER POR GOSTO	01:15:16	01:14:48	00:12:45	00:59:09
988	1692	GABRIEL CHARRUA	M	33	M2039	412	GD SANTANDER TOTTA	01:15:16	01:12:10	00:16:55	01:00:54
989	2481	JOSE A C SILVA	M	43	M4044	171	LESMAS OESTE	01:15:17	01:13:27	00:16:13	00:59:12
990	166	JOSE NOGUEIRA	M	60	M6064	27	INDIVIDUAL	01:15:18	01:14:59	00:13:12	00:59:21
991	254	JOAQUIM B MARTINS	M	52	M5054	111	ESTRELA CA FC	01:15:18	01:15:10	00:12:32	00:59:23
992	733	JOSE DUARTE	M	33	M2039	413	INDIVIDUAL	01:15:18	01:11:53	00:18:11	01:01:16
993	576	DAVID PADRAO	M	28	M2039	414	TRIBO EXTREME	01:15:19	01:12:47	00:17:26	01:01:29
994	487	JOAO PEREIRA	M	49	M4549	155	EIRAGYM	01:15:21	01:14:14	00:14:19	00:59:22
995	539	FILIPPE VELUDO	M	37	M2039	415	AMIGOS B	01:15:21	01:14:28	00:14:00	00:59:34
996	247	CARLOS MORAIS	M	40	M4044	172	FALCOES SELVAGENS	01:15:22	01:15:22	00:37:06	#N/D
997	923	CLAUDIA FARITAS	F	40	F4044	10	FALCOES SELVAGENS	01:15:22	01:15:22	00:36:58	#N/D
998	1331	ANTONIO INGLES	M	53	M5054	112	GA MONSANTO GASCAN	01:15:24	01:13:21	00:15:43	00:59:51
999	1817	JOSE LUCAS	M	66	M6599	6	ACR SOUTOS	01:15:26	01:14:15	00:14:07	00:59:54
1000	2017	LAURO LAZARINO	M	28	M2039	416	LAPQN	01:15:27	01:14:54	00:13:52	00:59:57
1001	1284	VALTER SILVA	M	22	M2039	417	CCRD BURINHOSA	01:15:31	01:14:56	00:13:03	00:58:23
1002	1553	CLAUDIO E P RIBEIRO	M	37	M2039	418	INDIVIDUAL	01:15:32	01:14:24	00:14:45	00:59:55
1003	1591	FERNANDO MORAIS	M	49	M4549	156	GD BANCO BPI	01:15:32	01:12:13	00:17:34	01:00:45
1004	2215	AMILCAR RIBEIRAL	M	64	M6064	28	CAA BELEM	01:15:32	01:14:34	00:14:06	00:59:27
1005	2221	JOSE BASTO	M	43	M4044	173	CAA BELEM	01:15:32	01:14:31	00:14:07	00:59:27
1006	2444	JOAQUIM NOGUEIRA	M	54	M5054	113	OS FALCOES V SANTAREM	01:15:32	01:13:25	00:16:16	01:00:42
1007	2508	CARLOS A SILVA	M	40	M4044	174	SS CGD	01:15:33	01:13:40	00:15:58	01:00:44
1008	1001	LUIS RENDEIRO	M	49	M4549	157	INDIVIDUAL	01:15:34	01:13:57	00:15:31	01:00:10
1009	2379	CLAUDIA M SILVA	F	44	F4044	11	AC S MAMEDE	01:15:34	01:14:34	00:14:04	00:59:41
1010	298	FIDELIO FERREIRA	M	35	M2039	419	INDIVIDUAL	01:15:36	01:13:10	00:16:02	00:59:31
1011	1764	CARLOS MACHADO	M	36	M2039	420	AMIGOS TACHO	01:15:36	01:13:48	00:15:30	01:00:24
1012	1894	HENRIQUE DELGADO	M	28	M2039	421	CA PENARFIME	01:15:36	01:13:13	00:15:47	00:59:31
1013	2281	AMERICO SANTOS	M	58	M5559	68	C VETERANOS LIS	01:15:37	01:14:26	00:14:42	00:59:42
1014	509	CARLOS CUNHA	M	39	M2039	422	INDIVIDUAL	01:15:39	01:12:56	00:16:49	01:01:04
1015	969	JOAO ANTUNES	M	43	M4044	175	GOLD TEAM	01:15:39	01:15:00	00:13:49	00:59:06
1016	700	CARLOS S COSTA	M	49	M4549	158	AI NHA PERNA	01:15:40	01:12:58	00:16:52	01:01:05
1017	2166	ARMANDINO TABORDA	M	56	M5559	69	GD SANTANDER TOTTA	01:15:41	01:14:38	00:13:30	01:00:09
1018	276	JOAO RAFAEL	M	43	M4044	176	GYMRUNNERS	01:15:42	01:14:05	00:15:12	01:00:32
1019	1485	ABILIO TAVARES	M	57	M5559	70	INDIVIDUAL	01:15:42	01:14:56	00:13:44	00:59:29
1020	1627	ANTONIO ALMEIDA	M	41	M4044	177	INDIVIDUAL	01:15:44	01:13:36	00:16:19	01:01:42
1021	1757	FERNANDO ESPERANÇA	M	46	M4549	159	ANTI ABSTEMIOS	01:15:44	01:13:35	00:15:41	01:00:31
1022	1969	CARLOS V SOUTO	M	46	M4549	160	AÇOREANA C BANIF	01:15:44	01:13:17	00:16:19	01:00:41
1023	537	PEDRO M A MARTINS	M	33	M2039	423	INDIVIDUAL	01:15:45	01:13:58	00:15:33	00:59:30
1024	1665	ELIAS A B BARROS	M	26	M2039	424	INDIVIDUAL	01:15:45	01:15:23	00:13:06	00:59:32
1025	594	MIGUEL F M SILVA	M	36	M2039	425	TGV	01:15:46	01:15:01	00:13:32	00:59:57
1026	711	CARLOS IMPERADEIRO	M	24	M2039	426	RUN 4 FUN	01:15:47	01:13:18	00:15:48	01:00:06
1027	48	LUIS AFONSO	M	41	M4044	178	JAF	01:15:48	01:14:16	00:15:13	01:00:20
1028	1148	PEDRO VICENTE	M	36	M2039	427	GDR FIGUEIRAS	01:15:48	01:13:57	00:15:35	01:00:11
1029	478	LUIS M G MIRAO	M	36	M2039	428	WHY NOT RUN	01:15:50	01:14:09	00:14:20	00:59:35
1030	347	CARLOS LIMA	M	41	M4044	179	CA PARQUE PAZ	01:15:56	01:14:37	00:15:18	01:00:14
1031	619	JOSE MACHADO	M	49	M4549	161	INDIVIDUAL	01:15:56	01:14:23	00:15:41	01:00:41
1032	122	JOSE C PEREIRA	M	44	M4044	180	INDIVIDUAL	01:15:57	01:13:52	00:16:18	01:00:56
1033	1095	EMANUEL JORDAO	M	28	M2039	429	INDIVIDUAL	01:15:57	01:13:55	00:15:09	01:00:07

1034	159	MARGARIDA FERNANDES	F	27	F2039	24	PORTUGAL RUNNING	01:15:58	01:14:23	00:15:15	01:00:38
1035	1474	MANUEL G SILVA	M	52	M5054	114	INDIVIDUAL	01:15:58	01:12:49	00:17:59	01:00:17
1036	1785	JOAO SANTOS	M	54	M5054	115	NS SAO MIGUEL	01:16:00	01:15:27	00:14:15	01:00:01
1037	217	NUNO MARTINS	M	35	M2039	430	RAIL RUNNERS	01:16:01	01:13:39	00:16:12	01:00:48
1038	2154	JORGE R R PAULINO	M	49	M4549	162	INDIVIDUAL	01:16:02	01:14:58	00:14:42	01:00:24
1039	145	NUNO M ANTUNES	M	43	M4044	181	GD DEUTSCHE BANK	01:16:03	01:13:43	00:16:24	01:00:16
1040	305	MARCO MATOS	M	32	M2039	431	INDIVIDUAL	01:16:03	01:13:44	00:16:24	01:00:16
1041	2223	PEDRO FILIPE	M	31	M2039	432	CAA BELEM	01:16:04	01:15:05	00:14:19	00:59:29
1042	1779	ISABEL CABRAL	F	54	F4599	12	NS SAO MIGUEL	01:16:05	01:15:32	00:13:22	00:59:45
1043	2044	JOSE CUNHA	M	48	M4549	163	OS ZATOPEQUES	01:16:05	01:14:25	00:16:16	01:00:47
1044	2085	JOAO CARVALHO	M	43	M4044	182	OS SANTARENOS	01:16:05	01:14:44	00:14:23	01:00:24
1045	109	JOSE BAGINA	M	41	M4044	183	RUN 4 FUN	01:16:06	01:15:08	00:13:52	00:59:43
1046	998	DANIEL SANTOS	M	34	M2039	433	TALENTOPRACORRER TEAM	01:16:06	01:13:39	00:15:48	00:59:47
1047	1065	FRANCISCO PRATES	M	64	M6064	29	AA LEBRES SADO	01:16:06	01:15:48	00:13:19	#N/D
1048	1594	VASCO A N G SANTOS	M	53	M5054	116	GD BANCO BPI	01:16:06	01:15:47	00:12:56	01:00:04
1049	614	PAULO J G NUNES	M	39	M2039	434	INDIVIDUAL	01:16:07	01:14:13	00:15:35	01:00:15
1050	1425	CARLOS P GOMES	M	55	M5559	71	RAPOTAXO	01:16:08	01:15:36	00:12:58	00:59:25
1051	2353	LUIS NUNES	M	56	M5559	72	CA OBIDOS	01:16:08	01:13:42	00:16:48	01:01:17
1052	746	ANTONIO SIMPLICIO	M	40	M4044	184	TO BE PROJECT	01:16:09	01:14:45	00:15:06	00:59:01
1053	1113	JOSE M R SANTOS	M	53	M5054	117	INDIVIDUAL	01:16:09	01:13:44	00:16:39	01:01:24
1054	1480	VITOR P FERREIRA	M	48	M4549	164	CP ALCANENA	01:16:10	01:14:57	00:14:32	01:00:04
1055	2300	FRANCISCO J FARIAS	M	54	M5054	118	GCA DONAS	01:16:10	01:15:41	00:12:54	00:59:09
1056	2323	JOSE C ROMANO	M	47	M4549	165	INDIVIDUAL	01:16:10	01:14:29	00:16:15	01:01:45
1057	2561	MANUEL FERREIRA	M	44	M4044	185	OS BRAGUINHAS	01:16:11	01:14:29	00:15:56	01:01:24
1058	2230	SERAFIM RAMOS	M	54	M5054	119	CP EDP PORTO	01:16:14	01:15:05	00:14:00	00:59:55
1059	239	JOSE MARTINS	M	45	M4549	166	FALCOES SELVAGENS	01:16:16	01:13:11	00:16:32	01:00:59
1060	654	JORGE A SOARES	M	45	M4549	167	C MILLENNIUMBCP	01:16:16	01:15:11	00:14:52	01:01:35
1061	1535	MIGUEL A A CAMPOS	M	36	M2039	435	HP COIMBRA	01:16:17	01:15:31	00:14:37	01:00:38
1062	448	ARMINDO MIRANTE	M	47	M4549	168	LXRUN	01:16:20	01:15:55	00:13:58	01:00:35
1063	604	JOSE J SILVA	M	42	M4044	186	FORMASPORT	01:16:20	01:14:34	00:16:08	01:01:22
1064	1424	ALEXANDRE M D FIALHO	M	35	M2039	436	INDIVIDUAL	01:16:21	01:13:50	00:16:20	01:00:55
1065	1883	JOSE F H C VITAL	M	48	M4549	169	INDIVIDUAL	01:16:21	01:15:13	00:15:26	01:01:02
1066	874	FRANCISCO VAZ	M	44	M4044	187	FRUFRESH RUNNERS	01:16:22	01:14:04	00:15:52	01:00:53
1067	2498	TINA OLIVEIRA	F	47	F4599	13	MIRANTENSE FC	01:16:22	01:15:49	00:13:34	01:00:15
1068	1552	GABRIEL SANTOS	M	52	M5054	120	CPR A BARBAS	01:16:23	01:15:39	00:13:27	00:59:43
1069	2312	ANTONIO VELA	M	26	M2039	437	I2S	01:16:24	01:14:09	00:16:14	01:01:28
1070	186	PEDRO ALVES	M	41	M4044	188	CCD SINTRENSE	01:16:25	01:15:13	00:14:10	01:00:13
1071	440	ANTONIO M PINTO	M	69	M6599	7	INDIVIDUAL	01:16:25	01:16:14	00:13:23	01:00:21
1072	470	LISDALIA NUNES	F	55	F4599	14	VETERANOS TEIXOSO	01:16:25	01:16:15	00:12:59	00:59:36
1073	2490	DAVID L GONCALVES	M	32	M2039	438	CSP CM PENICHE	01:16:25	01:15:06	00:15:49	01:01:37
1074	512	PEDRO GARCIA	M	43	M4044	189	INDIVIDUAL	01:16:26	01:13:43	00:16:41	01:02:25
1075	2367	MANUEL PEREZ	M	35	M2039	439	CLUB MARATHON BADAJOZ	01:16:26	01:14:26	00:16:38	01:01:33
1076	2149	CARLOS F D ROSA	M	40	M4044	190	OS TONGAS	01:16:29	01:13:27	00:17:37	01:01:39
1077	2150	FRANCISCO SOARES	M	55	M5559	73	OS TONGAS	01:16:29	01:13:27	00:17:36	01:01:39
1078	1217	PEDRO MARQUES	M	37	M2039	440	FALCOES SELVAGENS	01:16:31	01:13:19	00:17:36	01:01:59
1079	1489	MANUEL SILVA	M	52	M5054	121	INDIVIDUAL	01:16:31	01:13:24	00:18:01	01:01:34
1080	1218	DIOGO BARRETO	M	20	M2039	441	FALCOES SELVAGENS	01:16:32	01:13:21	00:17:30	01:01:58
1081	1215	HUGO CHAMBEL	M	34	M2039	442	FALCOES SELVAGENS	01:16:34	01:13:23	00:17:29	01:01:57
1082	455	RAUL MATOS	M	43	M4044	191	RUN 4 FUN	01:16:35	01:15:41	00:13:22	00:59:58
1083	1062	LUIS SANTOS	M	47	M4549	170	AA LEBRES SADO	01:16:35	01:14:57	00:15:09	01:01:21
1084	2275	RUTH LOPES	F	41	F4044	12	PUMAS GUINCHO	01:16:36	01:14:41	00:16:14	01:01:24
1085	104	BENTO QUARESMA	M	39	M2039	443	LINDA PASTORA SC	01:16:37	01:15:51	00:13:35	01:00:15
1086	491	JOAO MIRANDA	M	24	M2039	444	INDIVIDUAL	01:16:39	01:14:56	00:16:38	01:03:06
1087	970	PEDRO CUSTODIO	M	43	M4044	192	GOLD TEAM	01:16:39	01:15:56	00:13:59	01:01:04
1088	1755	FILIPE CARREIRA	M	26	M2039	445	ANTI ABSTEMIOS	01:16:40	01:14:24	00:16:05	01:00:08

1089	457	DANIEL PEREIRA	M	39	M2039	446	INDIVIDUAL	01:16:41	01:15:23	00:15:20	01:01:21
1090	616	PEDRO A A NICOLAU	M	40	M4044	193	INDIVIDUAL	01:16:42	01:14:43	00:17:02	01:01:46
1091	560	PAULO PEREIRA	M	41	M4044	194	ASAS NOS PES	01:16:43	01:13:45	00:17:04	01:01:44
1092	463	ANTONIO FELICIANO	M	63	M6064	30	VETERANOS TEIXOSO	01:16:44	01:16:34	00:12:39	01:00:40
1093	1056	MIGUEL CASTELA	M	41	M4044	195	AA LEBRES SADO	01:16:44	01:13:49	00:17:01	01:01:52
1094	1936	PEDRO LOUREIRO	M	20	M2039	447	INDIVIDUAL	01:16:44	01:14:30	00:16:08	01:01:52
1095	2318	JOSE HENRIQUES	M	40	M4044	196	INDIVIDUAL	01:16:44	01:14:09	00:16:37	01:01:30
1096	538	MIGUEL DIAS	M	41	M4044	197	RUN 4 FUN	01:16:45	01:15:49	00:13:42	01:01:15
1097	1004	ALFREDO FALÇAO	M	47	M4549	171	RUN 4 FUN	01:16:46	01:15:46	00:14:09	01:00:42
1098	1206	JOSE MOGA	M	54	M5054	122	INDIVIDUAL	01:16:46	01:14:54	00:16:27	01:02:17
1099	1212	FERNANDO SILVA	M	47	M4549	172	INDIVIDUAL	01:16:46	01:14:53	00:16:27	01:02:18
1100	1247	JOSE SOUSA	M	50	M5054	123	CCD TRANQUILIDADE	01:16:46	01:14:46	00:16:01	01:01:18
1101	901	PEDRO BRITO	M	33	M2039	448	PES TROIKADOS	01:16:47	01:13:58	00:16:16	01:01:01
1102	2338	GRACA ROLDAO	F	48	F4599	15	OS TUGAS	01:16:47	01:13:55	00:17:07	01:01:57
1103	620	ANDRE COELHO	M	26	M2039	449	CP EDP LISBOA	01:16:48	01:15:11	00:16:18	01:01:26
1104	812	PEDRO RIBEIRO	M	34	M2039	450	TRIBO EXTREME	01:16:48	01:14:18	00:17:24	01:01:29
1105	662	MARIO R ROMAO	M	39	M2039	451	C MILLENNIUMBCP	01:16:49	01:14:46	00:15:49	01:01:32
1106	1172	RUI GAMA	M	41	M4044	198	CD GRUPO BES	01:16:49	01:16:49	00:12:33	00:59:54
1107	1481	PAULO J R FERNANDES	M	29	M2039	452	CP ALCANENA	01:16:49	01:15:37	00:14:47	01:00:51
1108	1512	NUNO M SILVA	M	57	M5559	74	GD INE	01:16:50	01:15:08	00:15:52	01:01:34
1109	1944	JOSE NEVES	M	33	M2039	453	CAFE RUI	01:16:53	01:14:39	00:17:21	01:02:41
1110	143	PEDRO RODRIGUES	M	42	M4044	199	INDIVIDUAL	01:16:54	01:14:35	00:16:20	01:01:30
1111	1946	PEDRO NEVES	M	31	M2039	454	CAFE RUI	01:16:54	01:14:39	00:17:21	01:02:40
1112	519	SERGIO P T SILVA	M	40	M4044	200	FORÇA	01:16:55	01:15:13	00:16:00	01:02:23
1113	1837	PEDRO LUIS MAIA	M	27	M2039	455	INDIVIDUAL	01:16:55	01:14:06	00:16:10	01:01:22
1114	2456	ANTONIO APURA	M	39	M2039	456	INDIVIDUAL	01:16:57	01:14:32	00:16:21	01:01:48
1115	191	PAULO NEVES	M	35	M2039	457	CCD SINTRENSE	01:16:58	01:16:25	00:13:06	01:00:33
1116	10	ILIDIO ML NOGUEIRA	M	29	M2039	458	INDIVIDUAL	01:16:59	01:13:59	00:17:24	01:02:27
1117	1075	OCTAVIO MARIANO	M	41	M4044	201	CCRD BURINHOSA	01:16:59	01:14:31	00:16:27	01:01:13
1118	103	ALEXANDRE D R FRUTUOSO	M	31	M2039	459	INDIVIDUAL	01:17:00	01:15:42	00:15:17	01:00:52
1119	752	EMIDIO J S EUSEBIO	M	34	M2039	460	INDIVIDUAL	01:17:00	01:16:08	00:13:43	01:00:20
1120	2560	AMERICO FERREIRA	M	60	M6064	31	OS BRAGUINHAS	01:17:01	01:15:58	00:13:50	01:01:07
1121	2562	JOSE SILVA	M	40	M4044	202	OS BRAGUINHAS	01:17:01	01:15:58	00:13:50	01:01:08
1122	599	MARIO J SILVA	M	50	M5054	124	GEORUNNERS	01:17:02	01:15:47	00:15:35	01:01:48
1123	1272	VITOR REVEZ	M	52	M5054	125	CD CA TE ESPERO	01:17:02	01:14:46	00:16:42	01:01:25
1124	927	RICARDO G M SILVA	M	33	M2039	461	LESMAS OESTE	01:17:05	01:14:35	00:17:52	01:01:59
1125	1124	MAURICIO ANTUNES	M	28	M2039	462	INDIVIDUAL	01:17:08	01:15:58	00:15:12	01:01:38
1126	2056	PAULO A SILVA	M	48	M4549	173	LEXVIS	01:17:08	01:16:12	00:14:14	01:01:06
1127	665	JOSE L N MARQUES	M	41	M4044	203	C MILLENNIUMBCP	01:17:09	01:16:04	00:14:53	01:01:35
1128	1559	PAULA SANTOS	F	42	F4044	13	OS TUGAS	01:17:09	01:15:08	00:16:17	01:01:41
1129	1794	CARLOS GOMES	M	40	M4044	204	NS SAO MIGUEL	01:17:09	01:15:32	00:16:30	01:01:50
1130	1169	PAULA JACOB	F	34	F2039	25	CD GRUPO BES	01:17:10	01:15:42	00:15:03	01:01:43
1131	1792	OSVALDO REIS	M	47	M4549	174	NS SAO MIGUEL	01:17:10	01:15:33	00:16:30	01:01:50
1132	681	CARLOS F A CORREIA	M	35	M2039	463	AS LEBRES RINCHOA	01:17:12	01:16:49	00:13:25	01:00:52
1133	1600	JOAO ROSA	M	31	M2039	464	MG333	01:17:12	01:16:23	00:13:28	01:00:46
1134	87	CARLOS GONCALVES	M	55	M5559	75	V-4	01:17:13	01:16:55	00:12:40	01:00:42
1135	658	OSCAR S MARQUES	M	57	M5559	76	C MILLENNIUMBCP	01:17:13	01:15:58	00:15:40	01:02:02
1136	1472	RUDOLFO S MARTINS	M	44	M4044	205	INDIVIDUAL	01:17:13	01:16:31	00:14:23	01:01:14
1137	110	CARLOS MAURICIO	M	45	M4549	175	INDIVIDUAL	01:17:17	01:15:03	00:16:30	01:02:08
1138	571	ISAIAS PEDRO	M	30	M2039	465	INDIVIDUAL	01:17:17	01:15:06	00:15:19	01:01:19
1139	1141	DIAMANTINO CRUZ	M	54	M5054	126	GDR FIGUEIRAS	01:17:17	01:15:51	00:15:23	01:00:32
1140	1192	ANTONIO FERNANDES	M	55	M5559	77	INDIVIDUAL	01:17:18	01:16:27	00:15:06	01:02:16
1141	680	ALBISIO M FERNANDES	M	57	M5559	78	RUN 4 FUN	01:17:20	01:16:24	00:14:29	01:01:16
1142	1437	MARCO A D CARMO	M	38	M2039	466	INDIVIDUAL	01:17:20	01:16:22	00:14:16	01:00:44
1143	52	BRUNO LOPES	M	31	M2039	467	INDIVIDUAL	01:17:22	01:16:38	00:14:12	01:00:39

1144	603	ANTONIO CORREIA	M	54	M5054	127	GEORUNNERS	01:17:22	01:15:50	00:15:22	01:01:48
1145	1515	PAULO PUGA	M	46	M4549	176	GD INE	01:17:22	01:15:39	00:15:52	01:01:56
1146	2144	ANTONIO MAMEDE	M	54	M5054	128	GELPINHOS	01:17:22	01:17:00	00:13:05	01:00:35
1147	2382	FILIPPE TOMAS	M	68	M6599	8	AC S MAMEDE	01:17:22	01:15:32	00:16:25	01:02:09
1148	912	JOSE A E ANJOS	M	49	M4549	177	AA SEIXAL	01:17:23	01:16:27	00:14:21	01:01:03
1149	2485	RUI C ALMEIDA	M	43	M4044	206	INDIVIDUAL	01:17:23	01:16:23	00:14:18	01:01:16
1150	2006	JOSE A P ESTEVES	M	59	M5559	79	INDIVIDUAL	01:17:24	01:16:44	00:13:53	01:01:27
1151	2088	MANUEL ZORRO	M	50	M5054	129	AA MAFRA	01:17:25	01:14:17	00:19:27	01:03:40
1152	667	MARIO J DUARTE	M	42	M4044	207	C MILLENNIUMBCP	01:17:27	01:15:09	00:16:57	01:02:41
1153	1091	LUIS CONCEICAO	M	52	M5054	130	CCRD BURINHOSA	01:17:29	01:15:01	00:16:26	01:01:56
1154	150	JOAO FONSECA	M	43	M4044	208	ALIVIADOS	01:17:30	01:16:41	00:15:09	01:02:04
1155	618	DANIEL REIS	M	38	M2039	468	INDIVIDUAL	01:17:31	01:15:47	00:16:34	01:02:11
1156	939	LUIS CARVALHO	M	38	M2039	469	LVTEAM	01:17:32	01:16:26	00:14:29	01:01:44
1157	1156	INES MARQUES	F	35	F2039	26	ADCR P JUDICIARIA	01:17:32	01:14:53	00:16:27	01:01:41
1158	1265	PEDRO MELO	M	39	M2039	470	COMPANHIA BAZOFIAS	01:17:32	01:15:35	00:15:41	01:01:51
1159	1155	VIRGILIO OLIVEIRA	M	51	M5054	131	ADCR P JUDICIARIA	01:17:33	01:14:54	00:16:26	01:01:41
1160	220	PAULA PENEDO	F	35	F2039	27	RAIL RUNNERS	01:17:34	01:15:13	00:16:16	01:02:35
1161	1808	VICTOR ROIOS	M	42	M4044	209	INDIVIDUAL	01:17:34	01:14:26	00:18:05	01:02:33
1162	1807	TIAGO CASTRO	M	39	M2039	471	INDIVIDUAL	01:17:35	01:14:27	00:18:05	01:02:33
1163	363	NORBERTO C E MOREIRA	M	59	M5559	80	AMIGOS LAGOS	01:17:36	01:14:46	00:16:51	01:02:02
1164	318	LUCIANO B R R PEREIRA	M	54	M5054	132	PORTO RUNNERS	01:17:37	01:14:32	00:16:50	01:02:12
1165	933	ANTONIO VENTURA	M	52	M5054	133	INDIVIDUAL	01:17:39	01:16:52	00:14:26	01:01:38
1166	367	JOSE RIBEIRO	M	46	M4549	178	FALCOES SELVAGENS	01:17:40	01:14:31	00:17:30	01:02:54
1167	629	PEDRO MAGALHAES	M	36	M2039	472	ARRASTASSOLAS	01:17:40	01:15:44	00:16:09	01:01:59
1168	836	JOANA C REBELO	F	31	F2039	28	TERRORES ASFALTO	01:17:40	01:15:17	00:16:40	01:02:00
1169	2057	ALICE MOUTINHO	F	48	F4599	16	INDIVIDUAL	01:17:40	01:14:53	00:17:01	01:02:10
1170	727	RICARDO DA SILVA CARVALHEIRO	M	36	M2039	473	INDIVIDUAL	01:17:42	01:16:25	00:16:18	01:01:58
1171	1905	JORGE FERREIRA	M	47	M4549	179	RUNNING OF D MARIA	01:17:42	01:17:42	#N/D	00:59:45
1172	1906	PAULO MARTINS	M	44	M4044	210	RUNNING OF D MARIA	01:17:42	01:15:50	00:16:11	01:01:27
1173	1275	JAIME MESTRE	M	41	M4044	211	GD AGUIA MOITA	01:17:43	01:16:04	00:16:12	01:02:43
1174	1564	ALBERTO M F NUNES	M	52	M5054	134	INDIVIDUAL	01:17:43	01:16:12	00:15:50	01:02:00
1175	844	NELSON SATURNINO	M	38	M2039	474	GP RUNNERS	01:17:44	01:15:07	00:17:10	01:03:27
1176	2457	PEDRO A OLIVEIRA	M	38	M2039	475	INDIVIDUAL	01:17:44	01:15:20	00:16:42	01:02:26
1177	2274	CRISTINA GAVINHO	F	35	F2039	29	PUMAS GUINCHO	01:17:45	01:15:49	00:16:14	01:02:03
1178	309	PEDRO G SILVA	M	38	M2039	476	INDIVIDUAL	01:17:46	01:15:06	00:16:34	01:02:23
1179	164	RUI J SILVA	M	45	M4549	180	LIBERDADE FC	01:17:47	01:17:09	00:14:38	01:02:18
1180	1114	PAULO LUIS	M	48	M4549	181	INDIVIDUAL	01:17:48	01:15:22	00:16:39	01:01:39
1181	2050	ANTONIO DUARTE	M	51	M5054	135	SCALABIS N RUNNERS	01:17:48	01:15:10	00:17:05	01:02:35
1182	1070	ADELINO PARREIRA	M	56	M5559	81	INDIVIDUAL	01:17:49	01:16:38	00:14:49	01:01:39
1183	1181	RICARDO SOUSA	M	33	M2039	477	BOAVISTA RUN	01:17:49	01:15:53	00:15:58	01:02:05
1184	1454	NEVES SILVA	M	59	M5559	82	C FERROV PORTUGAL	01:17:52	01:15:58	00:15:58	01:02:01
1185	582	TIAGO INACIO	M	29	M2039	478	C BENFICA ALHANDRA	01:17:53	01:16:34	00:15:49	01:01:36
1186	1681	HENRIQUE ALVAREDO	M	54	M5054	136	C SARGENTO ARMADA	01:17:53	01:16:03	00:15:53	01:01:48
1187	1907	JORGE SIMOES	M	43	M4044	212	RUNNING OF D MARIA	01:17:53	01:17:53	#N/D	00:59:45
1188	1799	JOSE A S PEREIRA	M	55	M5559	83	INDIVIDUAL	01:17:54	01:17:15	00:14:37	01:02:09
1189	1826	JOSE C CANHOLA	M	40	M4044	213	INDIVIDUAL	01:17:54	01:15:38	00:16:07	01:02:01
1190	430	RUI MATOS	M	34	M2039	479	MM	01:17:55	01:16:19	00:15:56	01:02:37
1191	2269	ANTONIO P SIMOES	M	36	M2039	480	HORTAPRONTA SA	01:17:56	01:17:30	00:13:03	01:00:55
1192	139	DAVID ALMEIDA	M	41	M4044	214	SAPATILHAS ARDENTES	01:17:57	01:16:08	00:15:39	01:01:47
1193	931	ALBINO OLIVEIRA	M	62	M6064	32	INDIVIDUAL	01:17:57	01:17:28	00:13:36	01:01:35
1194	311	JOSE C ALMEIDA	M	41	M4044	215	INDIVIDUAL	01:17:58	01:17:45	00:12:36	01:01:06
1195	1670	MAGNIFICA ALVAREDO	F	57	F4599	17	C SARGENTO ARMADA	01:18:00	01:16:41	00:15:19	01:02:07
1196	609	RICARDO REIS	M	34	M2039	481	INDIVIDUAL	01:18:01	01:15:17	00:16:32	01:02:23
1197	890	PEDRO F M SILVA	M	27	M2039	482	INDIVIDUAL	01:18:01	01:16:13	00:15:26	01:02:19
1198	2113	ROGERIO SANTOS	M	35	M2039	483	SMO RUNNERS	01:18:02	01:15:45	00:16:57	01:02:16

1199	2114	FERNANDO RAMOS	M	37	M2039	484	SMO RUNNERS	01:18:02	01:15:44	00:16:57	01:02:16
1200	231	JOSE CALADO	M	30	M2039	485	PERNAS GAFANHOTO	01:18:03	01:15:02	00:16:52	01:02:55
1201	2557	ANTONIO MAGALHAES	M	65	M6599	9	OS BRAGUINHAS	01:18:04	01:17:02	00:15:33	01:02:25
1202	101	DUARTE M L FARIA	M	24	M2039	486	INDIGO	01:18:05	01:16:02	00:15:37	01:01:24
1203	814	PEDRO M L PEREIRA	M	27	M2039	487	CNCVG	01:18:05	01:16:10	00:16:15	01:02:05
1204	2100	LEONEL AMARO	M	47	M4549	182	AA MAFRA	01:18:05	01:16:11	00:16:22	01:02:05
1205	1053	ALBERTO SA	M	59	M5559	84	TURBO-LENTOS	01:18:06	01:15:34	00:17:50	01:03:05
1206	1495	JOAO SANTOS	M	35	M2039	488	GDC PORTO SINES	01:18:06	01:17:23	00:14:19	01:01:50
1207	1318	ALEXANDRE P LIVERIO	M	39	M2039	489	INDIVIDUAL	01:18:07	01:16:27	00:15:34	01:02:10
1208	29	ANTONIO J R BATISTA	M	42	M4044	216	POUCOS MAS BONOS	01:18:08	01:17:14	00:14:46	01:02:17
1209	233	NUNO LUCAS	M	32	M2039	490	PERNAS GAFANHOTO	01:18:08	01:15:20	00:16:45	01:02:13
1210	1167	JOSE PEQUENO	M	36	M2039	491	CD GRUPO BES	01:18:09	01:17:45	00:12:35	00:59:44
1211	2499	PAULO ANTONIO	M	47	M4549	183	MIRANTENSE FC	01:18:09	01:18:05	00:12:19	01:01:28
1212	1625	TELMA ALVES	F	26	F2039	30	CCD O ALVITEJO	01:18:10	01:17:32	00:13:48	01:01:25
1213	2025	MIGUEL BALTAZAR	M	37	M2039	492	ANIMESALUS	01:18:10	01:15:06	00:18:25	01:03:33
1214	2026	SUSANA MARTINS	F	34	F2039	31	ANIMESALUS	01:18:11	01:15:11	00:18:25	01:03:32
1215	1233	VITOR TEIXEIRA	M	51	M5054	137	INDIVIDUAL	01:18:12	01:15:06	00:17:50	01:03:09
1216	196	MANUEL C PAULO	M	55	M5559	85	ODEBRECHT/BPC	01:18:15	01:16:59	00:14:43	01:01:19
1217	1900	HELDER PARDAL	M	34	M2039	493	C ORIENTAÇÃO AVENTURA	01:18:16	01:17:01	00:14:17	01:01:00
1218	1080	TELMO PEDROSO	M	38	M2039	494	CCRD BURINHOSA	01:18:18	01:16:44	00:15:08	01:01:43
1219	2250	JOAQUIM MACEDO	M	57	M5559	86	GD MACEDO OCULISTA	01:18:19	01:16:15	00:16:09	01:02:35
1220	2255	LUIS MACEDO	M	33	M2039	495	GD MACEDO OCULISTA	01:18:19	01:16:12	00:16:09	01:02:34
1221	84	GABRIELA O FREITAS	F	32	F2039	32	INDIVIDUAL	01:18:20	01:16:44	00:15:16	01:02:07
1222	1289	SERGIO SILVA	M	38	M2039	496	AC VERMOIL	01:18:20	01:15:34	00:16:41	01:02:44
1223	821	FILIPPE FRAGA	M	49	M4549	184	HAND2HAND	01:18:23	01:17:07	00:15:24	01:02:47
1224	1462	MANUEL TRINDADE	M	55	M5559	87	ADCEO	01:18:23	01:17:08	00:14:56	01:01:58
1225	444	GILBERTO SANTOS	M	42	M4044	217	MIMADOS DOPAPA	01:18:27	01:17:43	00:13:00	01:01:22
1226	1878	ALBERTINO P SANTOS	M	67	M6599	10	INDIVIDUAL	01:18:28	01:18:06	00:13:45	01:01:56
1227	2122	RAUL B CORREIA	M	47	M4549	185	GELPINHOS	01:18:28	01:18:07	00:13:42	01:01:56
1228	1099	VITOR SEBASTIAO	M	25	M2039	497	INDIVIDUAL	01:18:29	01:16:20	00:17:35	01:03:39
1229	1599	JOAO ARAUJO	M	21	M2039	498	INDIVIDUAL	01:18:29	01:16:07	00:16:20	01:02:18
1230	2296	RUDOLFO J S P P QUINTAS	M	31	M2039	499	GCA DONAS	01:18:29	01:17:43	00:14:12	01:01:37
1231	751	FERNANDO TOMAZ	M	42	M4044	218	TO BE PROJECT	01:18:30	01:17:04	00:15:07	01:02:51
1232	2535	ABILIO COSTA	M	58	M5559	88	OS BRAGUINHAS	01:18:30	01:17:55	00:14:41	01:02:23
1233	477	DAVID GONCALVES	M	37	M2039	500	WHY NOT RUN	01:18:31	01:16:49	00:14:43	01:01:18
1234	563	JOAO BEIRAO	M	59	M5559	89	ASAS NOS PES	01:18:34	01:16:37	00:15:35	01:01:59
1235	1057	LUIS OLIVEIRA	M	42	M4044	219	AA LEBRES SADO	01:18:34	01:15:39	00:17:02	01:01:46
1236	189	ROSA CARITA	F	52	F4599	18	CCD SINTRENSE	01:18:35	01:17:56	00:14:10	01:02:14
1237	2042	FREDERIC SERRE	M	44	M4044	220	OS ZATOPQUES	01:18:35	01:15:26	00:17:09	01:02:34
1238	1377	MANUEL BRITO	M	53	M5054	138	CA BARREIRA	01:18:38	01:16:15	00:16:50	01:03:14
1239	1547	GONCALO JANUARIO	M	25	M2039	501	CPR A BARBAS	01:18:38	01:18:22	00:13:48	01:02:16
1240	1499	ANTONIO MARQUES	M	57	M5559	90	GD INE	01:18:39	01:16:56	00:15:56	01:02:20
1241	1854	ROMINA P GUEDES	F	29	F2039	33	INDIVIDUAL	01:18:39	01:17:54	00:14:29	01:02:25
1242	695	GIL COSTA	M	52	M5054	139	INDIVIDUAL	01:18:40	01:15:53	00:18:10	01:03:21
1243	1565	RUI FILIPE	M	38	M2039	502	BIGFEET	01:18:40	01:17:22	00:15:28	01:02:30
1244	92	PAULO PESSOA	M	49	M4549	186	LX RUN	01:18:42	01:17:11	00:16:25	01:02:50
1245	214	JOSE LUIS DIAS	M	45	M4549	187	RAIL RUNNERS	01:18:42	01:16:13	00:16:41	01:02:36
1246	1103	CLAUDIO OLIVEIRA	M	29	M2039	503	INDIVIDUAL	01:18:42	01:16:36	00:17:35	01:03:39
1247	2488	ANTONIO MAMEDE	M	49	M4549	188	CSP CM PENICHE	01:18:42	01:17:24	00:15:28	01:02:30
1248	2392	NUNO VENTURA	M	39	M2039	504	WIKABOO	01:18:43	01:18:01	00:13:47	01:01:26
1249	989	ISABEL MARTINS	F	41	F4044	14	GARMIN/ CO OEIRAS	01:18:44	01:17:24	00:15:44	01:03:04
1250	1361	ANTONIO SILVINO	M	48	M4549	189	CA BARREIRA	01:18:44	01:17:09	00:16:33	01:03:07
1251	2377	ANABELA R G DUQUE	F	42	F4044	15	AC S MAMEDE	01:18:45	01:17:10	00:16:33	01:03:07
1252	891	GUILHERME ANTUNES	M	47	M4549	190	INDIVIDUAL	01:18:46	01:17:26	00:15:44	01:03:07
1253	2164	ADERITO TEIXEIRA	M	67	M6599	11	GD SANTANDER TOTTA	01:18:46	01:17:53	00:13:45	01:01:12

1254	790	LUIS A S C FRANCO	M	48	M4549	191	INDIVIDUAL	01:18:47	01:18:13	00:14:22	01:02:54
1255	405	JOAO CURVELO	M	37	M2039	505	LEBRES OUTURELA	01:18:48	01:15:37	00:17:43	01:04:04
1256	741	NELSON CRUZ	M	38	M2039	506	SEIXEIRA JUNCAL	01:18:49	01:16:57	00:16:24	01:03:20
1257	2524	RUI MARTINS	M	32	M2039	507	SS CGD	01:18:49	01:15:43	00:18:04	01:02:47
1258	1413	NUNO P RODRIGUES	M	35	M2039	508	INDIVIDUAL	01:18:52	01:18:08	00:14:23	01:02:42
1259	466	FILIPPE PROENCA	M	57	M5559	91	VETERANOS TEIXOSO	01:18:54	01:18:44	00:13:34	01:01:30
1260	465	ANTONIO PAIS	M	56	M5559	92	VETERANOS TEIXOSO	01:18:55	01:18:44	00:13:26	01:01:23
1261	2217	ALBERTO CANO	M	59	M5559	93	CAA BELEM	01:18:58	01:16:49	00:15:41	01:03:28
1262	1274	CARLOS SECO	M	52	M5054	140	GD AGUIA MOITA	01:18:59	01:17:22	00:16:12	01:02:50
1263	1740	SUSANA ROSA	F	20	F2039	34	C BENFICA ABRANTES	01:18:59	01:17:05	00:15:31	01:01:30
1264	142	JOSE C A TRONCOSO	M	51	M5054	141	INDIVIDUAL	01:19:00	01:18:13	00:14:02	01:02:42
1265	403	ANTONIO DESIDERIO	M	45	M4549	192	RUN 4 FUN	01:19:00	01:16:30	00:17:26	01:04:14
1266	1060	PAULO FERNANDES	M	39	M2039	509	AA LEBRES SADO	01:19:01	01:16:14	00:17:20	01:02:59
1267	316	JOAO VEIGA	M	23	M2039	510	RUN 4 FUN	01:19:02	01:16:32	00:16:49	01:03:32
1268	556	CARLOS LAVADINHO	M	41	M4044	221	INDIVIDUAL	01:19:02	01:17:11	00:16:45	01:03:37
1269	1502	CARLOS DIAS	M	52	M5054	142	GD INE	01:19:03	01:17:18	00:15:58	01:03:06
1270	763	PEDRO M B RAPOSO	M	28	M2039	511	BROGUEIRA	01:19:04	01:16:26	00:17:44	01:04:20
1271	279	JORGE PAULO	M	53	M5054	143	RUN 4 FUN	01:19:05	01:17:29	00:16:08	01:03:07
1272	402	JOSE MAGALHAES	M	45	M4549	193	RUN 4 FUN	01:19:05	01:16:36	00:17:27	01:03:32
1273	90	SANDRINA C CUNHA	F	29	F2039	35	INDIVIDUAL	01:19:06	01:16:31	00:18:07	01:04:33
1274	89	ANDRE J LEANDRO	M	28	M2039	512	INDIVIDUAL	01:19:07	01:16:30	00:18:07	01:04:33
1275	281	HORACIO VIEIRA	M	62	M6064	33	INDIVIDUAL	01:19:07	01:17:39	00:15:32	01:03:06
1276	1264	FERNANDO ROTHES	M	42	M4044	222	COMPANHIA BAZOFIAS	01:19:08	01:17:16	00:14:49	01:01:44
1277	2236	AMERICO POMBO	M	47	M4549	194	GD MACEDO OCULISTA	01:19:08	01:17:26	00:16:47	01:03:18
1278	787	MANUEL FERREIRA	M	60	M6064	34	GINASIO PONTE FC	01:19:14	01:17:52	00:16:07	#N/D
1279	2247	FILIPPE RIO	M	31	M2039	513	GD MACEDO OCULISTA	01:19:14	01:16:22	00:17:20	01:03:27
1280	97	PEDRO CARVALHO	M	39	M2039	514	INDIVIDUAL	01:19:16	01:15:58	00:18:31	01:04:45
1281	235	ANTONIO CANDEIAS	M	50	M5054	144	FALCOES SELVAGENS	01:19:16	01:16:09	00:17:31	01:02:54
1282	633	FERNANDO ALVES	M	29	M2039	515	INDIVIDUAL	01:19:16	01:15:58	00:18:31	01:04:44
1283	791	CARLOS M P BENAVENTE	M	52	M5054	145	INDIVIDUAL	01:19:16	01:17:57	00:15:21	01:02:50
1284	1185	ANTONIO PICA	M	63	M6064	35	INDIVIDUAL	01:19:16	01:18:41	00:14:39	01:02:32
1285	1524	SILVIA M NEVES	F	28	F2039	36	MAXIGYM	01:19:16	01:18:01	00:14:47	01:02:33
1286	1686	CARLOS PEREIRA	M	41	M4044	223	GD SANTANDER TOTTA	01:19:16	01:19:16	00:13:55	01:03:00
1287	1211	ANTONIO MARTINHO	M	59	M5559	94	INDIVIDUAL	01:19:17	01:18:41	00:14:38	01:02:32
1288	2190	EDUARDO D BERNARDO	M	41	M4044	224	CLUBE VODAFONE	01:19:19	01:19:02	00:13:42	01:02:29
1289	94	JOAO FIALHO	M	41	M4044	225	RUN 4 FUN	01:19:20	01:16:53	00:17:06	01:04:43
1290	2340	ANTONIO GONCALVES	M	50	M5054	146	OS TUGAS	01:19:20	01:16:27	00:17:04	01:03:34
1291	645	JOSE M F DIAS	M	47	M4549	195	C MILLENNIUMBCP	01:19:22	01:17:59	00:15:54	01:03:03
1292	2349	ALEXANDRE CARMO	M	20	M2039	516	CA OBIDOS	01:19:25	01:16:05	00:18:17	01:04:04
1293	168	TOMAS SOUSA	M	35	M2039	517	OS SUPER	01:19:26	01:17:55	00:15:42	01:03:19
1294	1199	FERNANDO AVELINO	M	52	M5054	147	INDIVIDUAL	01:19:27	01:18:31	00:15:08	01:02:38
1295	1200	JORGE TEIXEIRA	M	36	M2039	518	INDIVIDUAL	01:19:27	01:18:32	00:15:08	01:02:39
1296	1201	JORGE LOURENCO	M	46	M4549	196	INDIVIDUAL	01:19:27	01:18:32	00:15:07	01:02:39
1297	2265	TIAGO R R MINEIRO	M	30	M2039	519	INDIVIDUAL	01:19:27	01:16:46	00:17:52	01:04:52
1298	284	PAULO RAPOSO	M	39	M2039	520	RUN 4 FUN	01:19:28	01:16:59	00:18:06	01:04:43
1299	1461	JOAO RIBEIRO	M	44	M4044	226	INDIVIDUAL	01:19:29	01:16:57	00:17:56	01:03:29
1300	1864	TELMO F S S PINTO	M	39	M2039	521	INDIVIDUAL	01:19:29	01:17:45	00:16:24	01:04:19
1301	2101	ANGELO PEREIRA	M	54	M5054	148	AA MAFRA	01:19:31	01:17:35	00:16:21	01:03:40
1302	2080	JORGE FONSECA	M	44	M4044	227	OS SANTARENOS	01:19:34	01:19:09	00:12:50	01:01:29
1303	2216	LUIS ROSA	M	59	M5559	95	CAA BELEM	01:19:35	01:18:22	00:15:22	01:03:28
1304	2354	PEDRO ROBERTO	M	45	M4549	197	CA OBIDOS	01:19:37	01:17:07	00:17:51	01:03:57
1305	2207	JOSE CRESPO	M	46	M4549	198	CLUBE STRESS	01:19:38	01:16:22	00:18:02	01:05:03
1306	2327	MARCO CHARRUA	M	44	M4044	228	INDIVIDUAL	01:19:39	01:17:03	00:17:11	01:04:00
1307	587	CELIA P NUNO	F	45	F4599	19	INDIVIDUAL	01:19:40	01:19:20	00:14:08	01:03:21
1308	1345	ALDEMIRO SIMOES	M	28	M2039	522	FRUFRESH RUNNERS	01:19:40	01:17:12	00:16:40	01:03:06



1309	1428	JULIO F B PEREIRA	M	59	M5559	96	RAPOTAXO	01:19:40	01:19:17	00:13:17	01:02:03
1310	1248	JOSE AIRES	M	54	M5054	149	CCD TRANQUILIDADE	01:19:41	01:17:39	00:16:29	01:03:46
1311	724	LUIS BARROS	M	40	M4044	229	INDIVIDUAL	01:19:43	01:16:53	00:18:02	01:05:03
1312	2303	ISA D S B M CARVALHO	F	23	F2039	37	GCA DONAS	01:19:44	01:18:57	00:14:45	01:03:05
1313	72	LUIS PENTEADO	M	41	M4044	230	BUERAPIDOS	01:19:46	01:16:51	00:18:15	01:04:35
1314	703	RAFAEL FERNANDES	M	28	M2039	523	ATOMIC TEAM	01:19:47	01:18:37	00:15:18	01:04:13
1315	483	EMANUEL RIBEIRINHO	M	33	M2039	524	INDIVIDUAL	01:19:48	01:17:38	00:15:51	01:03:37
1316	1631	LUIS CASTANHEIRA	M	27	M2039	525	INDIVIDUAL	01:19:48	01:18:06	00:17:33	01:05:05
1317	30	JOAO L P OLIVEIRA	M	32	M2039	526	POUCOS MAS BONS	01:19:49	01:18:53	00:14:47	01:02:29
1318	1205	LUCIANO TOMAS	M	55	M5559	97	INDIVIDUAL	01:19:51	01:17:58	00:16:28	01:03:22
1319	906	VICTOR ROLO	M	34	M2039	527	INDIVIDUAL	01:19:52	01:19:33	00:12:57	01:02:32
1320	1561	ANTONIO FRANCO	M	47	M4549	199	INDIVIDUAL	01:19:52	01:17:58	00:16:28	01:04:22
1321	1851	ALBERTO J R RODRIGUES	M	43	M4044	231	INDIVIDUAL	01:19:57	01:19:26	00:14:17	01:02:40
1322	1117	NUNO ALVES	M	37	M2039	528	INDIVIDUAL	01:19:58	01:17:08	00:18:04	01:05:04
1323	2245	DINIS MORAIS	M	42	M4044	232	GD MACEDO OCULISTA	01:19:58	01:18:20	00:14:29	01:02:38
1324	1083	RUI VENTURA	M	51	M5054	150	CCRD BURINHOSA	01:19:59	01:19:25	00:14:29	01:03:11
1325	642	LUDGERO B RODRIGUES	M	56	M5559	98	C MILLENNIUMBCP	01:20:00	01:18:33	00:15:46	01:03:50
1326	1534	HUGO DINIS	M	34	M2039	529	INDIVIDUAL	01:20:01	01:18:23	00:16:25	01:03:11
1327	1003	CARLOS F J JORGE	M	26	M2039	530	OS PINHEIRENSES	01:20:02	01:19:22	00:12:49	01:02:20
1328	1717	JACINTO BETTENCOURT	M	56	M5559	99	INDIVIDUAL	01:20:02	01:17:01	00:18:14	01:04:42
1329	1369	JOAO FAUSTINO	M	60	M6064	36	CA BARREIRA	01:20:03	01:18:42	00:15:42	01:03:53
1330	1640	ESTELA COSTA	F	37	F2039	38	C BENFICA ALG M MARTINS	01:20:03	01:19:46	00:13:18	01:03:02
1331	2054	ESMERALDO B ALMEIDA	M	53	M5054	151	LEXVIS	01:20:03	01:19:05	00:14:13	01:03:17
1332	1753	RICARDO COSTA	M	32	M2039	531	ANTI ABSTEMIOS	01:20:05	01:17:55	00:16:16	01:03:46
1333	2262	VITO SILVA	M	59	M5559	100	INDIVIDUAL	01:20:05	01:19:54	00:13:47	01:02:53
1334	761	JOSE L N FREITAS	M	60	M6064	37	BROGUEIRA	01:20:06	01:17:25	00:17:44	01:04:20
1335	1017	DINA MARIA MOTA	F	44	F4044	16	AA LEBRES SADO	01:20:07	01:18:26	00:16:18	01:04:10
1336	1018	ROGERIO P MOTA	M	44	M4044	233	AA LEBRES SADO	01:20:07	01:18:27	00:16:19	01:04:09
1337	1947	RICARDO RODRIGUES	M	30	M2039	532	CAFE RUI	01:20:09	01:17:56	00:17:20	01:04:21
1338	41	JOSE L AGAPITO	M	34	M2039	533	INDIVIDUAL	01:20:10	01:17:06	00:18:14	01:04:54
1339	670	PAULO J CAETANO	M	44	M4044	234	C MILLENNIUMBCP	01:20:10	01:17:31	00:18:24	01:05:29
1340	956	CARLOS D F C TEIXEIRA	M	52	M5054	152	LEBRES TARTARUGAS	01:20:11	01:18:45	00:14:39	01:03:40
1341	2320	NUNO A A JACINTO	M	37	M2039	534	CPRC BAIRRO	01:20:11	01:19:28	00:13:13	01:01:45
1342	91	PEDRO G ESTEVAO	M	32	M2039	535	INDIVIDUAL	01:20:13	01:18:26	00:16:18	01:03:49
1343	596	ANA C CARNEIRO	F	25	F2039	39	TGV	01:20:13	01:19:31	00:13:33	01:03:10
1344	713	SELENE LIMA	F	28	F2039	40	RUN 4 FUN	01:20:14	01:17:46	00:17:05	01:04:16
1345	2311	JOEL SANTOS	M	36	M2039	536	I2S	01:20:14	01:17:58	00:16:48	01:04:16
1346	2526	JOSE A LEON	M	32	M2039	537	INDIVIDUAL	01:20:14	01:19:36	00:14:17	01:03:32
1347	1323	ICARO S SILVA	M	24	M2039	538	GAA VILA FRANCA XIRA	01:20:15	01:18:56	00:16:13	01:03:53
1348	575	VICTOR CORREIA	M	31	M2039	539	TRIBO EXTREME	01:20:17	01:17:46	00:17:25	01:03:20
1349	718	HELENA M SILVA	F	44	F4044	17	INDIVIDUAL	01:20:17	01:18:09	00:16:59	01:04:30
1350	1457	RAMOS QUERIDO	M	50	M5054	153	C FERROV PORTUGAL	01:20:18	01:18:39	00:15:53	01:03:51
1351	111	ORLANDO ZACARIAS	M	60	M6064	38	INDIVIDUAL	01:20:19	01:18:54	00:16:01	01:04:02
1352	632	CARLA MOREIRA	F	37	F2039	41	ARRASTASSOLAS	01:20:22	01:18:27	00:16:09	01:03:22
1353	2209	MARIA CONCHINHA	F	53	F4599	20	CLUBE STRESS	01:20:22	01:18:38	00:16:09	01:04:10
1354	1486	LUIS FILIPE S RAMOS	M	32	M2039	540	INDIVIDUAL	01:20:24	01:18:10	00:17:49	01:04:44
1355	53	MARIO P S APOLINARIO	M	38	M2039	541	INDIVIDUAL	01:20:26	01:19:27	00:15:40	01:03:58
1356	683	JOAO MIRANTE	M	26	M2039	542	NEL - PEDATLETA	01:20:26	01:17:46	00:17:53	01:06:03
1357	1426	AUGUSTO A S G FERREIRA	M	56	M5559	101	RAPOTAXO	01:20:26	01:19:54	00:13:25	01:02:09
1358	1731	JOSE NETO	M	53	M5054	154	CAETANO COATINGS	01:20:26	01:19:29	00:15:40	01:03:58
1359	393	MARGARIDA PINTO	F	39	F2039	42	GAB FISIO DESPORTO	01:20:28	01:19:43	00:14:58	01:03:51
1360	394	FERNANDO CASTANHEIRA	M	41	M4044	235	GAB FISIO DESPORTO	01:20:28	01:19:42	00:14:56	01:03:51
1361	396	SISSI FRANCO	F	29	F2039	43	GAB FISIO DESPORTO	01:20:28	01:19:41	00:14:58	01:03:52
1362	262	CARLOS A A DIAS	M	46	M4549	200	INDIVIDUAL	01:20:29	01:17:25	00:18:09	01:05:01
1363	899	BRUNO JULIAO	M	31	M2039	543	PES TROIKADOS	01:20:30	01:17:37	00:16:44	01:04:54

1364	2469	NUNO EVANGELISTA	M	31	M2039	544	A 20 KM ALMEIRIM	01:20:31	01:17:06	00:18:22	01:05:25
1365	1937	FERNANDO L ANTUNES	M	51	M5054	155	ESAL	01:20:33	01:18:37	00:15:56	01:04:13
1366	1131	PAULO MORENO	M	35	M2039	545	GDR FIGUEIRAS	01:20:34	01:19:50	00:14:09	01:03:55
1367	745	PEDRO D SIMOES	M	41	M4044	236	INDIVIDUAL	01:20:36	01:19:31	00:15:12	01:04:29
1368	1589	CARLA S VALADAS	F	34	F2039	44	GD BANCO BPI	01:20:37	01:19:10	00:15:46	01:03:47
1369	2520	MIGUEL REIS	M	36	M2039	546	SS CGD	01:20:38	01:18:48	00:16:22	01:04:24
1370	640	JOSE A P FERREIRA	M	45	M4549	201	C MILLENNIUMBCP	01:20:39	01:19:11	00:15:51	01:04:17
1371	1701	LUCIO SILVA	M	45	M4549	202	GD SANTANDER TOTTA	01:20:39	01:17:27	00:18:08	01:04:51
1372	54	JOAO F G CLAUDIO	M	40	M4044	237	INDIVIDUAL	01:20:40	01:19:43	00:15:40	01:03:59
1373	133	JOAO AGUIAR	M	26	M2039	547	SAPATILHAS ARDENTES	01:20:40	01:19:23	00:15:51	01:03:56
1374	1069	ISABEL LEOMARO	F	53	F4599	21	LEOMARO	01:20:40	01:17:49	00:18:39	01:05:06
1375	134	MANUEL VALA	M	49	M4549	203	INDIVIDUAL	01:20:41	01:19:23	00:15:51	01:03:56
1376	1434	CARLA SANTOS	F	28	F2039	45	ATOMIC TEAM	01:20:44	01:19:36	00:15:18	01:04:13
1377	610	PATRICIA LOURENCO	F	33	F2039	46	INDIVIDUAL	01:20:46	01:18:02	00:16:42	01:04:37
1378	36	JOSE C VIEIRA	M	35	M2039	548	LX RUN	01:20:48	01:19:16	00:16:28	01:04:31
1379	57	PEDRO GOUVEIA	M	36	M2039	549	LX RUN	01:20:48	01:19:20	00:15:49	01:04:26
1380	1054	JOSE M CARNEIRO	M	60	M6064	39	TURBO-LENTOS	01:20:49	01:18:14	00:17:51	01:04:37
1381	2111	ALEXANDRE RODRIGUES	M	36	M2039	550	AA MAFRA	01:20:52	01:18:57	00:16:26	01:03:53
1382	1763	JOAO RICARDO	M	49	M4549	204	GDR FIGUEIRAS	01:20:55	01:19:06	00:16:36	01:04:30
1383	1812	MANUEL BRITES	M	56	M5559	102	ACR SOUTOS	01:20:56	01:17:36	00:17:38	01:04:53
1384	785	FERNANDO PEREIRA	M	56	M5559	103	GINASIO PONTE FC	01:20:57	01:19:33	00:16:42	01:04:08
1385	2206	JOSE CONCHINHA	M	60	M6064	40	CLUBE STRESS	01:20:57	01:19:14	00:16:25	01:04:25
1386	1468	MARIO VITORIA	M	42	M4044	238	OS BELOURAS	01:20:58	01:20:00	00:14:51	01:04:00
1387	481	JOSE E M MARIQUITOS	M	50	M5054	156	A ESTAÇÃO ORTIGA	01:21:00	01:17:46	00:18:09	01:04:57
1388	2157	NELSON LOPES	M	33	M2039	551	BALANCE CLUB	01:21:00	01:19:33	00:16:10	01:03:41
1389	2248	INACIO GONCALVES	M	60	M6064	41	GD MACEDO OCULISTA	01:21:01	01:18:41	00:17:19	01:04:30
1390	1868	AUGUSTO F D SANTOS	M	57	M5559	104	AMIGOS PARQUE	01:21:02	01:19:58	00:16:04	01:05:12
1391	2112	ANDRE ALMEIDA	M	36	M2039	552	AA MAFRA	01:21:02	01:19:04	00:16:27	01:03:54
1392	2360	MANUEL SEQUEIRA	M	61	M6064	42	GDCT REPSOL	01:21:02	01:18:59	00:16:23	01:04:28
1393	1418	JOAQUIM J F SANTANA	M	28	M2039	553	OS KOTA BIKE TEAM	01:21:04	01:18:51	00:17:33	01:04:54
1394	71	FERNANDO CARVALHO	M	41	M4044	239	BUERAPIDOS	01:21:05	01:18:09	00:18:15	01:05:09
1395	2124	RAMIRO PEREIRA	M	49	M4549	205	GELPINHOS	01:21:05	01:20:52	00:13:46	01:04:00
1396	2128	ROMAO J GUINCHO	M	59	M5559	105	GELPINHOS	01:21:08	01:20:51	00:13:55	01:04:00
1397	2331	RICARDO CAPELO	M	27	M2039	554	GD CIMPOR	01:21:08	01:18:50	00:17:34	01:05:21
1398	356	RUI P M M SANTOS	M	37	M2039	555	RUN4MINIS	01:21:09	01:17:50	00:18:16	01:05:47
1399	762	HELENA I L FREITAS	F	29	F2039	47	BROGUEIRA	01:21:09	01:18:28	00:17:44	01:04:51
1400	1649	JOAQUIM HERMENEGILDO	M	49	M4549	206	C BENFICA ALG M MARTINS	01:21:09	01:20:10	00:15:16	01:04:53
1401	1107	MIGUEL MENDES	M	58	M5559	106	INDIVIDUAL	01:21:10	01:18:28	00:18:04	01:05:59
1402	675	FERNANDO REIS	M	35	M2039	556	FLAC	01:21:11	01:18:03	00:17:49	01:05:12
1403	966	JORGE ESTEVES	M	47	M4549	207	RUN 4 FUN	01:21:11	01:20:15	00:14:36	01:04:10
1404	1758	RODRIGO SILVA	M	32	M2039	557	CP PONTEVEL	01:21:11	01:18:28	00:17:40	01:04:59
1405	415	HENRIQUE RUIVO	M	50	M5054	157	INDIVIDUAL	01:21:14	01:20:07	00:15:11	01:04:38
1406	2451	SERGIO PAULO	M	35	M2039	558	OS PINHEIROS	01:21:14	01:19:45	00:14:48	01:03:57
1407	2495	FERNANDO PIRES	M	42	M4044	240	METRO 2011	01:21:14	01:21:14	#N/D	01:06:26
1408	1689	DANIEL PIRES	M	40	M4044	241	GD SANTANDER TOTTA	01:21:15	01:18:06	00:16:54	01:05:02
1409	1933	CARLOS PATRICIO	M	41	M4044	242	CP PONTEVEL	01:21:15	01:18:35	00:17:27	01:02:45
1410	1945	LUIS MARQUES	M	39	M2039	559	CAFE RUI	01:21:15	01:18:58	00:17:21	01:04:38
1411	2443	ARMANDO PENEDA	M	58	M5559	107	CP EDP PORTO	01:21:16	01:20:07	00:14:33	01:04:11
1412	1682	FERNANDO OLIVEIRA	M	56	M5559	108	C SARGENTO ARMADA	01:21:20	01:19:51	00:15:47	01:04:18
1413	546	PEDRO M M ANTUNES	M	36	M2039	560	WHY NOT RUN	01:21:24	01:19:43	00:15:17	01:04:27
1414	924	TOMAS COLACO	M	46	M4549	208	INDIVIDUAL	01:21:24	01:18:42	00:18:04	01:05:59
1415	2293	JORGE C S COSTA	M	32	M2039	561	INDIVIDUAL	01:21:24	01:20:06	00:16:21	01:05:55
1416	657	PEDRO A SA	M	40	M4044	243	C MILLENNIUMBCP	01:21:26	01:20:48	00:14:49	01:04:58
1417	77	AMAVEL LUZ	M	51	M5054	158	INDIVIDUAL	01:21:27	01:20:37	00:14:34	01:04:46
1418	1316	JOSE M NASCIMENTO	M	48	M4549	209	INDIVIDUAL	01:21:28	01:18:41	00:17:45	01:05:41

1419	1541	VITOR MORAES	M	51	M5054	159	NA PAPAGAIOS CASCAIS	01:21:28	01:19:29	00:15:39	01:04:30
1420	1399	LUIS PEREIRA	M	42	M4044	244	C ORIENTAÇÃO CENTRO	01:21:29	01:19:03	00:17:38	01:06:02
1421	1884	CLAUDIA JESUS	F	32	F2039	48	CA PARQUE PAZ	01:21:29	01:18:45	00:18:33	01:05:50
1422	1885	JOSE A SILVA	M	58	M5559	109	CA PARQUE PAZ	01:21:29	01:18:45	00:18:33	01:05:51
1423	1530	ALEXANDRA FERREIRA	M	30	M2039	562	MAXIGYM	01:21:32	01:19:08	00:18:10	01:06:36
1424	420	ANTONIO COELHO	M	40	M4044	245	CARACOIS CORRIDA	01:21:35	01:19:38	00:16:26	01:05:05
1425	205	CARLOS A P A DIAS	M	36	M2039	563	HERBAL DHS	01:21:36	01:18:46	00:17:09	01:05:17
1426	784	ALBERTO MELO	M	68	M6599	12	GINASIO PONTE FC	01:21:37	01:20:16	00:15:12	01:03:49
1427	383	MICAELA MENINO	F	23	F2039	49	GYMRUNNERS	01:21:38	01:20:01	00:16:39	01:05:39
1428	1121	ANTONIO J B B G VALE	M	49	M4549	210	INDIVIDUAL	01:21:38	01:18:26	00:17:43	01:05:05
1429	1085	NELIO MACEDO	M	45	M4549	211	CCRD BURINHOSA	01:21:40	01:20:49	00:15:33	01:05:23
1430	259	RUI P F FERREIRA	M	20	M2039	564	ESTRELA CA FC	01:21:41	01:21:32	00:13:01	01:04:28
1431	258	JOAO P N GOMES	M	20	M2039	565	ESTRELA CA FC	01:21:42	01:21:32	00:13:01	01:04:28
1432	875	NUNO M DIAS	M	33	M2039	566	FRUFRESH RUNNERS	01:21:42	01:19:11	00:18:15	01:05:47
1433	388	HELDER J C PEREIRA	M	33	M2039	567	INDIVIDUAL	01:21:43	01:19:04	00:18:05	01:05:58
1434	586	JOSE S ALMEIDA	M	55	M5559	110	MG CLIMA LDA	01:21:43	01:20:42	00:16:24	01:05:21
1435	1710	PEDRO SIMOES	M	35	M2039	568	PE ATLETA	01:21:44	01:19:05	00:17:53	01:06:05
1436	2117	MIGUEL A P A SILVA	M	32	M2039	569	LESMAIS OESTE	01:21:44	01:19:14	00:17:52	01:06:04
1437	2138	VITOR J SERPA	M	37	M2039	570	GELPINHOS	01:21:44	01:20:03	00:17:01	01:04:17
1438	1303	FINO GOMES	M	59	M5559	111	TEJAVISTA	01:21:46	01:19:18	00:17:34	01:05:10
1439	1400	JOAO MONTEIRO	M	26	M2039	571	C ORIENTAÇÃO CENTRO	01:21:46	01:19:22	00:17:38	01:06:01
1440	408	RAUL COSTA	M	51	M5054	160	CLUBE ROBBIALAC	01:21:48	01:20:53	00:16:06	01:05:37
1441	1733	JOSE FONSECA	M	53	M5054	161	GDC BANCO PORTUGAL	01:21:48	01:18:38	00:17:06	01:04:34
1442	895	GONCALO N F NARCISO	M	24	M2039	572	PES TROIKADOS	01:21:49	01:18:51	00:17:41	01:05:45
1443	1967	ARMANDO PARREIRA	M	43	M4044	246	AÇOREANA C BANIF	01:21:49	01:19:26	00:16:41	01:05:00
1444	757	ANTONIO BILA	M	55	M5559	112	INDIVIDUAL	01:21:50	01:19:51	00:17:30	01:06:04
1445	780	NUNO GAMEIRO	M	32	M2039	573	AÇOREANA C BANIF	01:21:51	01:20:00	00:16:15	01:05:00
1446	75	ANTONIO FERREIRA	M	40	M4044	247	BUERAPIDOS	01:21:52	01:18:57	00:18:15	01:05:18
1447	781	ISABEL MATIAS	F	30	F2039	50	AÇOREANA C BANIF	01:21:52	01:20:02	00:16:16	01:05:00
1448	1175	CARLOS RANGEL	M	59	M5559	113	INDIVIDUAL	01:21:52	01:19:59	00:16:37	01:05:25
1449	1970	FAUSTO IASAC	M	42	M4044	248	AÇOREANA C BANIF	01:21:52	01:20:00	00:16:16	01:05:01
1450	1880	ALBERTO P SANTOS	M	58	M5559	114	INDIVIDUAL	01:21:53	01:21:40	00:13:19	01:03:06
1451	1824	HELIO S M MARTINS	M	35	M2039	574	INDIVIDUAL	01:21:54	01:21:32	00:13:38	01:03:10
1452	201	THELMO CUNHA	M	52	M5054	162	ODEBRECHT/BPC	01:21:55	01:19:53	00:16:40	01:05:47
1453	2082	JOAO RAMOS	M	51	M5054	163	OS SANTARENOS	01:21:55	01:20:34	00:15:55	01:04:59
1454	828	CARLOS CASTRO	M	31	M2039	575	ATOMIC TEAM	01:21:56	01:20:47	00:15:17	01:04:50
1455	2004	SIDNEY L RODRIGUEZ	M	26	M2039	576	INDIVIDUAL	01:21:56	01:18:47	00:19:22	01:07:12
1456	1453	ROGERIO MORAIS	M	51	M5054	164	C FERROV PORTUGAL	01:21:58	01:20:36	00:16:20	01:05:14
1457	1455	MARTINS BARATA	M	69	M6599	13	C FERROV PORTUGAL	01:21:59	01:20:05	00:16:20	01:05:14
1458	1459	RITA VALENTIM	F	48	F4599	22	C FERROV PORTUGAL	01:21:59	01:20:37	00:16:20	01:05:14
1459	1529	PEDRO A RODRIGUES	M	41	M4044	249	MAXIGYM	01:22:01	01:19:36	00:18:11	01:06:37
1460	621	MARCO SILVA	M	26	M2039	577	CP EDP LISBOA	01:22:02	01:20:25	00:16:17	01:05:01
1461	1225	GILBERTO GONCALVES	M	63	M6064	43	GALERA MAU	01:22:03	01:19:02	00:18:06	01:06:04
1462	160	FRANCISCO A T SOUSA	M	52	M5054	165	SOUSAS	01:22:05	01:19:10	00:18:17	01:06:29
1463	849	MARCIO NOGUEIRA	M	32	M2039	578	GP RUNNERS	01:22:05	01:19:28	00:18:45	01:06:32
1464	467	JAIME SECO	M	58	M5559	115	VETERANOS TEIXOSO	01:22:07	01:21:55	00:13:33	01:04:27
1465	1014	GILDA MOTA	F	44	F4044	18	OS RIBATEJANOS	01:22:07	01:20:03	00:16:34	01:05:20
1466	1015	ALBERTO TADEIA	M	44	M4044	250	OS RIBATEJANOS	01:22:07	01:22:07	00:16:35	01:05:18
1467	355	NUNO M R SOARES	M	31	M2039	579	RUN4MINIS	01:22:09	01:20:36	00:15:24	01:04:40
1468	732	PEDRO M P CARDOSO	M	38	M2039	580	INDIVIDUAL	01:22:11	01:20:10	00:17:28	01:06:16
1469	2238	ANTONIO FERREIRA	M	50	M5054	166	GD MACEDO OCULISTA	01:22:11	01:20:29	00:16:48	01:04:46
1470	2339	FATIMA GONCALVES	F	44	F4044	19	OS TUGAS	01:22:12	01:19:20	00:17:07	01:05:36
1471	1048	CESAR MESQUITA	M	53	M5054	167	INDIVIDUAL	01:22:13	01:19:48	00:16:58	01:05:49
1472	1168	LUIS MONTEIRO	M	40	M4044	251	CD GRUPO BES	01:22:13	01:22:03	00:12:52	01:02:50
1473	2183	JOAQUIM LIMA	F	48	F4599	23	CLUBE VODAFONE	01:22:17	01:21:31	00:14:46	01:03:36

1474	410	DANIEL RODRIGUES	M	32	M2039	581	CLUBE ROBBIALAC	01:22:18	01:21:23	00:16:06	01:05:38
1475	1532	JORGE SOUSA	M	39	M2039	582	INDIVIDUAL	01:22:19	01:20:18	00:17:29	01:06:16
1476	1118	MANUEL AZEVEDO	M	55	M5559	116	MULTIFLOW	01:22:22	01:21:16	00:15:56	01:05:52
1477	2233	RODRIGO S C SELADA	M	30	M2039	583	LIKE RUNNERS	01:22:23	01:19:22	00:18:35	01:06:43
1478	818	SUSANA C F C P ALMEIDA	F	38	F2039	51	INDIVIDUAL	01:22:25	01:19:26	00:17:29	01:06:29
1479	1270	BRUNO RAPOSEIRA	M	30	M2039	584	INDIVIDUAL	01:22:25	01:19:32	00:19:04	01:08:52
1480	2540	PEDRO VALENCIA	M	37	M2039	585	OS BRAGUINHAS	01:22:25	01:21:15	00:15:20	01:04:24
1481	841	ORLANDO ALMEIDA	M	36	M2039	586	GP RUNNERS	01:22:26	01:19:50	00:17:12	01:05:24
1482	1079	PAULO RAINHO	M	38	M2039	587	CCRD BURINHOSA	01:22:26	01:20:53	00:15:09	01:03:59
1483	2543	HILARIO SILVA	M	60	M6064	44	OS BRAGUINHAS	01:22:26	01:21:17	00:15:37	01:04:26
1484	1273	PAULO LOPES	M	40	M4044	252	CD CA TE ESPERO	01:22:27	01:20:14	00:14:20	01:03:16
1485	2551	JORGE MAGALHAES	M	46	M4549	212	OS BRAGUINHAS	01:22:27	01:21:17	00:15:37	01:04:26
1486	2084	FRANCISCO RODRIGUES	M	30	M2039	588	OS SANTARENOS	01:22:28	01:19:26	00:18:09	01:06:00
1487	1271	RENATO SILVA	M	39	M2039	589	CD CA TE ESPERO	01:22:29	01:20:14	00:14:20	#N/D
1488	2135	TIAGO MENESES	M	33	M2039	590	GELPINHOS	01:22:29	01:22:13	00:12:43	01:03:51
1489	1985	RICARDO ALVES	M	29	M2039	591	AÇOREANA C BANIF	01:22:30	01:21:09	00:15:50	01:05:43
1490	131	RUI LEITAO	M	38	M2039	592	SAPATILHAS ARDENTES	01:22:34	01:20:45	00:16:21	01:04:23
1491	108	MONICA MIGUEIS	F	37	F2039	52	RUN 4 FUN	01:22:35	01:22:21	00:14:21	01:05:22
1492	981	LELIO S MAFRA	M	34	M2039	593	INDIVIDUAL	01:22:35	01:20:53	00:16:00	01:05:58
1493	1417	FRANCISCO H S S P FERREIRA	M	38	M2039	594	OS KOTA BIKE TEAM	01:22:36	01:20:24	00:17:33	01:06:07
1494	1059	MAYER RAPOSO	M	65	M6599	14	AA LEBRES SADO	01:22:37	01:20:11	00:18:16	01:06:42
1495	95	VASCO A S D SILVA	M	31	M2039	595	INDIVIDUAL	01:22:38	01:22:25	00:14:00	01:07:05
1496	1856	ENGRACIA M FRANCISCO	F	65	F4599	24	INDIVIDUAL	01:22:45	01:20:56	00:17:04	01:06:44
1497	2204	JOAQUIM LEAL	M	49	M4549	213	CLUBE STRESS	01:22:45	01:19:26	00:18:42	01:07:10
1498	682	RUI M N N FERNANDES	M	41	M4044	253	INDIVIDUAL	01:22:47	01:19:44	00:18:28	01:07:09
1499	777	BRUNO R PINTO	M	36	M2039	596	JARBS	01:22:48	01:20:59	00:16:15	01:05:53
1500	1115	CARLA BRAS	M	54	M5054	168	INDIVIDUAL	01:22:48	01:22:12	00:13:52	01:05:00
1501	2003	NUNO LOUREIRO	M	45	M4549	214	MADUROS	01:22:50	01:21:16	00:15:55	01:06:06
1502	508	JOAO CABANAS	M	30	M2039	597	SQUADRA	01:22:52	01:19:47	00:17:48	01:06:23
1503	82	JOAO C D S FRADE	M	38	M2039	598	INDIVIDUAL	01:22:58	01:21:42	00:16:15	01:07:07
1504	339	NUNO MARQUES	M	44	M4044	254	RUN 4 FUN	01:23:00	01:22:36	00:14:24	01:05:16
1505	340	CRISTINA CALDEIRA	F	44	F4044	20	RUN 4 FUN	01:23:00	01:22:37	00:14:24	01:05:16
1506	1439	MANUEL L BALATA	M	61	M6064	45	CARACOIS SANTA IRIA	01:23:01	01:20:23	00:18:01	01:06:45
1507	223	PEDRO FALCATO	M	39	M2039	599	RAIL RUNNERS	01:23:02	01:20:41	00:17:17	01:05:45
1508	488	CARLA MARQUES	F	39	F2039	53	EIRAGYM	01:23:02	01:21:56	00:16:07	01:06:45
1509	1026	HELENA PEREIRA	F	38	F2039	54	CCD O ALVITEJO	01:23:03	01:22:40	00:14:36	01:05:44
1510	928	RUI J L CARNEIRO	M	40	M4044	255	LESMAS OESTE	01:23:04	01:20:36	00:17:52	01:06:34
1511	676	ANTONIO M M BEZERRA	M	43	M4044	256	HAND2HAND	01:23:05	01:21:51	00:16:47	01:07:26
1512	1222	NUNO M S BARROS	M	39	M2039	600	HAND2HAND	01:23:05	01:21:51	00:16:47	01:07:26
1513	1596	ALBERTO M P SANTOS	M	55	M5559	117	GD BANCO BPI	01:23:10	01:19:53	00:17:28	01:05:56
1514	120	ALCEU B ESTEVES	M	46	M4549	215	INDIVIDUAL	01:23:12	01:22:27	00:15:13	01:06:27
1515	212	MANUEL ANTONIO	M	43	M4044	257	RAIL RUNNERS	01:23:12	01:20:50	00:16:23	01:06:10
1516	2159	CARLOS CONDECO	M	49	M4549	216	BALANCE CLUB	01:23:13	01:21:49	00:16:10	01:06:15
1517	486	JOAO TORRADO	M	63	M6064	46	EIRAGYM	01:23:15	01:22:11	00:16:02	01:06:05
1518	2567	ADRIANO PINTO	M	49	M4549	217	OS BRAGUINHAS	01:23:15	01:21:32	00:15:56	01:05:12
1519	1466	JOAO CONSTANTINO	M	41	M4044	258	JOAO&SARAH	01:23:16	01:22:05	00:15:47	01:06:16
1520	1467	SARAH MUSGRAVE	F	40	F4044	21	JOAO&SARAH	01:23:17	01:22:07	00:15:47	01:06:17
1521	1980	NUNO E SANTO	M	42	M4044	259	AÇOREANA C BANIF	01:23:17	01:22:14	00:15:33	01:06:10
1522	426	SANDRA S S MARTINS	F	35	F2039	55	4 AO KM	01:23:18	01:22:16	00:15:34	01:06:11
1523	428	FILIFE J C SILVA	M	51	M5054	169	4 AO KM	01:23:18	01:22:14	00:15:59	01:06:08
1524	285	ANDRE H GOMES	M	35	M2039	601	INDIVIDUAL	01:23:21	01:20:10	00:18:48	01:07:38
1525	897	JOAO V P COELHO	M	32	M2039	602	PES TROIKADOS	01:23:21	01:20:32	00:17:42	01:07:00
1526	1112	NELSON G ALVES	M	29	M2039	603	RUN 4 FUN	01:23:22	01:20:49	00:18:10	01:06:27
1527	530	JOSE PIEDADE	M	49	M4549	218	BRANDOA CORRE	01:23:24	01:22:26	00:15:57	01:06:26
1528	532	JOSE DIAS	M	52	M5054	170	BRANDOA CORRE	01:23:25	01:22:27	00:15:58	01:06:26

1529	1940	TIAGO GOUVEIA	M	33	M2039	604	CAFE RUI	01:23:25	01:21:09	00:18:00	01:07:14
1530	2069	PEDRO M C N BARBOSA	M	35	M2039	605	SCALABIS N RUNNERS	01:23:25	01:22:10	00:16:46	01:07:51
1531	1287	MANUEL FERREIRA	M	28	M2039	606	INDIVIDUAL	01:23:29	01:20:35	00:19:03	01:08:51
1532	1395	MANUEL DOMINGUES	M	54	M5054	171	C ORIENTAÇÃO CENTRO	01:23:33	01:21:08	00:18:29	01:08:19
1533	1396	EDGAR DOMINGUES	M	23	M2039	607	C ORIENTAÇÃO CENTRO	01:23:33	01:21:09	00:18:29	01:08:19
1534	1528	RUI M RODRIGUES	M	35	M2039	608	MAXIGYM	01:23:36	01:22:17	00:16:12	01:06:25
1535	894	CATARINA COSTA	F	29	F2039	56	PES TROIKADOS	01:23:38	01:20:41	00:17:56	01:07:13
1536	301	TERESA SEPULVEDA	F	31	F2039	57	INDIVIDUAL	01:23:39	01:20:35	00:17:47	01:06:45
1537	2075	SAMUEL TEIXEIRA	M	20	M2039	609	OS SANTARENOS	01:23:41	01:22:39	00:16:35	01:07:06
1538	1498	ALBERTO PINA	M	56	M5559	118	GD INE	01:23:43	01:21:01	00:17:58	01:07:03
1539	1863	JORGE M N VITORINO	M	48	M4549	219	INDIVIDUAL	01:23:44	01:20:45	00:18:34	01:08:19
1540	433	JOAO SIMOES	M	48	M4549	220	APOGMA	01:23:47	01:21:58	00:17:06	01:06:48
1541	434	PAULO PIRES	M	47	M4549	221	APOGMA	01:23:47	01:22:00	00:17:05	01:06:49
1542	591	JOSE ESCUDERO	M	30	M2039	610	X&F	01:23:47	01:21:43	00:17:04	01:06:46
1543	679	FRANCO WUDICH	M	47	M4549	222	RUN 4 FUN	01:23:47	01:21:19	00:17:09	01:06:25
1544	908	FERNANDO S BARROS	M	46	M4549	223	ATENEU	01:23:48	01:21:41	00:18:06	01:08:02
1545	1146	FERNANDO SANTOS	M	52	M5054	172	GDR FIGUEIRAS	01:23:48	01:21:22	00:18:17	01:07:50
1546	162	MANUEL O FERREIRA	M	38	M2039	611	INDIVIDUAL	01:23:50	01:23:36	00:14:01	01:07:05
1547	1458	MANUEL SIMOES	M	63	M6064	47	C FERROV PORTUGAL	01:23:50	01:22:56	00:15:54	01:07:13
1548	1700	LINO OLIVEIRA	M	66	M6599	15	GD SANTANDER TOTTA	01:23:50	01:23:19	00:14:15	01:05:57
1549	2343	ADELINO FRETAS	M	46	M4549	224	OS TUGAS	01:23:52	01:21:00	00:18:08	01:06:44
1550	1773	FERNANDO CASTANHEIRA	M	62	M6064	48	MAROITAS NORTE	01:23:53	01:21:17	00:17:25	01:07:11
1551	905	SANDRA TOMAS	F	35	F2039	58	INDIVIDUAL	01:23:54	01:20:37	00:18:05	01:07:19
1552	1464	JOAO M C MARQUES	M	21	M2039	612	INDIVIDUAL	01:23:55	01:21:42	00:16:12	01:04:34
1553	401	SONIA MOREIRA	F	28	F2039	59	INDIVIDUAL	01:23:58	01:20:56	00:18:09	01:07:44
1554	809	JOAQUIM PEREIRA	M	40	M4044	260	ALBERNOA	01:24:00	01:22:35	00:16:47	01:07:50
1555	1438	LUIS GOMES	M	56	M5559	119	CARACOIS SANTA IRIA	01:24:00	01:21:22	00:18:10	01:07:10
1556	138	TIAGO RIBEIRO	M	36	M2039	613	RUN 4 FUN	01:24:01	01:23:01	00:15:10	01:05:16
1557	1582	JOAO PINTO	M	54	M5054	173	GRUPO S BERNARDO	01:24:02	01:21:10	00:18:13	01:07:18
1558	2046	ORLANDO SILVA	M	52	M5054	174	OS ZATOPEQUES	01:24:02	01:21:04	00:18:02	01:07:19
1559	2267	SAMUEL L SANTOS	M	45	M4549	225	HORTAPRONTA SA	01:24:02	01:23:36	00:13:33	01:05:29
1560	1584	LUIS SANTOS	M	59	M5559	120	GRUPO S BERNARDO	01:24:03	01:21:04	00:18:13	01:07:19
1561	764	JOSE C G MENDES	M	34	M2039	614	INDIVIDUAL	01:24:06	01:22:27	00:16:35	01:06:59
1562	534	RUI PARENTE	M	25	M2039	615	INDIVIDUAL	01:24:07	01:22:24	00:16:53	01:07:35
1563	2276	CARLOS OLIVEIRA	M	39	M2039	616	PUMAS GUINCHO	01:24:07	01:22:12	00:15:56	01:05:07
1564	558	MIGUEL F S SILVA	M	38	M2039	617	INDIVIDUAL	01:24:11	01:21:37	00:18:10	01:06:46
1565	445	MARIO ALVES	M	42	M4044	261	INDIVIDUAL	01:24:12	01:21:53	00:17:40	01:07:02
1566	501	ANTONIO P SANTOS	M	41	M4044	262	INDIVIDUAL	01:24:12	01:21:56	00:17:26	01:07:01
1567	446	CARLOS F S M M GUERRA	M	42	M4044	263	INDIVIDUAL	01:24:13	01:21:54	00:17:39	01:06:58
1568	651	CARLOS S MORITA	M	42	M4044	264	C MILLENNIUMBCP	01:24:13	01:21:58	00:17:25	01:06:59
1569	1930	CEU SANTOS	F	49	F4599	25	CTT COIMBRA	01:24:18	01:23:10	00:15:43	01:06:51
1570	116	PAULO FERNANDES	M	42	M4044	265	BEIROES CB	01:24:21	01:21:36	00:18:10	01:06:17
1571	118	MANUEL VIDA	M	47	M4549	226	BEIROES CB	01:24:21	01:21:35	00:18:10	01:06:17
1572	1288	FRANCISCO J G PAULINO	M	49	M4549	227	ATAIJENSE	01:24:21	01:21:16	00:18:32	01:07:40
1573	1696	JOAO ROCHA	M	60	M6064	49	GD SANTANDER TOTTA	01:24:22	01:24:22	00:15:54	01:06:30
1574	2510	EDUARDO RODRIGUES	M	32	M2039	618	SS CGD	01:24:22	01:23:23	00:16:18	01:07:15
1575	2523	PEDRO T COSTA	M	36	M2039	619	SS CGD	01:24:22	01:23:23	00:16:18	01:07:16
1576	1158	ANA FERREIRA	F	42	F4044	22	CD GRUPO BES	01:24:23	01:23:34	00:14:43	01:06:18
1577	2013	BRUNO PIMENTA	M	29	M2039	620	EQUIPAS OS ENTREMEADAS	01:24:23	01:21:29	00:18:59	01:08:17
1578	2015	HELDER COSTA	M	45	M4549	228	EQUIPAS OS ENTREMEADAS	01:24:23	01:21:31	00:18:59	01:08:16
1579	1943	RUI RICARDO	M	27	M2039	621	CAFE RUI	01:24:24	01:22:08	00:18:16	01:08:45
1580	1071	JOAO NUNO MARQUES	M	35	M2039	622	INDIVIDUAL	01:24:25	01:21:04	00:18:31	01:07:59
1581	1715	FILIPA F V A COUTINHO	F	23	F2039	60	INDIVIDUAL	01:24:27	01:24:00	00:14:28	01:07:12
1582	489	ALZIRA PEREIRA	F	46	F4599	26	EIRAGYM	01:24:28	01:23:24	00:16:06	01:06:45
1583	1556	PAULO J S PEREIRA	M	41	M4044	266	SS MONTEPIO GERAL	01:24:33	01:22:39	00:16:38	01:06:26

1584	277	PAULA MADEIRA	F	27	F2039	61	GYMRUNNERS	01:24:35	01:23:43	00:14:56	01:07:09
1585	1282	DOMINGOS SILVA	M	36	M2039	623	LANG	01:24:37	01:21:51	00:17:27	01:07:08
1586	635	RUI PACHECO	M	32	M2039	624	PERNAS GAFANHOTO	01:24:38	01:22:43	00:16:39	01:06:59
1587	1281	ANTONIO CARDOSO	M	36	M2039	625	LANG	01:24:39	01:21:53	00:17:27	01:07:08
1588	37	SARA C B PEDRO	F	21	F2039	62	INDIVIDUAL	01:24:40	01:21:58	00:18:21	01:08:07
1589	157	CARLOS J MONTEIRO	M	51	M5054	175	INDIVIDUAL	01:24:41	01:21:33	00:18:16	01:08:06
1590	359	JOAO M M M DUQUE	M	55	M5559	121	INDIVIDUAL	01:24:43	01:22:00	00:18:09	01:07:52
1591	847	NUNO AMARAL	M	37	M2039	626	GP RUNNERS	01:24:45	01:22:08	00:18:15	01:08:13
1592	578	SONIA SILVA	F	31	F2039	63	TRIBO EXTREME	01:24:47	01:22:54	00:16:41	01:06:55
1593	1800	RUI M G PEDRO	M	30	M2039	627	INDIVIDUAL	01:24:47	01:24:09	00:15:02	01:07:38
1594	2197	CARLOS P ABREU	M	45	M4549	229	CLUBE STRESS	01:24:47	01:22:46	00:17:29	01:07:28
1595	460	CARLA L SILVA	F	41	F4044	23	INDIVIDUAL	01:24:48	01:21:41	00:18:11	01:08:12
1596	630	PEDRO CARVALHO	M	39	M2039	628	ARRASTASSOLAS	01:24:49	01:22:53	00:16:10	01:05:37
1597	1317	ALBERTO SOARES	M	50	M5054	176	INDIVIDUAL	01:24:49	01:22:03	00:17:46	01:07:21
1598	1765	RUI MENDONCA	M	32	M2039	629	AMIGOS TACHO	01:24:51	01:22:00	00:16:49	01:07:55
1599	454	DAVID DUARTE	M	45	M4549	230	RUN 4 FUN	01:24:52	01:22:16	00:18:07	01:07:57
1600	851	NUNO PEREIRA	M	36	M2039	630	GP RUNNERS	01:24:52	01:22:15	00:18:45	01:07:50
1601	1444	JOAO BORGES	M	44	M4044	267	TEJAVISTA	01:24:52	01:22:40	00:17:04	01:07:06
1602	1286	JOSE VIEIRA	M	47	M4549	231	CCRD BURINHOSA	01:24:53	01:24:06	00:15:36	01:06:50
1603	1855	FERNANDO FRANCISCO	M	68	M6599	16	INDIVIDUAL	01:24:55	01:24:43	00:14:11	01:06:14
1604	47	ANTONIO J B PEDRO	M	52	M5054	177	ATLETA PENICHE	01:24:56	01:22:13	00:18:28	01:08:07
1605	1161	CARLOS CARITA	M	53	M5054	178	CD GRUPO BES	01:24:57	01:24:36	00:14:05	01:06:50
1606	1216	CARLOS GUTUERRES	M	52	M5054	179	FALCOES SELVAGENS	01:24:57	01:21:48	00:18:30	01:07:42
1607	1838	ARTUR J F GAIO	M	28	M2039	631	INDIVIDUAL	01:24:57	01:24:43	00:14:10	01:06:50
1608	2193	ALBERTO REIS	M	49	M4549	232	CLUBE STRESS	01:24:58	01:21:57	00:18:13	01:07:51
1609	1441	LUIS MIRANDA	M	52	M5054	180	TEJAVISTA	01:25:00	01:22:42	00:17:22	01:08:07
1610	1706	PEDRO LOPES	M	32	M2039	632	OS TARTARUGAS	01:25:00	01:22:03	00:18:28	01:08:26
1611	2341	LILIANA ABREU	F	28	F2039	64	OS TUGAS	01:25:00	01:22:07	00:18:04	01:07:52
1612	1707	FABIAN ANDRADE	M	48	M4549	233	OS TARTARUGAS	01:25:01	01:22:05	00:18:28	01:08:20
1613	1942	NUNO GOUVEIA	M	36	M2039	633	CAFE RUI	01:25:03	01:22:48	00:18:16	01:08:54
1614	1433	DIOGO P DIAS	M	44	M4044	268	INDIVIDUAL	01:25:05	01:24:24	00:14:22	01:07:04
1615	1620	JORGE RODRIGUES	M	45	M4549	234	INDIVIDUAL	01:25:05	01:25:05	00:18:11	01:08:50
1616	1542	JOAQUIM BARROCAS	M	59	M5559	122	NA PAPAGAIOS CASCAIS	01:25:06	01:21:51	00:19:35	01:09:27
1617	693	LUIS M P MEIRA	M	37	M2039	634	INDIVIDUAL	01:25:07	01:23:42	00:15:48	01:06:49
1618	155	JOSE FINURAS	M	41	M4044	269	INDIVIDUAL	01:25:08	01:23:39	00:16:08	01:07:24
1619	807	EDUARDO SANTOS	M	33	M2039	635	VFF 1896	01:25:08	01:21:51	00:18:57	01:09:18
1620	278	JOAO PEREIRA	M	45	M4549	235	INDIVIDUAL	01:25:09	01:23:40	00:16:07	01:07:23
1621	527	PEDRO FRADE	M	21	M2039	636	INDIVIDUAL	01:25:09	01:23:35	00:16:51	01:08:47
1622	848	ANA MARCIA AMARAL	F	34	F2039	65	GP RUNNERS	01:25:11	01:22:34	00:18:15	01:08:13
1623	1752	RUI PRATAS	M	25	M2039	637	ANTI ABSTEMIOS	01:25:11	01:22:58	00:16:05	01:06:57
1624	2513	HUGO VENANCIO	M	33	M2039	638	SS CGD	01:25:11	01:25:02	00:13:13	01:07:38
1625	2041	GONCALO SEABRA	M	34	M2039	639	OS ZATOPEQUES	01:25:12	01:22:00	00:18:21	01:08:27
1626	943	MARIO BONIFACIO	M	46	M4549	236	GDCR ZAMBUJEIRA/ CALVO	01:25:14	01:23:58	00:17:36	01:09:27
1627	2482	MARCO MANGAS	M	38	M2039	640	LESMAS OESTE	01:25:14	01:23:23	00:17:35	01:08:09
1628	2007	YANE SANTOS	M	40	M4044	270	EQUIPAS OS ENTREMEADAS	01:25:15	01:24:10	00:15:46	01:06:12
1629	2009	PEDRO M M VIDEIRA	M	24	M2039	641	EQUIPAS OS ENTREMEADAS	01:25:15	01:24:10	00:15:46	01:06:12
1630	2344	PEDRO M DUARTE	M	39	M2039	642	OS TUGAS	01:25:15	01:22:19	00:18:18	01:08:18
1631	2011	RUI CUNHA	M	34	M2039	643	EQUIPAS OS ENTREMEADAS	01:25:16	01:24:11	00:15:45	01:06:12
1632	656	ANTONIO J Q ALMEIDA	M	44	M4044	271	C MILLENNIUMBCP	01:25:17	01:22:14	00:18:28	01:08:18
1633	2012	LUIS FLORINDO	M	38	M2039	644	EQUIPAS OS ENTREMEADAS	01:25:18	01:24:17	00:15:47	01:06:13
1634	1615	SOFIA MONTEIRO	F	32	F2039	66	CORREDORES JAMOR	01:25:21	01:22:40	00:17:34	01:07:41
1635	2533	ANITA LINO	F	34	F2039	67	OS BRAGUINHAS	01:25:21	01:24:19	00:15:21	01:08:24
1636	5	JOAO VAGOS	M	37	M2039	645	INDIVIDUAL	01:25:22	01:24:35	00:16:38	01:08:44
1637	2130	MIGUEL V FERREIRA	M	39	M2039	646	GELPINHOS	01:25:24	01:22:13	00:20:16	01:11:00
1638	2522	PAULA COSTA	F	40	F4044	24	SS CGD	01:25:24	01:23:41	00:17:11	01:07:58

1639	1183	ANTONIO C MARTINS	M	51	M5054	181	MARTINITOS	01:25:25	01:23:30	00:17:45	01:08:35
1640	1501	CARLA A LOPES	F	39	F2039	68	GD INE	01:25:25	01:23:07	00:17:01	01:08:04
1641	473	FILIPA RELVAS	F	24	F2039	69	ATOMIC TEAM	01:25:26	01:23:52	00:16:07	01:07:01
1642	518	JOAO F P C AMORIM	M	34	M2039	647	FORÇA	01:25:26	01:23:42	00:16:02	01:07:03
1643	246	MARLENE SAMPAIO	F	24	F2039	70	FALCOES SELVAGENS	01:25:28	01:23:54	00:18:44	#N/D
1644	395	JORGE DUARTE	M	43	M4044	272	GAB FISIO DESPORTO	01:25:30	01:24:42	00:15:10	01:07:36
1645	2028	ANTONIO MATEUS	M	69	M6599	17	OS ZATOPEQUES	01:25:31	01:22:37	00:18:46	01:09:57
1646	76	CLAUDIO MONTEIRO	M	47	M4549	237	RUN 4 FUN	01:25:36	01:23:03	00:18:06	01:07:56
1647	817	VITOR M M FERNANDES	M	61	M6064	50	CALMA	01:25:36	01:24:36	00:15:28	01:08:10
1648	2038	PHELIM O KANE	M	54	M5054	182	OS ZATOPEQUES	01:25:37	01:22:40	00:18:46	01:09:53
1649	344	JOAO CUNHA	M	55	M5559	123	CA PARQUE PAZ	01:25:38	01:23:50	00:17:44	01:08:49
1650	114	PEDRO R H P SILVA	M	32	M2039	648	INDIVIDUAL	01:25:39	01:23:04	00:17:55	01:07:52
1651	1869	NUNO A D BAIXINHO	M	37	M2039	649	AMIGOS PARQUE	01:25:39	01:24:35	00:16:04	01:07:45
1652	1804	TIAGO VINTEM	M	28	M2039	650	CP PONTEVEL	01:25:40	01:22:57	00:19:51	01:11:01
1653	706	DOMINGOS PEREIRA	M	56	M5559	124	CLUBE MARGINAL	01:25:43	01:23:12	00:17:50	01:08:39
1654	768	PAULO PEREIRA	M	41	M4044	273	INDIVIDUAL	01:25:43	01:22:56	00:18:11	01:08:42
1655	978	BRUNO M S CUSTODIO	M	37	M2039	651	INDIVIDUAL	01:25:43	01:22:30	00:19:31	01:09:55
1656	692	JOAO MARTINS	M	41	M4044	274	O MUNDO CORRIDA	01:25:45	01:23:03	00:18:21	01:08:54
1657	562	ISAC DINIS	M	61	M6064	51	ASAS NOS PES	01:25:48	01:22:40	00:18:34	01:09:29
1658	1616	PEDRO MONTEIRO	M	34	M2039	652	CORREDORES JAMOR	01:25:51	01:23:11	00:17:35	01:08:36
1659	1941	HUGO RICARDO	M	30	M2039	653	CAFE RUI	01:25:51	01:23:35	00:18:17	01:08:54
1660	1072	ANGELO P M TOMAZ	M	36	M2039	654	FERRELPROUD	01:25:53	01:24:43	00:15:19	01:05:54
1661	839	LUIS ROMANEIRO	M	52	M5054	183	INDIVIDUAL	01:25:54	01:22:41	00:18:28	01:08:16
1662	1583	AMERICO LOPES	M	48	M4549	238	GRUPO S BERNARDO	01:25:56	01:23:01	00:18:11	01:08:22
1663	1932	NUNO AMORIM	M	34	M2039	655	CP PONTEVEL	01:25:57	01:23:12	00:19:51	01:11:01
1664	304	SERGIO B PEDRO	M	29	M2039	656	INDIVIDUAL	01:25:58	01:22:53	00:17:41	01:07:07
1665	411	JOSE VILELA	M	47	M4549	239	CLUBE ROBBIALAC	01:25:58	01:25:03	00:16:06	01:08:25
1666	242	DOMINGOS MATOS	M	50	M5054	184	FALCOES SELVAGENS	01:25:59	01:25:59	00:18:22	01:09:15
1667	373	JOAO FRADE	M	40	M4044	275	INDIVIDUAL	01:25:59	01:24:25	00:16:50	01:08:47
1668	1105	PEDRO M M PINA	M	47	M4549	240	CA AMORA	01:25:59	01:24:27	00:16:38	01:08:22
1669	1719	NUNO MIGUEL	M	40	M4044	276	INDIVIDUAL	01:25:59	01:24:34	00:15:34	01:06:24
1670	1106	ROSA M S CASSIS	F	40	F4044	25	CA AMORA	01:26:00	01:24:28	00:16:38	01:08:22
1671	1184	ANDRE F M MARTINS	M	24	M2039	657	MARTINITOS	01:26:01	01:24:05	00:17:45	01:08:35
1672	1231	RITA SOUSA	F	20	F2039	71	AS PREGUIÇAS	01:26:01	01:25:11	00:15:33	01:08:34
1673	208	PAULO RIBEIRO	M	49	M4549	241	RUN 4 FUN	01:26:02	01:25:36	00:14:39	01:07:27
1674	1230	PEDRO SOUSA	M	45	M4549	242	AS PREGUIÇAS	01:26:02	01:25:13	00:15:33	01:08:33
1675	2511	EURICO SEMEDO	M	64	M6064	52	SS CGD	01:26:03	01:23:25	00:18:09	01:08:27
1676	1051	FERNANDO M MARINHO	M	61	M6064	53	TURBO-LENTOS	01:26:05	01:23:32	00:18:40	01:09:08
1677	1741	CARLOS ALFAIATE	M	59	M5559	125	C BENFICA ABRANTES	01:26:05	01:24:57	00:16:17	01:08:32
1678	1745	HELIO GODINHO	M	62	M6064	54	C BENFICA ABRANTES	01:26:05	01:23:01	00:19:29	01:09:20
1679	2177	GINA CORREIA	F	34	F2039	72	ADA DESNIVEL	01:26:05	01:24:42	00:16:23	01:08:21
1680	1521	MIGUEL MATOS	M	42	M4044	277	CCD TRANQUILIDADE	01:26:06	01:24:23	00:17:29	01:08:59
1681	772	RAFAEL F MARTINS	M	20	M2039	658	INDIVIDUAL	01:26:09	01:23:37	00:16:02	01:06:21
1682	418	MANUEL CLEMENTE	M	62	M6064	55	INDIVIDUAL	01:26:10	01:23:18	00:18:31	01:08:50
1683	1219	JOSE CARVALHO	M	40	M4044	278	FALCOES SELVAGENS	01:26:12	01:23:01	00:18:34	01:09:13
1684	1917	JOSE SAMPAIO	M	48	M4549	243	AM ATIBA	01:26:13	01:25:42	00:13:44	01:07:32
1685	964	JOAQUIM ROSA	M	54	M5054	185	O K AZAR	01:26:14	01:24:01	00:17:13	01:07:49
1686	965	LUIS NEVES	M	32	M2039	659	O K AZAR	01:26:14	01:24:01	00:17:13	01:07:49
1687	1214	MANUEL CHAMBEL	M	60	M6064	56	FALCOES SELVAGENS	01:26:14	01:23:04	00:18:34	01:09:13
1688	1108	ANTONIO G FERREIRA	M	55	M5559	126	OS ACAMPADOS	01:26:15	01:24:17	00:17:16	01:08:31
1689	2333	Mª GORETI FERNANDES	F	48	F4599	27	GD CIMPOR	01:26:16	01:24:02	00:17:49	01:08:32
1690	2337	JOAO CARLOS FERREIRA	M	40	M4044	279	GD CIMPOR	01:26:16	01:23:54	00:17:48	01:08:33
1691	2348	ANTONIO MIRANDA	M	64	M6064	57	CA OBIDOS	01:26:18	01:22:58	00:18:23	01:09:41
1692	1074	BRUNO M R SANTOS	M	34	M2039	660	FERRELPROUD	01:26:20	01:25:08	00:15:18	01:05:54
1693	600	TIAGO SIMOES	M	29	M2039	661	GEORUNNERS	01:26:21	01:24:48	00:16:31	01:09:25

1694	601	CLAUDIA JESUS	F	29	F2039	73	GEORUNNERS	01:26:21	01:24:48	00:16:31	01:09:26
1695	1440	JOSE AZURARA	M	54	M5054	186	TEJAVISTA	01:26:22	01:23:48	00:17:46	01:09:38
1696	1737	JOSE MOITA	M	54	M5054	187	GDC BANCO PORTUGAL	01:26:22	01:23:12	00:18:40	01:09:14
1697	708	FRANCISCO COITO	M	59	M5559	127	CLUBE MARGINAL	01:26:25	01:25:37	00:15:06	01:07:46
1698	1446	JOSE L MARTINS	M	38	M2039	662	TEJAVISTA	01:26:25	01:24:13	00:17:03	01:08:16
1699	234	PAULO CAMPOS	M	40	M4044	280	PERNAS GAFANHOTO	01:26:26	01:23:38	00:18:18	01:08:45
1700	2291	NATERCIA CARVALHO	F	31	F2039	74	C VETERANOS LIS	01:26:28	01:25:34	00:14:42	01:07:58
1701	357	FATIMA MARTINS	F	39	F2039	75	INDIVIDUAL	01:26:29	01:24:58	00:16:24	01:08:37
1702	1358	ADRIANA ASCENSO	F	35	F2039	76	CA BARREIRA	01:26:32	01:24:07	00:18:16	01:09:30
1703	1306	JOAO PARRA	M	56	M5559	128	TEJAVISTA	01:26:33	01:24:09	00:18:26	01:09:39
1704	1801	ANTONIO RIBEIRO	M	62	M6064	58	AXR	01:26:35	01:24:38	00:16:27	01:08:37
1705	834	CAROLINA F HENRIQUE	F	27	F2039	77	NUCLEOEIRAS	01:26:36	01:23:18	00:19:35	01:10:53
1706	2517	JOSE GUIA	M	63	M6064	59	SS CGD	01:26:36	01:24:39	00:17:16	01:08:30
1707	668	AURORA G COUTINHO	F	46	F4599	28	C MILLENNIUMBCP	01:26:38	01:24:03	00:17:55	01:08:30
1708	918	IOLA FERRAZ	F	35	F2039	78	CAA PARQUE PAZ	01:26:38	01:25:18	00:17:33	01:10:03
1709	2211	MIGUEL LEAL	M	54	M5054	188	CLUBE STRESS	01:26:39	01:23:46	00:18:30	01:09:36
1710	2345	JORGE M VIEIRA	M	48	M4549	244	AC SALVATERRA	01:26:39	01:24:48	00:17:23	01:09:04
1711	1310	ISABEL J FARIA	F	36	F2039	79	MATILHA RADICAL	01:26:40	01:24:51	00:17:46	01:09:23
1712	1312	PATRICIA C V JEREMIAS	F	34	F2039	80	MATILHA RADICAL	01:26:40	01:24:51	00:17:47	01:09:25
1713	1309	LUIS H C SILVA	M	40	M4044	281	MATILHA RADICAL	01:26:43	01:24:55	00:17:48	01:09:25
1714	2346	ARMENIO ANDRADE	M	60	M6064	60	AC SALVATERRA	01:26:43	01:24:55	00:17:23	01:09:11
1715	165	JOAO PINTO	M	42	M4044	282	LIBERDADE FC	01:26:45	01:23:35	00:18:18	01:08:49
1716	49	JORGE FERREIRA	M	50	M5054	189	JAF	01:26:47	01:25:11	00:17:18	01:09:19
1717	1266	RICARDO OLIVEIRA	M	39	M2039	663	COMPANHIA BAZOFIAS	01:26:47	01:24:46	00:17:14	01:09:26
1718	1579	RUI CUNHA	M	27	M2039	664	AS 3 LEBRES	01:26:47	01:24:39	00:18:03	01:09:23
1719	1581	MANUEL T M PILO	M	27	M2039	665	AS 3 LEBRES	01:26:47	01:24:38	00:17:21	01:09:22
1720	125	PATRICIA CALADO	F	38	F2039	81	RUN 4 FUN	01:26:52	01:24:25	00:17:53	01:09:46
1721	128	CESAR MOREIRA	M	34	M2039	666	RUN 4 FUN	01:26:52	01:24:25	00:17:53	01:09:46
1722	273	RAQUEL MADEIRA	F	23	F2039	82	GYMRUNNERS	01:26:55	01:26:03	00:15:43	01:08:40
1723	2483	ANDRE NORONHA	M	47	M4549	245	SS CGD	01:26:56	01:25:02	00:16:22	01:08:40
1724	4	INES C PEREIRA	F	36	F2039	83	INDIVIDUAL	01:26:57	01:26:10	00:16:38	01:09:24
1725	1802	NELIO CARVALHO	M	32	M2039	667	CP PONTEVEL	01:26:58	01:24:14	00:19:50	01:11:15
1726	1847	LUIS GABIRRO	M	33	M2039	668	CP PONTEVEL	01:26:58	01:24:12	00:19:50	01:11:15
1727	625	RUI CARMO	M	54	M5054	190	INDIVIDUAL	01:26:59	01:24:51	00:18:07	01:08:52
1728	698	JOAO M NETO	M	43	M4044	283	NA	01:26:59	01:23:52	00:19:10	01:08:57
1729	1267	EURICO NASCIMENTO	M	42	M4044	284	COMPANHIA BAZOFIAS	01:26:59	01:24:55	00:17:13	01:09:26
1730	976	PEDRO BRITO	M	22	M2039	669	INDIVIDUAL	01:27:00	01:24:48	00:18:07	01:10:27
1731	2512	FRANCISCO CLERIGO	M	58	M5559	129	SS CGD	01:27:02	01:24:32	00:18:08	01:10:02
1732	2531	DIEGO MOURILHO	M	24	M2039	670	INDIVIDUAL	01:27:02	01:23:22	00:19:53	01:12:15
1733	1052	ANA MARIA C M ALMEIDA	F	56	F4599	29	TURBO-LENTOS	01:27:09	01:24:36	00:18:42	01:10:29
1734	1179	JOAO P R VICENTE	M	25	M2039	671	BOAVISTA RUN	01:27:09	01:25:11	00:15:59	01:06:38
1735	971	PEDRO JORGE	M	44	M4044	285	GOLD TEAM	01:27:12	01:26:29	00:15:25	01:08:30
1736	65	JOAO C M FERREIRA	M	48	M4549	246	INDIVIDUAL	01:27:13	01:24:47	00:17:59	01:09:32
1737	1359	ANA AFONSO	F	31	F2039	84	CA BARREIRA	01:27:13	01:26:34	00:15:26	01:08:30
1738	1798	PEDRO ORFAO	M	27	M2039	672	AMIGOS TELHEIRO	01:27:13	01:25:22	00:18:06	01:10:56
1739	1514	PAULO GOMES	M	47	M4549	247	GD INE	01:27:16	01:25:29	00:17:20	01:09:08
1740	2270	NUNO F S MAMEDE	M	43	M4044	286	HORTAPRONTA SA	01:27:18	01:26:50	00:14:36	01:08:12
1741	705	MANUEL REIA	M	64	M6064	61	CLUBE MARGINAL	01:27:19	01:24:42	00:18:27	01:09:36
1742	829	Mª MARGARIDA EMILIO	F	42	F4044	26	INDIVIDUAL	01:27:22	01:25:11	00:17:52	01:09:25
1743	2298	VITOR M M LOURENCO	M	46	M4549	248	GCA DONAS	01:27:23	01:26:22	00:17:20	01:09:44
1744	2226	LUIS COSTA	M	49	M4549	249	CANEÇAS 3	01:27:25	01:24:49	00:18:30	01:10:05
1745	1727	FRANCISCO CERQUEIRA	M	40	M4044	287	INDIVIDUAL	01:27:27	01:25:03	00:18:29	01:09:59
1746	1728	RAQUEL CERQUEIRA	F	33	F2039	85	INDIVIDUAL	01:27:27	01:25:03	00:18:21	01:09:58
1747	917	SARA COLACO	F	37	F2039	86	CAA PARQUE PAZ	01:27:28	01:26:09	00:17:32	01:10:04
1748	1939	PEDRO X D L ANTUNES	M	20	M2039	673	ESAL	01:27:28	01:25:30	00:17:56	01:11:15



1749	1477	JOAO BENEVENTE	M	60	M6064	62	CA PARQUE PAZ	01:27:29	01:26:08	00:17:32	01:10:04
1750	634	ANA PEREIRA	F	20	F2039	87	PERNAS GAFANHOTO	01:27:30	01:24:24	00:18:32	01:10:19
1751	913	CARLOS N E ANJOS	M	37	M2039	674	AA SEIXAL	01:27:30	01:26:10	00:17:32	01:10:04
1752	987	JOSE A P ALMEIDA	M	37	M2039	675	INDIVIDUAL	01:27:31	01:26:01	00:17:38	01:10:17
1753	1892	RENATO FERREIRA	M	26	M2039	676	PEDRO MOREIRA	01:27:34	01:24:32	00:18:51	01:09:54
1754	2173	JOSE LAMEGO	M	60	M6064	63	SMD CANEÇAS	01:27:38	01:24:45	00:19:08	01:10:29
1755	1456	MIGUEL BARATA	M	39	M2039	677	C FERROV PORTUGAL	01:27:40	01:25:45	00:17:22	01:09:10
1756	1002	PEDRO N S R LOPES	M	36	M2039	678	OS PINHEIRENSES	01:27:42	01:26:46	00:15:39	01:08:45
1757	228	PAULO TRIGO	M	33	M2039	679	SPEEDRUS	01:27:43	01:24:38	00:18:04	01:09:11
1758	224	JOSE M P FREIRE	M	43	M4044	288	INDIVIDUAL	01:27:44	01:27:30	00:14:02	01:08:38
1759	1555	ANTONIO R F MOCO	M	56	M5559	130	GD CIMPOR	01:27:45	01:25:44	00:17:12	01:09:36
1760	806	JOSE M MOCO	M	46	M4549	250	INDIVIDUAL	01:27:47	01:26:45	00:15:43	01:07:43
1761	900	GONCALO JULIAO	M	25	M2039	680	PES TROIKADOS	01:27:48	01:24:57	00:18:33	01:10:26
1762	327	FERNANDO CARDOSO	M	60	M6064	64	CCDT METRO LX	01:27:53	01:24:39	00:19:24	01:10:22
1763	337	RAFAEL SANTOS	M	45	M4549	251	CCDT METRO LX	01:27:53	01:24:55	00:19:27	01:10:23
1764	2224	JOAO M G LEMOS	M	57	M5559	131	INDIVIDUAL	01:27:55	01:26:59	00:15:14	01:08:15
1765	147	GONCALO FIGUEIRA	M	27	M2039	681	GD DEUTSCHE BANK	01:27:56	01:25:42	00:17:38	01:10:08
1766	73	ALEXANDRE RODRIGUES	M	40	M4044	289	BUERAPIDOS	01:28:00	01:25:04	00:18:28	01:10:31
1767	1328	LUIS ANTUNES	M	50	M5054	191	GA MONSANTO GASCAN	01:28:01	01:25:58	00:18:19	01:10:34
1768	1992	TIAGO MONIZ	M	26	M2039	682	ROCKNROLL	01:28:01	01:25:24	00:18:25	01:10:46
1769	1140	MANUEL BRAS	M	53	M5054	192	GDR FIGUEIRAS	01:28:02	01:27:47	00:14:29	01:08:43
1770	1684	ANTONIO CASTRO	M	43	M4044	290	GD SANTANDER TOTTA	01:28:03	01:25:32	00:19:32	01:11:24
1771	274	JAVIER COSTA	M	26	M2039	683	GYMRUNNERS	01:28:07	01:27:15	00:14:51	01:07:39
1772	585	ADRIANO G MENDES	M	60	M6064	65	MG CLIMA LDA	01:28:07	01:27:06	00:16:23	01:09:41
1773	1953	MONICA TEIXEIRA	F	27	F2039	88	AM ATIBA	01:28:07	01:27:27	00:16:33	01:09:41
1774	55	PEDRO F SILVA	M	38	M2039	684	INDIVIDUAL	01:28:09	01:27:20	00:15:10	01:08:43
1775	1533	RICARDO DIAS	M	38	M2039	685	INDIVIDUAL	01:28:09	01:26:08	00:17:29	01:09:43
1776	184	FREDERICO NOBRE	M	35	M2039	686	RP TEAM	01:28:13	01:24:58	00:19:31	01:12:05
1777	1195	JOSE REBOCHO	M	56	M5559	132	INDIVIDUAL	01:28:13	01:27:20	00:15:38	01:09:02
1778	132	BRUNO ROCHA	M	35	M2039	687	SAPATILHAS ARDENTES	01:28:14	01:26:24	00:16:21	01:07:37
1779	2376	JOAO F S BRANCO	M	64	M6064	66	AAE BNU	01:28:14	01:25:33	00:18:21	01:10:49
1780	500	RICARDO A VIEGAS	M	33	M2039	688	INDIVIDUAL	01:28:16	01:27:22	00:16:10	01:09:08
1781	1973	JOSE SEQUEIRA	M	51	M5054	193	AÇOREANA C BANIF	01:28:18	01:25:12	00:19:13	01:10:49
1782	1189	HELDER MESTRE- CAD RODAS	M	45	M4549	252	OS MESTRES	01:28:25	01:28:25	00:09:55	01:11:27
1783	930	Mª ALCINA C CORREIA	F	59	F4599	30	EQUIPA SMO	01:28:26	01:26:15	00:18:28	01:10:59
1784	631	MARIO SANTOS	M	31	M2039	689	ARRASTASSOLAS	01:28:29	01:26:33	00:16:43	01:09:25
1785	476	ENIA ORNELAS	F	23	F2039	89	RUN 4 FUN	01:28:32	01:27:38	00:15:43	01:10:23
1786	561	NICOLAU SILVA	M	35	M2039	690	ASAS NOS PES	01:28:32	01:25:35	00:16:59	01:07:44
1787	932	ALVARO PINTO	M	54	M5054	194	INDIVIDUAL	01:28:32	01:25:59	00:18:24	01:09:55
1788	1505	ELSA MOREIRA	F	37	F2039	90	GD INE	01:28:36	01:25:36	00:18:20	01:11:16
1789	1180	JOEL S R COELHO	M	38	M2039	691	BOAVISTA RUN	01:28:38	01:26:35	00:17:48	01:10:50
1790	1443	PEDRO SAMPAIO	M	57	M5559	133	TEJAVISTA	01:28:38	01:26:21	00:18:19	01:11:13
1791	1768	BRUNO M C SILVA	M	37	M2039	692	BOAVISTA RUN	01:28:38	01:26:38	00:17:49	01:10:50
1792	832	DOMINGOS HENRIQUE	M	52	M5054	195	NUCLEOEIRAS	01:28:41	01:25:23	00:19:34	01:11:08
1793	934	EDUARDO RAMOS	M	31	M2039	693	INDIVIDUAL	01:28:42	01:26:10	00:18:20	01:09:55
1794	1242	MARIA MARQUES	F	49	F4599	31	INDIVIDUAL	01:28:42	01:27:03	00:17:09	01:10:27
1795	32	HENRIQUETA SOLIPA	F	50	F4599	32	CONNECT2RUN	01:28:43	01:27:09	00:16:56	01:11:15
1796	148	VITAL LACERDA	M	45	M4549	253	PORTUGAL RUNNING	01:28:43	01:27:10	00:16:56	01:11:13
1797	484	ANTONINO MELO	M	48	M4549	254	INDIVIDUAL	01:28:44	01:26:59	00:17:56	01:11:38
1798	720	RUI M O CENTEIO	M	38	M2039	694	INDIVIDUAL	01:28:44	01:28:44	00:18:45	01:10:50
1799	833	ISABEL C F V SILVA	F	43	F4044	27	NUCLEOEIRAS	01:28:46	01:25:28	00:19:34	01:11:09
1800	329	FRANCISCO PLINIO	M	56	M5559	134	CCDT METRO LX	01:28:47	01:25:56	00:18:12	01:10:22
1801	880	VITOR M F LOPES	M	32	M2039	695	INDIVIDUAL	01:28:47	01:26:40	00:18:04	01:12:51
1802	140	CARLOS M C FRANCO	M	40	M4044	291	INDIVIDUAL	01:28:50	01:26:57	00:17:37	01:10:53
1803	141	JOAO C F CALDEIRA	M	63	M6064	67	INDIVIDUAL	01:28:50	01:26:57	00:17:37	01:10:54

1804	1697	JOSE MONTEIRO	M	63	M6064	68	GD SANTANDER TOTTA	01:28:50	01:28:40	00:13:55	01:08:44
1805	559	HELENA CUNHA	F	53	F4599	33	ASAS NOS PES	01:28:51	01:25:43	00:18:32	01:10:43
1806	480	LUIZ A P OLIVEIRA	M	60	M6064	69	INDIVIDUAL	01:28:55	01:27:10	00:18:00	01:11:38
1807	2355	JOAO LANDEIRO	M	65	M6599	18	INDIVIDUAL	01:28:57	01:26:18	00:18:16	01:10:55
1808	788	JOANA MARQUES	F	28	F2039	91	INDIVIDUAL	01:28:58	01:26:20	00:18:23	01:10:56
1809	1618	CARLOS M SILVA	M	44	M4044	292	INDIVIDUAL	01:28:58	01:26:46	00:18:37	01:11:45
1810	1619	PEDRO RAMOS	M	51	M5054	196	INDIVIDUAL	01:28:58	01:26:46	00:18:37	01:11:44
1811	2219	RUI VARELA	M	49	M4549	255	CAA BELEM	01:28:58	01:25:59	00:21:56	#N/D
1812	796	ANA L R BENTO	F	32	F2039	92	INOEH	01:28:59	01:26:51	00:18:11	01:12:16
1813	1151	JULIO HENRIQUES	M	62	M6064	70	INDIVIDUAL	01:29:00	01:25:59	00:18:43	01:11:33
1814	2222	CARLA LEITAO	F	34	F2039	93	CAA BELEM	01:29:00	01:26:00	00:21:56	#N/D
1815	1160	CARLA ANDRE	F	35	F2039	94	CD GRUPO BES	01:29:01	01:27:30	00:17:37	01:11:56
1816	1823	LUIS M D CARVALHO	M	41	M4044	293	INDIVIDUAL	01:29:02	01:27:01	00:16:55	01:08:08
1817	929	ANTONIO J O CORREIA	M	61	M6064	71	EQUIPA SMO	01:29:03	01:26:52	00:18:28	01:10:59
1818	306	NUNO SIMAO	M	37	M2039	696	TUGAS BRASA	01:29:04	01:26:29	00:18:31	01:11:03
1819	824	NUNO F M P ALMEIDA	M	62	M6064	72	INDIVIDUAL	01:29:04	01:26:04	00:17:25	01:07:17
1820	386	NUNO DIAS	M	37	M2039	697	MG EQUIPAMENTOS	01:29:06	01:27:54	00:16:21	01:10:11
1821	64	PAULA CARVALHO	F	40	F4044	28	INDIVIDUAL	01:29:07	01:26:41	00:18:22	01:11:17
1822	1435	PEDRO K L D MORAIS	M	37	M2039	698	INDIVIDUAL	01:29:07	01:25:54	00:20:21	01:13:18
1823	1544	MIGUEL RAPOSO	M	31	M2039	699	INDIVIDUAL	01:29:07	01:26:13	00:19:04	01:10:48
1824	293	HELIA S F SANTOS	F	28	F2039	95	INDIVIDUAL	01:29:08	01:27:23	00:16:59	01:10:44
1825	286	CARLOS M SIMAO	M	40	M4044	294	INDIVIDUAL	01:29:09	01:25:58	00:18:58	01:11:18
1826	319	ISABEL F ALPIARCA	F	45	F4599	34	INDIVIDUAL	01:29:09	01:25:59	00:18:58	01:11:18
1827	1749	MANUEL SILVA	M	38	M2039	700	C BENFICA ABRANTES	01:29:10	01:26:07	00:19:29	01:11:20
1828	2037	JOSE CORDEIRO	M	52	M5054	197	OS ZATOPQUES	01:29:10	01:29:10	00:41:46	#N/D
1829	1938	ANDRE G D L ANTUNES	M	22	M2039	701	ESAL	01:29:13	01:27:16	00:17:56	01:11:16
1830	2507	AURELIO CALADO	M	62	M6064	73	SS CGD	01:29:13	01:26:32	00:18:22	01:10:56
1831	734	CARLA PARREIRINHA	F	40	F4044	29	INDIVIDUAL	01:29:17	01:26:04	00:19:33	01:11:22
1832	1122	LILIANA R F MAIA	F	40	F4044	30	INDIVIDUAL	01:29:17	01:26:05	00:19:34	01:11:51
1833	1657	JORGE M V ELIAS	M	48	M4549	256	C ORIENTAÇÃO AVENTURA	01:29:17	01:28:55	00:14:27	01:10:24
1834	547	ANTONIO M S VERDUGO	M	50	M5054	198	URB FONTE CORAÇÕES GAEIRAS	01:29:23	01:26:58	00:18:34	01:11:42
1835	903	RUI P N CARVALHO	M	32	M2039	702	PES TROIKADOS	01:29:23	01:28:40	00:15:50	01:13:11
1836	2489	JOSE C CESAR	M	55	M5559	135	CSP CM PENICHE	01:29:23	01:28:05	00:15:11	01:09:45
1837	2063	LUIS C D BAPTISTA	M	39	M2039	703	SCALABIS N RUNNERS	01:29:24	01:28:09	00:16:46	01:10:10
1838	1024	MANUELA DAMAS	F	33	F2039	96	INDIVIDUAL	01:29:27	01:27:42	00:17:10	01:10:44
1839	2071	SUSANA J M A FRADIQUE	F	36	F2039	97	SCALABIS N RUNNERS	01:29:27	01:28:14	00:16:46	01:10:10
1840	1023	JOAO P COSTA	M	37	M2039	704	INDIVIDUAL	01:29:28	01:27:42	00:17:10	01:10:44
1841	17	CARLOS BERNARDO	M	40	M4044	295	INDIVIDUAL	01:29:29	01:26:16	00:18:52	01:11:44
1842	837	JOAO REBELO	M	55	M5559	136	TERRORES ASFALTO	01:29:29	01:29:29	00:18:27	01:11:50
1843	2271	RENATO S CASTANHEIRA	M	34	M2039	705	HORTAPRONTA SA	01:29:29	01:29:03	00:15:01	01:10:06
1844	1595	JOSE S P MESTRE	M	54	M5054	199	GD BANCO BPI	01:29:30	01:26:12	00:18:38	01:10:43
1845	549	JOSE A P REBELO	M	50	M5054	200	URB FONTE CORAÇÕES GAEIRAS	01:29:31	01:26:30	00:18:27	01:11:42
1846	472	LICINIO SIMOES	M	30	M2039	706	ATOMIC TEAM	01:29:33	01:28:23	00:16:07	01:09:45
1847	1517	SALOME FERREIRA	F	38	F2039	98	GD INE	01:29:37	01:26:38	00:18:37	01:11:42
1848	287	MARGARIDA GONCALVES	F	44	F4044	31	RUN 4 FUN	01:29:38	01:27:12	00:18:22	01:11:17
1849	459	JORGE M J NEVES	M	44	M4044	296	INDIVIDUAL	01:29:39	01:28:21	00:16:25	01:10:41
1850	1432	SUSAN MOTA	F	41	F4044	32	ACR SANTA CITA	01:29:39	01:28:45	00:16:14	01:11:16
1851	112	ANA P M CARVALHO	F	34	F2039	99	INDIVIDUAL	01:29:40	01:28:23	00:16:26	01:10:41
1852	1734	COELHO FERREIRA	M	70	M6599	19	GDC BANCO PORTUGAL	01:29:43	01:26:32	00:18:32	01:11:22
1853	988	PEDRO M P ALMEIDA	M	33	M2039	707	INDIVIDUAL	01:29:46	01:28:17	00:17:35	01:11:21
1854	816	JOSE M T RIBEIRO	M	62	M6064	74	INDIVIDUAL	01:29:49	01:27:38	00:19:20	01:12:11
1855	2369	RAFAEL C MENDOZA	M	60	M6064	75	CLUB MARATHON BADAJOZ	01:29:51	01:27:27	00:18:23	01:11:57
1856	243	JORGE DINIS	M	50	M5054	201	FALCOES SELVAGENS	01:29:56	01:26:51	00:17:39	01:10:55
1857	1870	PAULO A S CRUZ	M	47	M4549	257	AMIGOS PARQUE	01:29:59	01:28:55	00:16:13	01:11:10
1858	267	BRUNO GRACA	M	35	M2039	708	INDIVIDUAL	01:30:00	01:27:13	00:19:14	01:12:58

1859	1987	SOFIA GUEDES	F	37	F2039	100	AÇOREANA C BANIF	01:30:00	01:28:53	00:16:41	01:11:43
1860	182	LUIS D SILVA	M	42	M4044	297	RP TEAM	01:30:01	01:26:47	00:19:32	01:12:05
1861	1966	ANTONIO GUEDES	M	41	M4044	298	AÇOREANA C BANIF	01:30:01	01:28:54	00:16:41	01:11:43
1862	513	LUIS F M DIAS	M	32	M2039	709	INDIVIDUAL	01:30:10	01:28:00	00:17:12	01:09:26
1863	2322	PAULO DUARTE	M	31	M2039	710	INDIVIDUAL	01:30:10	01:28:13	00:18:12	01:11:52
1864	310	JOSE MORENO	M	42	M4044	299	PERNAS GAFANHOTO	01:30:13	01:27:10	00:19:28	01:13:23
1865	146	RICARDO TRINCHEIRAS	M	32	M2039	711	GD DEUTSCHE BANK	01:30:14	01:27:53	00:18:16	01:11:26
1866	192	ANTONIO A F PEREIRA	M	48	M4549	258	ODEBRECHT/BPC	01:30:14	01:29:38	00:14:45	01:10:32
1867	436	HENRIQUE VILHENA	M	56	M5559	137	INDIVIDUAL	01:30:15	01:27:34	00:19:50	01:13:24
1868	2179	GERMANO MATOS	M	64	M6064	76	ADA DESNIVEL	01:30:15	01:28:11	00:19:16	01:12:56
1869	2374	EDUARDO MARTINS	M	50	M5054	202	O CELEIRO MEMORIA	01:30:15	01:28:08	00:17:28	01:11:23
1870	34	MARIO PIRES	M	53	M5054	203	INDIVIDUAL	01:30:16	01:27:07	00:18:31	01:11:39
1871	1008	ANA PATRICIA SILVA	F	30	F2039	101	RAIL RUNNERS	01:30:17	01:29:30	00:14:26	01:07:54
1872	361	VIRGOLINO V P PEDRO	M	59	M5559	138	AMIGOS LAGOS	01:30:18	01:27:28	00:18:06	01:12:23
1873	33	CARLOS RENATO	M	52	M5054	204	CONNECT2RUN	01:30:19	01:28:44	00:17:19	01:11:24
1874	51	MARIO RIBEIRO	M	39	M2039	712	INDIVIDUAL	01:30:19	01:28:21	00:17:24	01:10:43
1875	898	LILIANA M C BARBOSA	F	32	F2039	102	PES TROIKADOS	01:30:19	01:27:28	00:19:28	01:12:54
1876	1159	ANA PAULA MARQUES	F	42	F4044	33	CD GRUPO BES	01:30:19	01:28:44	00:17:19	01:11:24
1877	362	MANUEL S GUERREIRO	M	67	M6599	20	AMIGOS LAGOS	01:30:20	01:27:31	00:18:05	01:12:23
1878	1484	MARTA ANDRADE	F	37	F2039	103	GDCT UNICRE	01:30:23	01:27:19	00:18:49	01:12:10
1879	691	ANABELA PACHECO	F	40	F4044	34	O MUNDO CORRIDA	01:30:25	01:28:14	00:17:32	01:11:29
1880	2375	CARLOS ALMEIDA	M	40	M4044	300	O CELEIRO MEMORIA	01:30:25	01:28:11	00:17:23	01:11:21
1881	167	JOAQUIM C LOPES	M	63	M6064	77	INDIVIDUAL	01:30:27	01:27:46	00:18:33	01:12:04
1882	1964	ALBANO ALVES	M	57	M5559	139	AÇOREANA C BANIF	01:30:27	01:29:06	00:15:59	01:11:36
1883	1850	JOSE M A MARTINS	M	46	M4549	259	INDIVIDUAL	01:30:28	01:30:28	00:16:32	01:11:58
1884	263	MONICA Q SILVA	F	42	F4044	35	INDIVIDUAL	01:30:34	01:28:58	00:17:36	01:11:50
1885	468	JOÃO BARATA	M	76	M6599	21	VETERANOS TEIXOSO	01:30:35	01:29:42	00:16:10	01:11:18
1886	877	DORA FREE	F	39	F2039	104	FRUFRESH RUNNERS	01:30:35	01:28:04	00:18:15	01:12:01
1887	177	ANA P C MARQUES	F	47	F4599	35	INDIVIDUAL	01:30:36	01:30:08	00:15:25	01:10:51
1888	1593	FERNANDO J B REIS	M	45	M4549	260	GD BANCO BPI	01:30:39	01:27:34	00:18:48	01:11:31
1889	44	ANDREIA OLIVEIRA	F	32	F2039	105	PORTUGAL RUNNING	01:30:41	01:29:07	00:17:34	01:11:56
1890	1688	CATIA SOUSA	F	24	F2039	106	GD SANTANDER TOTTA	01:30:42	01:27:33	00:19:10	01:13:01
1891	385	JOSE MIRA	M	53	M5054	205	MG EQUIPAMENTOS	01:30:43	01:29:32	00:16:18	01:10:12
1892	1494	FERNANDO J FRAGATEIRO	M	51	M5054	206	GDC PORTO SINES	01:30:44	01:27:30	00:20:01	01:13:08
1893	1044	HENRIQUE RUAS	M	72	M6599	22	CCD O ALVITEJO	01:30:47	01:29:53	00:16:20	01:10:32
1894	1759	FERNANDO ANDRADE	M	42	M4044	301	INDIVIDUAL	01:30:48	01:28:43	00:18:24	01:13:16
1895	1852	ANDRE F F PACHECO	M	36	M2039	713	INDIVIDUAL	01:30:49	01:30:18	00:16:34	01:12:03
1896	2342	ANTONIOJ ABREU	M	53	M5054	207	OS TUGAS	01:30:50	01:27:58	00:18:19	01:12:55
1897	1872	PATRICK E SILVA	M	35	M2039	714	INDIVIDUAL	01:30:52	01:27:54	00:19:41	01:14:10
1898	958	FREDERICO A SOUSA	M	48	M4549	261	LEBRES TARTARUGAS	01:30:59	01:29:32	00:16:49	01:11:25
1899	1340	RICARDO MENDONCA	M	42	M4044	302	CASCAIS PANDILHA I	01:31:02	01:29:39	00:16:11	01:11:43
1900	756	JOAO M C SOARES	M	20	M2039	715	ALBERNOA	01:31:05	01:29:42	00:14:50	01:09:44
1901	564	JOSE P FERRABELO	M	59	M5559	140	ASAS NOS PES	01:31:06	01:27:57	00:18:40	01:11:55
1902	1301	ANDRE GUIMARAES	M	29	M2039	716	TEJAVISTA	01:31:10	01:28:49	00:18:44	01:12:42
1903	372	ANA MARQUES	F	42	F4044	36	FALCOES SELVAGENS	01:31:13	01:29:14	00:17:53	01:12:24
1904	1068	JOAQUIM LEOMARO	M	56	M5559	141	LEOMARO	01:31:13	01:28:24	00:18:41	01:12:37
1905	850	CARLOS SOUSA	M	35	M2039	717	GP RUNNERS	01:31:15	01:28:38	00:18:45	01:12:01
1906	959	TELMA MOREIRA	F	26	F2039	107	INDIVIDUAL	01:31:19	01:29:36	00:16:58	01:12:10
1907	376	JOEL F R C J CARVALHO	M	54	M5054	208	INDIVIDUAL	01:31:21	01:29:46	00:16:50	01:11:55
1908	2264	OTILIA SANTOS	F	38	F2039	108	INDIVIDUAL	01:31:21	01:30:53	00:15:38	01:11:36
1909	1007	MIGUEL PEDRO	M	42	M4044	303	INDIVIDUAL	01:31:23	01:28:05	00:20:21	01:14:11
1910	1292	ROSALIA C M SALDANHA	F	39	F2039	109	INDIVIDUAL	01:31:26	01:28:09	00:20:21	01:14:10
1911	1157	ALEXANDRINA FILIPE	F	40	F4044	37	CD GRUPO BES	01:31:27	01:30:37	00:16:05	01:11:49
1912	2537	JOSE MOTA	M	52	M5054	209	OS BRAGUINHAS	01:31:27	01:30:16	00:15:31	01:15:23
1913	453	SARA GUERREIRO	F	33	F2039	110	INDIVIDUAL	01:31:28	01:30:00	00:15:08	01:13:11

1914	1574	JORGE BOTELHO	M	30	M2039	718	INDIVIDUAL	01:31:28	01:28:42	00:19:39	01:13:13
1915	1575	RUI BOTELHO	M	31	M2039	719	INDIVIDUAL	01:31:28	01:28:42	00:19:40	01:13:13
1916	1171	RUI LOPES	M	60	M6064	78	CD GRUPO BES	01:31:29	01:30:39	00:16:05	01:11:49
1917	452	JOSE GUERREIRO	M	49	M4549	262	INDIVIDUAL	01:31:31	01:30:03	00:15:08	01:13:11
1918	1860	JOSE P M LEAL	M	48	M4549	263	INDIVIDUAL	01:31:33	01:29:52	00:16:49	01:12:11
1919	765	LUIS F F MENDES	M	31	M2039	720	INDIVIDUAL	01:31:34	01:29:55	00:16:36	01:08:39
1920	589	JOANA QUEIROZ	F	32	F2039	111	INDIGO	01:31:36	01:29:15	00:18:57	01:13:22
1921	130	ANA LEITAO	F	37	F2039	112	SAPATILHAS ARDENTES	01:31:37	01:29:47	00:18:04	01:12:34
1922	1580	DIOGO GUERRA	M	27	M2039	721	AS 3 LEBRES	01:31:38	01:29:30	00:18:03	01:11:57
1923	1398	LEONEL VIEITO	M	45	M4549	264	C ORIENTAÇÃO CENTRO	01:31:41	01:28:33	00:18:56	01:13:30
1924	490	RICARDO S PEDRO	M	30	M2039	722	INDIVIDUAL	01:31:44	01:28:26	00:20:22	01:14:11
1925	1257	JOAQUIM HIPOLITO	M	56	M5559	142	CA NAZARE	01:31:47	01:30:02	00:16:39	01:11:51
1926	1176	ACACIO FONSECA	M	52	M5054	210	HOTEL MIRA PAIVA	01:31:49	01:28:38	00:19:06	01:12:30
1927	707	LUIS SILVA	M	56	M5559	143	CLUBE MARGINAL	01:31:53	01:29:14	00:18:18	01:12:53
1928	2196	CARLOS PAIVA	M	52	M5054	211	CLUBE STRESS	01:31:53	01:28:34	00:19:47	01:13:44
1929	2202	EDUARDA PAIVA	F	49	F4599	36	CLUBE STRESS	01:31:53	01:28:34	00:19:46	01:13:44
1930	2203	JOAO COUTINHO	M	48	M4549	265	CLUBE STRESS	01:31:53	01:28:33	00:19:45	01:13:43
1931	1016	EDGAR MARTINS	M	28	M2039	723	OS RIBATEJANOS	01:31:54	01:29:48	00:17:57	01:12:45
1932	1877	CAMILO A P JESUS	M	59	M5559	144	INDIVIDUAL	01:31:55	01:30:50	00:14:46	01:03:50
1933	1401	PAULO FERNANDES	M	29	M2039	724	C ORIENTAÇÃO CENTRO	01:31:56	01:28:49	00:20:02	01:14:04
1934	1949	SOFIA ROQUETE	F	26	F2039	113	AM ATIBA	01:31:56	01:31:15	00:15:06	01:12:25
1935	449	AMY HERRICK	F	43	F4044	38	LX RUN	01:32:00	01:31:36	00:15:16	01:12:43
1936	1243	JOAQUIM A D CAPUCHO	M	61	M6064	79	INDIVIDUAL	01:32:00	01:30:06	00:17:46	01:12:24
1937	202	SOFIA DELGADO	F	23	F2039	114	INDIVIDUAL	01:32:02	01:29:35	00:18:26	01:12:36
1938	1019	PAULO NEVES	M	44	M4044	304	INDIVIDUAL	01:32:02	01:29:15	00:19:29	01:14:10
1939	203	JOAO MANTEIGAS	M	28	M2039	725	INDIVIDUAL	01:32:03	01:29:36	00:18:27	01:12:36
1940	977	DANIELA MELO	F	20	F2039	115	INDIVIDUAL	01:32:07	01:29:54	00:18:14	01:13:10
1941	1330	ANTONIO PARDAL	M	56	M5559	145	GA MONSANTO GASCAN	01:32:07	01:30:04	00:18:20	01:13:33
1942	1882	LUIS F S SANTOS	M	46	M4549	266	INDIVIDUAL	01:32:09	01:30:06	00:16:27	01:12:32
1943	974	SERGIO MARTINS	M	33	M2039	726	INDIVIDUAL	01:32:10	01:29:58	00:18:14	01:13:10
1944	1639	EMIDIO ALEXANDRE	M	53	M5054	212	C BENFICA ALG M MARTINS	01:32:10	01:30:09	00:17:06	01:12:12
1945	1422	PATRICIA PEREIRA	F	33	F2039	116	TARTARUGAS IMPARAVEIS	01:32:14	01:29:02	00:19:11	01:13:02
1946	574	LUIS NUNES	M	38	M2039	727	TRIBO EXTREME	01:32:18	01:29:29	00:19:26	01:14:08
1947	1414	PAULA C M CRISPIM	F	31	F2039	117	INDIVIDUAL	01:32:19	01:28:57	00:19:54	01:14:13
1948	628	JOAO CRAVO	M	27	M2039	728	INDIVIDUAL	01:32:20	01:30:20	00:18:18	01:14:01
1949	2330	BRUNO MARQUES	M	30	M2039	729	INDIVIDUAL	01:32:20	01:29:15	00:17:41	01:11:37
1950	1774	TIAGO CASTANHEIRA	M	24	M2039	730	MAROITAS NORTE	01:32:26	01:29:41	00:18:50	01:13:59
1951	425	JOAO P S LIMA	M	52	M5054	213	4 AO KM	01:32:28	01:29:47	00:19:00	01:14:12
1952	798	CLAUDIA NOVAIS	F	44	F4044	39	NETCOURIER	01:32:32	01:29:46	00:18:19	01:12:45
1953	2321	PAULO DIAS	M	30	M2039	731	CP PONTEVEL	01:32:33	01:29:48	00:19:58	01:15:33
1954	1848	JOAO ROCHA	M	27	M2039	732	CP PONTEVEL	01:32:34	01:29:48	00:20:12	01:15:32
1955	404	PEDRO N N PINTO	M	54	M5054	214	OS PINTOS	01:32:35	01:31:56	00:15:48	01:12:38
1956	1093	PAULO J J VARELA	M	41	M4044	305	PAI E FILHOS	01:32:37	01:31:12	00:17:36	01:12:15
1957	755	JOAO J M PEREIRA	M	40	M4044	306	ALBERNOA	01:32:38	01:31:17	00:17:12	01:12:15
1958	169	JOAQUIM FONSECA	M	56	M5559	146	OS SUPER	01:32:44	01:31:32	00:17:21	01:13:56
1959	726	SHEILA LEANDRO TOMAZ	F	36	F2039	118	PEDRO MOREIRA	01:32:44	01:29:41	00:18:51	01:13:45
1960	1503	CATIA PEDRO	F	32	F2039	119	GD INE	01:32:44	01:30:07	00:19:17	01:14:52
1961	1335	JOAO M R BATISTA	M	58	M5559	147	INDIVIDUAL	01:32:50	01:31:09	00:18:06	01:13:47
1962	1504	DANIELA OLIVEIRA	F	30	F2039	120	GD INE	01:32:50	01:30:14	00:19:16	01:14:54
1963	775	SONIA ARRUDA	F	36	F2039	121	JARBS	01:32:51	01:31:02	00:16:31	01:13:15
1964	1147	FERNANDO FERREIRA	M	48	M4549	267	GDR FIGUEIRAS	01:32:51	01:32:19	00:15:45	01:14:53
1965	1229	MIGUEL L GONCALVES	M	39	M2039	733	INDIVIDUAL	01:32:56	01:32:15	00:16:44	01:13:10
1966	2332	PAULO ASCENCAO	M	41	M4044	307	GD CIMPOR	01:32:56	01:30:42	00:17:50	01:11:28
1967	992	VIRGILIO A A C CARLOS	M	50	M5054	215	INDIVIDUAL	01:33:02	01:31:51	00:15:54	01:12:13
1968	379	NUNO GRACA	M	28	M2039	734	FSG COLLONGE BELLERIVE	01:33:03	01:29:42	00:19:54	01:14:12

1969	568	Mª ISABEL RODRIGUES	F	49	F4599	37	INDIVIDUAL	01:33:03	01:29:42	00:19:53	01:14:12
1970	822	MAFALDA NUNES	F	43	F4044	40	SPEEDRUS	01:33:06	01:30:01	00:19:05	01:14:49
1971	510	ANTONIO CORREIA	M	34	M2039	735	SAPATILHAS ARDENTES	01:33:07	01:31:14	00:18:02	01:13:33
1972	1607	PAULO J H SILVA	M	37	M2039	736	PRAGANÇA TEAM	01:33:09	01:30:34	00:18:54	01:13:27
1973	1609	GONCALO B S AZEVEDO	M	31	M2039	737	PRAGANÇA TEAM	01:33:09	01:30:35	00:18:53	01:13:28
1974	1608	ELIO N ANTONIO	M	32	M2039	738	PRAGANÇA TEAM	01:33:10	01:30:34	00:18:55	01:13:29
1975	2326	FATIMA FERNANDES	F	50	F4599	38	PAPALEGUAS TEAM	01:33:13	01:31:00	00:18:58	01:14:27
1976	107	SARA LOPES	F	23	F2039	122	INDIVIDUAL	01:33:14	01:31:10	00:18:15	01:13:34
1977	598	JOSE M SIMOES	M	56	M5559	148	GEORUNNERS	01:33:14	01:32:24	00:16:13	01:13:08
1978	1805	PAULO DIAS NEVES	M	32	M2039	739	PERNAS GAFANHOTO	01:33:14	01:31:15	00:18:43	01:14:53
1979	106	ANTONIO LOPES	M	57	M5559	149	INDIVIDUAL	01:33:15	01:31:11	00:18:12	01:13:33
1980	1935	PAULO SANTOS	M	44	M4044	308	ARCENENSES	01:33:15	01:30:57	00:18:22	01:14:53
1981	1226	MARCO CRUZ	M	33	M2039	740	GALERA MAU	01:33:17	01:30:17	00:18:25	01:13:25
1982	1903	JOAQUIM E C F SOARES	M	52	M5054	216	INDIVIDUAL	01:33:20	01:31:40	00:18:27	01:14:17
1983	1904	PEDRO A L PACHECO	M	40	M4044	309	INDIVIDUAL	01:33:20	01:31:42	00:18:27	01:14:17
1984	206	JOAO C O MARCOS	M	28	M2039	741	HERBAL DHS	01:33:21	01:30:31	00:19:08	01:12:57
1985	1436	RODRIGO COMEDIAS	M	32	M2039	742	SPEEDRUS	01:33:22	01:30:18	00:19:06	01:14:50
1986	1492	TIMOTEO P JUNIOR	M	53	M5054	217	GDC PORTO SINES	01:33:22	01:30:08	00:20:01	01:14:57
1987	121	GERARDO ATIENZA	M	47	M4549	268	RUN 4 FUN	01:33:23	01:30:45	00:19:07	01:14:41
1988	776	JAIME COUTO	M	37	M2039	743	JARBS	01:33:30	01:31:40	00:17:24	01:13:16
1989	1513	NUNO M CORREIA	M	45	M4549	269	GD INE	01:33:30	01:31:12	00:16:28	01:03:25
1990	85	MADALENA RIBAS	F	57	F4599	39	INDIVIDUAL	01:33:31	01:32:15	00:17:02	01:13:30
1991	774	ANA ANDRADE	F	35	F2039	123	JARBS	01:33:31	01:31:41	00:17:24	01:13:16
1992	303	EDUARDO CHAGAS	M	50	M5054	218	INDIVIDUAL	01:33:32	01:31:14	00:16:28	01:03:25
1993	1293	NUNO MENDES	M	41	M4044	310	INDIVIDUAL	01:33:33	01:30:11	00:20:28	01:14:26
1994	1650	JOSE CARLOS	M	65	M6599	23	C BENFICA ALG M MARTINS	01:33:33	01:30:36	00:19:26	01:15:18
1995	2260	ROSINDA GONCALVES	F	57	F4599	40	GD MACEDO OCULISTA	01:33:35	01:33:35	#N/D	01:13:22
1996	810	PEDRO M P MONTEIRO	M	37	M2039	744	INDIVIDUAL	01:33:36	01:30:49	00:19:01	01:15:02
1997	567	JOSE P S PINTO	M	33	M2039	745	INDIVIDUAL	01:33:37	01:31:59	00:18:08	01:15:37
1998	1735	EDUARDO ALMEIDA	M	66	M6599	24	GDC BANCO PORTUGAL	01:33:38	01:30:28	00:19:13	01:14:19
1999	424	VASCO COELHO	M	37	M2039	746	CARACOIS CORRIDA	01:33:39	01:31:29	00:17:04	01:14:40
2000	2574	MANUEL VELOSO	M	62	M6064	80	OS BRAGUINHAS	01:33:39	01:31:11	00:17:57	01:14:01
2001	462	ANTONIO BATISTA	M	63	M6064	81	VETERANOS TEIXOSO	01:33:43	01:33:32	00:15:22	01:11:54
2002	429	EBERHARD A WILHEML	M	64	M6064	82	4 AO KM	01:33:47	01:31:06	00:18:16	01:13:52
2003	207	CELIO T X ROMA	M	26	M2039	747	HERBAL DHS	01:33:48	01:30:57	00:19:09	01:12:57
2004	1104	ANTONIO E COELHO	M	70	M6599	25	A ESTAÇÃO ORTIGA	01:33:50	01:30:36	00:18:47	01:13:58
2005	1795	ZILDA R SILVA	F	51	F4599	41	DREAM TEAM VISEU	01:33:52	01:30:40	00:19:05	01:14:55
2006	1049	RICARDO RODRIGUES	M	39	M2039	748	AB 34	01:33:53	01:31:17	00:19:13	01:14:45
2007	1050	CARLOS MACKAY	M	42	M4044	311	AB 34	01:33:54	01:31:17	00:19:12	01:14:45
2008	2139	SARA UNDERWOOD	F	39	F2039	124	GELPINHOS	01:33:59	01:30:49	00:20:17	01:14:51
2009	438	ANTONIO P A MATOS	M	38	M2039	749	RUNNING CROWS COMPANHIA	01:34:01	01:31:59	00:17:26	01:13:51
2010	161	SORAIA A R SALVADOR	F	30	F2039	125	INDIVIDUAL	01:34:02	01:33:02	00:17:31	01:14:00
2011	639	CARLOS M E SANTO	M	51	M5054	219	C MILLENNIUMBCP	01:34:08	01:31:03	00:20:07	01:15:21
2012	641	PAULA R BATALHA	F	46	F4599	42	C MILLENNIUMBCP	01:34:08	01:31:09	00:19:25	01:15:21
2013	296	PEDRO MURTINHAL	M	39	M2039	750	INDIVIDUAL	01:34:13	01:30:59	00:18:56	01:14:12
2014	747	ANA SIMPLICIO	F	40	F4044	41	TO BE PROJECT	01:34:15	01:32:49	00:18:14	01:14:56
2015	749	JOANA AREIAS	F	29	F2039	126	TO BE PROJECT	01:34:16	01:34:16	00:18:14	01:14:56
2016	1123	RAFAEL CAMACHO	M	44	M4044	312	ACQUAWISE	01:34:20	01:33:38	00:16:12	01:12:19
2017	2273	LUIS M FERREIRA	M	33	M2039	751	HORTAPRONTA SA	01:34:21	01:33:53	00:18:11	01:16:12
2018	1220	ROSA VIVEIROS	F	29	F2039	127	FALCOES SELVAGENS	01:34:25	01:31:25	00:19:29	01:15:25
2019	226	FERNANDO CLAUDINO	M	59	M5559	150	GD MACEDO OCULISTA	01:34:28	01:32:50	00:18:08	01:15:37
2020	1300	ANA LUISA FONSECA	F	36	F2039	128	TEJAVISTA	01:34:28	01:32:08	00:18:53	01:15:24
2021	1523	NEUZA P HENRIQUES	F	28	F2039	129	MAXIGYM	01:34:28	01:33:13	00:16:17	01:13:58
2022	1298	AFONSO BUSTORFF	M	21	M2039	752	TEJAVISTA	01:34:29	01:32:07	00:18:54	01:15:24
2023	1442	MANUELA BUSTORFF	F	57	F4599	43	TEJAVISTA	01:34:30	01:32:10	00:18:53	01:15:24

2024	81	SANDRA I SERAFIM	F	34	F2039	130	SAPATILHAS ARDENTES	01:34:34	01:32:44	00:17:30	01:12:34
2025	136	SUSANA B SANTOS	F	36	F2039	131	SAPATILHAS ARDENTES	01:34:34	01:32:44	00:17:47	01:12:34
2026	245	PAULA VIVEIRO	F	39	F2039	132	FALCOES SELVAGENS	01:34:39	01:33:04	00:18:09	01:15:07
2027	195	JOSE J P FURTADO	M	54	M5054	220	OEBRECHT/BPC	01:34:42	01:32:38	00:18:08	01:14:43
2028	1622	JORGE FILIPE	M	46	M4549	270	PORTUGAS4RUN	01:34:50	01:31:43	00:19:22	01:15:51
2029	1623	TERESA FIGUEIREDO	F	38	F2039	133	PORTUGAS4RUN	01:34:50	01:31:43	00:19:23	01:15:51
2030	2542	FERNANDO SOUTO	M	58	M5559	151	OS BRAGUINHAS	01:34:50	01:33:39	#N/D	01:15:27
2031	1128	MANUELA HEROIN	F	56	F4599	44	INDIVIDUAL	01:34:51	01:33:29	00:17:15	01:13:57
2032	1127	DANIEL P HEROIN	M	59	M5559	152	INDIVIDUAL	01:34:52	01:33:31	00:17:16	01:13:56
2033	1448	MARIO J B SILVA	M	50	M5054	221	TEJAVISTA	01:34:52	01:32:20	00:19:43	01:17:12
2034	1055	JOAO MARQUES	M	59	M5559	153	TURBO-LENTOS	01:34:55	01:32:22	00:18:43	01:13:19
2035	1164	CRISTINA ALEXANDRE	F	39	F2039	134	CD GRUPO BES	01:35:02	01:32:55	00:18:21	01:15:44
2036	716	ALBERTO SANTOS	M	44	M4044	313	INDIVIDUAL	01:35:03	01:32:44	00:19:18	01:16:01
2037	1173	RUI GAMEIRO	M	39	M2039	753	CD GRUPO BES	01:35:03	01:32:56	00:18:31	01:15:45
2038	1237	PEDRO ROMAO	M	35	M2039	754	INDIVIDUAL	01:35:03	01:31:43	00:18:22	01:12:38
2039	717	Mª HELENA SANTOS	F	44	F4044	42	INDIVIDUAL	01:35:04	01:32:45	00:19:17	01:16:02
2040	2336	ANA M ARAUJO	F	39	F2039	135	GD CIMPOR	01:35:06	01:32:47	00:20:02	01:15:33
2041	1297	ILIDIO M R SILVA	M	31	M2039	755	INDIVIDUAL	01:35:07	01:32:17	00:18:42	01:14:59
2042	2061	LUCILENE S R CARDOSO	F	33	F2039	136	SCALABIS N RUNNERS	01:35:09	01:33:55	00:18:12	01:16:12
2043	1268	VERA SILVA	F	30	F2039	137	COMPANHIA BAZOFIAS	01:35:11	01:33:19	00:18:13	01:15:22
2044	677	JOAO T R O DIOGO	M	42	M4044	314	INDIVIDUAL	01:35:19	01:32:12	00:19:11	01:15:55
2045	686	DANIEL J S SANTOS	M	40	M4044	315	INDIVIDUAL	01:35:19	01:32:25	00:19:11	01:15:55
2046	42	JOEL J P C RODRIGUES	M	40	M4044	316	INDIVIDUAL	01:35:21	01:33:36	00:17:59	01:15:28
2047	664	JOAQUIM O FULGENCIO	M	54	M5054	222	C MILLENNIUMBCP	01:35:24	01:32:54	00:18:37	01:14:55
2048	666	JOSE P ALMEIDA	M	42	M4044	317	C MILLENNIUMBCP	01:35:26	01:32:55	00:18:38	01:14:55
2049	221	LUIS FERREIRA	M	44	M4044	318	RAIL RUNNERS	01:35:28	01:33:09	00:19:24	01:16:32
2050	769	JOSE D FIGUEIREDO	M	75	M6599	26	INDIVIDUAL	01:35:29	01:32:48	00:19:10	01:15:58
2051	2199	CASIMIRO FERREIRA	M	68	M6599	27	CLUBE STRESS	01:35:30	01:32:13	00:19:26	01:16:24
2052	2200	CATARINA LEAL	F	43	F4044	43	CLUBE STRESS	01:35:30	01:32:10	00:19:46	01:16:24
2053	2205	JORGE GONCALVES	M	46	M4549	271	CLUBE STRESS	01:35:31	01:32:11	00:19:55	01:16:41
2054	2212	NUNO CASTANHEIRA	M	58	M5559	154	CLUBE STRESS	01:35:31	01:32:14	00:19:27	01:16:23
2055	2213	NUNO PAIS	M	35	M2039	756	CLUBE STRESS	01:35:31	01:32:15	00:19:27	01:16:23
2056	222	CATARINA BRIZIDA	F	20	F2039	138	RAIL RUNNERS	01:35:35	01:33:15	00:19:24	01:16:32
2057	1934	DANIEL FERNANDES	M	32	M2039	757	CP PONTEVEL	01:35:39	01:32:54	00:20:13	01:15:36
2058	197	VERA B SILVA	F	52	F4599	45	OEBRECHT/BPC	01:35:41	01:33:36	00:22:18	#N/D
2059	2176	ANA M F F NUNES	F	29	F2039	139	INDIVIDUAL	01:35:41	01:33:03	00:17:51	01:14:59
2060	1667	CATIA CÂMARA	F	25	F2039	140	C SARGENTO ARMADA	01:35:44	01:34:14	00:17:55	01:16:29
2061	636	LUIA SOUSA	F	43	F4044	44	ACQUAWISE	01:35:48	01:35:08	00:16:42	01:15:42
2062	904	ALEXANDRA M GOIS	F	28	F2039	141	PES TROIKADOS	01:35:54	01:35:11	00:15:51	01:13:12
2063	1246	JOSE HENRIQUES	M	62	M6064	83	CCD TRANQUILIDADE	01:35:59	01:33:51	00:19:10	01:17:08
2064	2266	DANIEL J CLARA	M	52	M5054	223	HORTAPRONTA SA	01:36:02	01:35:35	00:15:39	01:13:47
2065	2161	RITA MONTERROSO	F	31	F2039	142	BALANCE CLUB	01:36:06	01:34:41	00:17:35	01:14:51
2066	881	Mª EUNICE L ALMEIDA	F	32	F2039	143	INDIVIDUAL	01:36:10	01:34:01	00:19:25	01:16:49
2067	1463	MARIA LEITAO	F	51	F4599	46	ADCEO	01:36:13	01:34:58	00:17:03	01:15:28
2068	1611	ALVARO SILVEIRA	M	47	M4549	272	MACUAS	01:36:19	01:34:05	00:18:17	01:11:51
2069	2229	SANDRA M FERREIRA	F	27	F2039	144	LIKE RUNNERS	01:36:19	01:33:18	00:20:11	01:18:15
2070	2231	ANA C P CRAVALHO	F	29	F2039	145	LIKE RUNNERS	01:36:19	01:33:19	00:20:12	01:18:17
2071	1612	CARLA PEIXE	F	49	F4599	47	MACUAS	01:36:20	01:34:06	00:18:18	01:15:09
2072	2234	CARLA S G SANTOS	F	28	F2039	146	LIKE RUNNERS	01:36:20	01:33:20	00:20:25	01:18:15
2073	1429	ANTONIO J P VENTURA	M	47	M4549	273	RAPOTAXO	01:36:29	01:35:54	00:16:29	01:17:18
2074	1430	GUSTAVO J T D QUARESMA	M	54	M5054	224	RAPOTAXO	01:36:29	01:35:55	00:16:32	01:17:21
2075	38	EDUARDO CORREIA	M	45	M4549	274	INDIVIDUAL	01:36:32	01:36:15	00:15:57	01:15:14
2076	39	SANDRA CORREIA	F	42	F4044	45	INDIVIDUAL	01:36:32	01:36:16	00:15:57	01:15:15
2077	1703	PAULA FIGUEIREDO	F	55	F4599	48	GD SANTANDER TOTTA	01:36:35	01:33:26	00:19:29	01:16:30
2078	1702	MARIA FIGUEIREDO	F	52	F4599	49	GD SANTANDER TOTTA	01:36:42	01:33:32	00:19:24	01:16:50

2079	2151	JUSTINO C ROSA	M	62	M6064	84	OS TONGAS	01:36:42	01:35:36	00:17:41	01:16:27
2080	887	CRISTINA CUNHA	F	42	F4044	46	INDIVIDUAL	01:36:44	01:36:24	00:15:07	01:15:59
2081	975	PAULO QUEIROS	M	34	M2039	758	INDIVIDUAL	01:36:45	01:34:35	00:18:14	01:16:06
2082	204	NUNO J S CAMELO	M	38	M2039	759	HERBAL DHS	01:36:49	01:33:56	00:19:25	01:16:31
2083	80	FRANCISCO J T GARCAO	M	38	M2039	760	HERBAL DHS	01:36:53	01:33:59	00:19:26	01:16:31
2084	789	PAULO VALENTE	M	67	M6599	28	INDIVIDUAL	01:36:54	01:35:46	00:16:48	01:15:35
2085	1449	SAO PALMA	F	45	F4599	50	TEJAVISTA	01:36:55	01:34:38	00:19:44	01:17:13
2086	269	MANUEL F COELHO	M	43	M4044	319	INDIVIDUAL	01:36:57	01:34:08	00:18:59	01:15:21
2087	1111	LUIS V BARROSO	M	53	M5054	225	INDIVIDUAL	01:37:03	01:33:50	00:19:55	01:18:17
2088	521	PAULA NOGUEIRA	F	36	F2039	147	INDIVIDUAL	01:37:04	01:35:57	00:17:45	01:16:35
2089	522	NUNO ALMEIDA	M	27	M2039	761	INDIVIDUAL	01:37:04	01:35:57	00:17:44	01:16:36
2090	2023	NIDIA SILVA	F	57	F4599	51	OS BOCAGE PAREDE	01:37:06	01:35:53	00:17:20	01:17:20
2091	2395	ANA FARO	F	32	F2039	148	INDIVIDUAL	01:37:14	01:35:12	00:18:47	01:17:46
2092	261	EUGENIA M B L LOPES	F	47	F4599	52	ESTRELA CA FC	01:37:23	01:35:56	00:18:11	01:17:08
2093	260	JOSE A R LOPES	M	48	M4549	275	ESTRELA CA FC	01:37:25	01:37:18	00:10:18	00:50:13
2094	622	NUNO VALVERDE	M	27	M2039	762	CP EDP LISBOA	01:37:25	01:35:48	00:16:50	01:11:13
2095	1238	BRUNO M M COSTA	M	30	M2039	763	PESTINHAS	01:37:34	01:34:21	00:20:30	01:17:20
2096	1239	ANDREIA F C A GONCALVES	F	30	F2039	149	PESTINHAS	01:37:34	01:34:21	00:20:30	01:17:20
2097	1240	SUSANA F C A GONCALVES	F	24	F2039	150	PESTINHAS	01:37:34	01:34:20	00:20:30	01:17:19
2098	322	TERESA SERRA	F	42	F4044	47	INDIVIDUAL	01:37:38	01:36:47	00:17:26	01:17:00
2099	1975	LUIS NEVES	M	38	M2039	764	AÇOREANA C BANIF	01:37:39	01:35:47	00:17:18	01:14:47
2100	1227	SABINE ARAGAO	F	51	F4599	53	OS CORREDORES	01:37:40	01:35:05	00:18:47	01:17:40
2101	1295	VITOR J M PACHECO	M	62	M6064	85	INDIVIDUAL	01:37:43	01:34:29	00:19:45	01:18:01
2102	613	RICARDO M H S AGOSTINHO	M	35	M2039	765	INDIVIDUAL	01:37:56	01:35:07	00:18:34	01:16:50
2103	1280	SERAFIM ALVES	M	56	M5559	155	LANG	01:37:56	01:35:08	00:18:56	01:17:42
2104	61	EMILIA M J S VIEIRA	F	56	F4599	54	INDIVIDUAL	01:38:01	01:34:58	00:19:09	01:16:45
2105	2160	WILLIAM AGOSTINHO	M	27	M2039	766	BALANCE CLUB	01:38:10	01:36:43	00:17:58	01:16:58
2106	2163	MARISA SANTOS	F	34	F2039	151	BALANCE CLUB	01:38:10	01:36:43	00:17:58	01:16:58
2107	876	JOAQUIM MARIA	M	33	M2039	767	FRUFRESH RUNNERS	01:38:17	01:35:46	00:19:03	01:17:45
2108	689	TERESA MORAIS	F	37	F2039	152	RP TEAM	01:38:42	01:35:26	00:20:20	01:19:35
2109	2208	LUIS FERREIRA	M	60	M6064	86	CLUBE STRESS	01:38:42	01:35:21	00:19:54	01:18:28
2110	820	LAURINDA CASTRO	F	53	F4599	55	HAND2HAND	01:38:43	01:37:45	00:17:54	01:18:32
2111	2194	ANTONIO MANTEIGA	M	39	M2039	768	CLUBE STRESS	01:38:43	01:35:28	00:20:18	01:19:36
2112	2198	CARMO LARANJEIRA	F	47	F4599	56	CLUBE STRESS	01:38:45	01:35:30	00:20:20	01:19:36
2113	588	MARTA QUEIROZ	F	35	F2039	153	INDIGO	01:38:50	01:36:29	00:18:58	01:17:55
2114	795	MIGUEL MOTA	M	41	M4044	320	OFTEL RUNNERS	01:38:50	01:36:44	00:16:25	01:14:22
2115	1299	ANA CAROCO	F	53	F4599	57	TEJAVISTA	01:38:50	01:36:27	00:18:52	01:17:37
2116	1568	VANDA C ANJOS	F	31	F2039	154	INDIVIDUAL	01:38:53	01:36:42	00:18:07	01:18:05
2117	338	RICARDO DIAS	M	34	M2039	769	CCDT METRO LX	01:39:05	01:36:13	00:19:28	01:18:00
2118	1699	JOSE RIBEIRO	M	67	M6599	29	GD SANTANDER TOTTA	01:39:12	01:38:45	00:15:26	01:16:47
2119	2072	VANIA F L FERNANDES	F	34	F2039	155	SCALABIS N RUNNERS	01:39:14	01:38:01	00:18:13	01:18:01
2120	209	CARMEN GREFF	F	48	F4599	58	RUN 4 FUN	01:39:19	01:38:54	00:16:04	01:18:00
2121	2241	ARTUR DINIS	M	55	M5559	156	GD MACEDO OCULISTA	01:39:22	01:36:31	00:19:59	01:19:00
2122	2259	PAULA COUTO	F	48	F4599	59	GD MACEDO OCULISTA	01:39:22	01:36:31	00:20:00	01:19:01
2123	1182	INES C C CORREIA	M	30	M2039	770	BOAVISTA RUN	01:39:24	01:37:19	00:20:10	01:18:07
2124	2545	ARNALD SILVA	M	55	M5559	157	OS BRAGUINHAS	01:39:26	01:36:39	00:18:05	01:17:15
2125	268	VASCO GOMES	M	35	M2039	771	INDIVIDUAL	01:39:30	01:36:44	00:19:13	01:17:01
2126	2272	JOSE H FERREIRA	M	55	M5559	158	HORTAPRONTA SA	01:39:30	01:39:05	00:20:44	01:20:35
2127	1228	FERNANDO ARAGAO	M	51	M5054	226	OS CORREDORES	01:39:35	01:36:59	00:18:45	01:17:56
2128	800	RENATA S M MOTA	F	21	F2039	156	CA RIACHENSE	01:39:39	01:37:35	00:19:53	01:20:55
2129	801	DANIELA S M MOTA	F	23	F2039	157	CA RIACHENSE	01:39:40	01:37:36	00:19:51	01:20:56
2130	1165	FERNANDO FILIPE	M	44	M4044	321	CD GRUPO BES	01:39:41	01:38:52	00:16:44	01:17:22
2131	7	RICARDO ESTEVES	M	51	M5054	227	INDIVIDUAL	01:39:42	01:37:56	00:17:33	01:18:23
2132	884	SERGIO C COSTA	M	34	M2039	772	NINJAS ESTRADA	01:39:43	01:37:01	00:20:25	01:20:01
2133	885	PATRICIA S PINO	F	33	F2039	158	NINJAS ESTRADA	01:39:43	01:37:02	00:20:26	01:20:00

2134	2228	NUNO ESPANA	M	29	M2039	773	INDIVIDUAL	01:39:45	01:36:29	00:21:01	01:20:57
2135	1350	ANA M GUIMARAES	F	54	F4599	60	C COLAB AXA	01:39:47	01:38:11	00:17:42	01:17:58
2136	188	JOSE CARITA	M	53	M5054	228	CCD SINTRENSE	01:39:48	01:38:37	00:16:39	01:16:57
2137	1351	JOAO P PINTO	M	43	M4044	322	C COLAB AXA	01:39:48	01:38:12	00:17:42	01:17:58
2138	1126	LUIS RIBEIRO	M	31	M2039	774	INDIVIDUAL	01:39:49	01:36:32	00:21:03	01:20:58
2139	1170	PAULA SILVA	F	42	F4044	48	CD GRUPO BES	01:39:52	01:39:01	00:16:37	01:19:05
2140	1020	ANTONIO C EDUARDO	M	58	M5559	159	METRO 2011	01:39:54	01:36:59	00:20:45	01:20:45
2141	1223	RICARDO SOUSA	M	41	M4044	323	INDIVIDUAL	01:40:05	01:38:24	00:18:38	01:19:34
2142	526	SOFIA PORTELA	F	35	F2039	159	INDIVIDUAL	01:40:07	01:38:32	00:18:39	01:20:12
2143	83	ANA M A NOVO	F	33	F2039	160	INDIVIDUAL	01:40:08	01:38:31	00:18:39	01:20:12
2144	1028	ELISABETE AGUAS	F	47	F4599	61	CCD O ALVITEJO	01:40:16	01:38:34	00:18:22	01:17:38
2145	1036	VITOR RODRIGUES	M	45	M4549	276	CCD O ALVITEJO	01:40:16	01:38:34	00:18:21	01:17:38
2146	360	NUNO OLIVEIRA	M	36	M2039	775	INDIVIDUAL	01:40:28	01:38:13	00:19:03	01:19:30
2147	1279	ANTONIO M O LOPES	M	46	M4549	277	OS CACHOS	01:40:31	01:38:30	00:17:54	01:18:17
2148	1576	PEDRO DELGADO	M	64	M6064	87	TEJAVISTA	01:40:40	01:38:19	00:19:22	01:19:56
2149	328	FERNANDO FERNANDES	M	59	M5559	160	CCDT METRO LX	01:40:41	01:37:47	00:19:49	01:19:40
2150	330	JOAO CUNHA	M	51	M5054	229	CCDT METRO LX	01:40:41	01:37:45	00:19:49	01:19:40
2151	412	PEDRO D S PINTO	M	31	M2039	776	MAZDA PORTUGAL	01:40:48	01:38:09	00:19:17	01:19:41
2152	127	RUTE FERNANDES	F	35	F2039	161	RUN 4 FUN	01:40:54	01:38:15	00:19:17	01:19:41
2153	1806	ALEXANDRE CORREIA	M	34	M2039	777	PERNAS GAFANHOTO	01:41:06	01:39:08	00:18:44	01:20:10
2154	2465	ELISABETH LOUREIRO	F	56	F4599	62	INDIVIDUAL	01:41:09	01:38:57	00:19:33	01:20:35
2155	953	MAIRA LOTT	F	27	F2039	162	INDIVIDUAL	01:41:18	01:39:42	00:18:20	01:20:09
2156	126	RITA FELIZOL	F	43	F4044	49	RUN 4 FUN	01:41:19	01:38:41	00:19:17	01:19:43
2157	637	CRISTINA MENDES	F	41	F4044	50	ACQUAWISE	01:41:19	01:40:40	00:16:46	01:18:27
2158	1610	PEDRO M G V CARRASCO	M	40	M4044	324	SS MONTEPIO GERAL	01:41:23	01:39:23	00:18:41	01:19:02
2159	1843	JAIME PARDAL	M	43	M4044	325	CARAPAU CORRIDA	01:41:26	01:39:14	00:18:54	01:19:40
2160	1845	VITOR SANTOS	M	41	M4044	326	CARAPAU CORRIDA	01:41:27	01:39:16	00:18:55	01:19:38
2161	1866	MARCIO J C PEREIRA	M	35	M2039	778	INDIVIDUAL	01:41:30	01:40:55	00:15:22	01:18:59
2162	1842	FILIPA PEREIRA	F	28	F2039	163	CARAPAU CORRIDA	01:41:31	01:39:23	00:18:53	01:19:38
2163	721	ANTONIO R P ESTREITO	M	54	M5054	230	INDIVIDUAL	01:41:34	01:41:11	00:15:15	01:16:03
2164	69	ANDRE GIL	M	35	M2039	779	INDIVIDUAL	01:41:55	01:39:30	00:18:30	01:19:34
2165	135	VÂNIA SERRA	F	27	F2039	164	SAPATILHAS ARDENTES	01:41:56	01:40:05	00:18:08	01:19:51
2166	2040	LUIS MIGUENS	M	38	M2039	780	OS ZATOPEQUES	01:41:58	01:38:59	00:18:43	01:21:27
2167	248	BRUNO PRAZERES	M	31	M2039	781	FALCOES SELVAGENS	01:42:16	01:40:41	00:19:07	01:22:38
2168	244	RUI OLIVEIRA	M	48	M4549	278	FALCOES SELVAGENS	01:42:24	01:40:48	00:19:07	01:22:38
2169	180	HENRIQUE R PINTO	M	43	M4044	327	RP TEAM	01:42:32	01:39:16	00:20:51	01:21:29
2170	181	MAFALDA R PINTO	F	45	F4599	63	RP TEAM	01:42:32	01:39:17	00:20:44	01:21:27
2171	198	GERRY W SANITZ	M	49	M4549	279	OEBRECHT/BPC	01:42:40	01:42:40	00:33:01	#N/D
2172	199	Mª FILOMENA P FURTADO	F	56	F4599	64	OEBRECHT/BPC	01:42:40	01:40:34	00:19:03	01:20:49
2173	608	RITA L C L ASCENSAO	F	44	F4044	51	INDIVIDUAL	01:42:51	01:39:35	00:20:49	01:21:29
2174	1348	SABRINA B SERRA	F	31	F2039	165	INDIVIDUAL	01:43:12	01:40:00	00:20:03	01:21:07
2175	378	JOAO MONTEIRO	M	45	M4549	280	FSG COLLONGE BELLERIVE	01:43:28	01:41:59	00:18:36	01:20:56
2176	1058	GONCALO NETO	M	45	M4549	281	AA LEBRES SADO	01:43:30	01:41:33	00:19:32	01:23:00
2177	1067	CECILIA NICOLAU	F	45	F4599	65	AA LEBRES SADO	01:43:30	01:41:30	00:19:32	01:22:59
2178	1879	LEONOR M S C NETO	F	20	F2039	166	INDIVIDUAL	01:43:31	01:41:31	00:19:32	01:23:00
2179	2156	MARIO SOARES	M	20	M2039	782	GELPINHOS	01:43:46	01:40:29	00:20:49	01:21:28
2180	1952	SONIA LOPES	F	38	F2039	167	AM ATIBA	01:43:52	01:43:11	00:16:35	01:20:28
2181	377	ARMANDO MONTEIRO	M	38	M2039	783	FSG COLLONGE BELLERIVE	01:43:53	01:42:26	00:18:36	01:20:56
2182	2500	AGAPITO BELGA	M	55	M5559	161	MIRANTENSE FC	01:44:05	01:42:43	00:18:25	01:23:02
2183	963	LUIS F PTOMAS	M	37	M2039	784	INDIVIDUAL	01:44:10	01:42:08	00:17:44	01:19:09
2184	308	NUNO SILVA	M	29	M2039	785	INDIVIDUAL	01:44:28	01:41:23	00:19:37	01:20:29
2185	2232	PATRICIA S P RIBEIRO	F	28	F2039	168	LIKE RUNNERS	01:44:33	01:41:32	00:20:24	01:23:11
2186	1977	MA FEE HUNG	F	62	F4599	66	AÇOREANA C BANIF	01:44:41	01:44:01	00:18:20	01:22:39
2187	520	JOAO MELO	M	67	M6599	30	SENIOR	01:44:54	01:42:10	00:20:00	01:23:19
2188	421	CRISTINA BARATA	F	34	F2039	169	CARACOIS CORRIDA	01:45:02	01:42:51	00:20:51	01:24:11



2189	419	ALEXANDRA S FORTE	F	41	F4044	52	CARACOIS CORRIDA	01:45:13	01:43:03	00:20:49	01:24:45
2190	896	ANA C N TORRES	F	24	F2039	170	PES TROIKADOS	01:45:14	01:42:16	00:20:22	01:22:43
2191	336	ORLANDO SOUSA	M	49	M4549	282	CCDT METRO LX	01:45:41	01:42:46	00:19:52	01:22:54
2192	878	ISABEL MATELA	F	42	F4044	53	FRUFRESH RUNNERS	01:45:42	01:43:14	00:19:37	01:22:54
2193	1305	JOANA GOMES	F	26	F2039	171	TEJAVISTA	01:45:56	01:43:32	00:19:55	01:23:57
2194	1302	CLAUDIO FIGEIRA	M	26	M2039	786	TEJAVISTA	01:45:57	01:43:37	00:19:56	01:23:58
2195	2492	NATALIA L MORENO	F	64	F4599	67	MIRANTENSE FC	01:45:57	01:44:37	00:18:24	01:23:01
2196	1897	CRISTIANO MARQUES	M	21	M2039	787	CA PENARFIME	01:46:02	01:43:37	00:17:43	01:20:44
2197	1898	PAULO PEREIRA	M	39	M2039	788	CA PENARFIME	01:46:02	01:43:37	00:17:43	01:20:45
2198	475	Mª ROSARIO S BARROS	F	42	F4044	54	C ORIENTAÇÃO CENTRO	01:46:33	01:43:27	00:21:13	01:24:54
2199	1355	ANTONIO DOMINGOS	M	64	M6064	88	INDIVIDUAL	01:46:45	01:46:45	#N/D	#N/D
2200	1397	ANABELA VIEITO	F	45	F4599	68	C ORIENTAÇÃO CENTRO	01:46:48	01:43:40	00:21:13	01:24:54
2201	1046	TERESA GOMES	F	45	F4599	69	BEATRIZ CLUB	01:47:07	01:46:29	00:17:50	01:22:37
2202	1100	SILVANA M CARVALHO	F	43	F4044	55	INDIVIDUAL	01:47:14	01:44:42	00:20:48	01:24:59
2203	2141	JOSE C ALFREDO	M	56	M5559	162	GELPINHOS	01:47:15	01:45:34	00:18:00	01:19:49
2204	2137	ANTONIO C SOUSA	M	70	M6599	31	GELPINHOS	01:47:16	01:45:35	00:17:59	01:19:49
2205	2195	CARLOS FIGUEIREDO	M	47	M4549	283	CLUBE STRESS	01:47:56	01:44:59	00:19:47	01:24:25
2206	2201	DINA CARDOSO	F	34	F2039	172	CLUBE STRESS	01:47:56	01:44:59	00:19:49	01:24:25
2207	1876	AUGUSTO J P S PIRES	M	46	M4549	284	INDIVIDUAL	01:48:08	01:47:14	00:17:39	01:24:41
2208	1304	ISAURA ATANASIO	F	59	F4599	70	TEJAVISTA	01:48:10	01:45:51	00:19:23	01:24:53
2209	592	FLAVIA CARRIL	F	30	F2039	173	X&F	01:48:12	01:46:06	00:19:02	01:24:38
2210	802	RAQUEL PENA	F	30	F2039	174	CA RIACHENSE	01:48:43	01:46:38	00:19:53	01:25:05
2211	113	CARLOS J M FILIPE	M	37	M2039	789	INDIVIDUAL	01:48:44	01:46:39	00:19:52	01:25:06
2212	1760	JORGE LECA	M	32	M2039	790	ARRASTASSOLAS	01:49:04	01:47:10	00:18:08	01:24:51
2213	779	PEDRO MESQUITA	M	44	M4044	328	Oporto SQUASH RUNNING	01:49:41	01:48:27	00:17:49	01:25:35
2214	823	MARTA NEVES	F	36	F2039	175	Oporto SQUASH RUNNING	01:49:44	01:48:31	00:17:50	01:25:35
2215	422	ELISABETE MANUEL	F	37	F2039	176	CARACOIS CORRIDA	01:50:26	01:48:16	00:20:48	01:27:12
2216	786	LUIS SILVA	M	59	M5559	163	GINASIO PONTE FC	01:50:29	01:47:17	00:20:27	01:27:12
2217	1777	ALEXANDRA SOUSA	F	37	F2039	177	NS SAO MIGUEL	01:50:42	01:50:07	00:19:53	01:28:17
2218	830	Mª CARMO ANJOS	F	64	F4599	71	JF PORTELA	01:50:50	01:49:38	00:19:11	01:27:40
2219	2022	CARLOS SANTOS	M	50	M5054	231	OS BOCAGE PAREDE	01:51:17	01:50:00	00:20:56	01:26:11
2220	1101	NUNO A NEVES	M	26	M2039	791	INDIVIDUAL	01:51:22	01:48:49	00:20:48	01:27:41
2221	2032	ERMELINDA ANTUNES	F	55	F4599	72	OS ZATOPEQUES	01:51:29	01:48:18	00:20:37	01:27:09
2222	1470	VITOR SANTOS	M	41	M4044	329	INDIVIDUAL	01:51:39	01:50:43	00:16:46	01:24:50
2223	241	JOSE DINIS	M	52	M5054	232	FALCOES SELVAGENS	01:51:40	01:48:34	00:19:44	01:27:57
2224	2390	LUIS F MARQUES	M	55	M5559	164	INDIVIDUAL	01:52:32	01:51:36	00:18:03	01:28:23
2225	984	LELIA A AREAL	F	52	F4599	73	INDIVIDUAL	01:52:37	01:50:04	00:21:14	01:28:35
2226	2391	FERNANDO C MARQUES	M	49	M4549	285	INDIVIDUAL	01:53:02	01:52:06	00:18:02	01:28:32
2227	660	FOCK Y CHIU	F	61	F4599	74	C MILLENNIUMBOP	01:55:01	01:53:42	00:19:52	01:31:02
2228	661	JOSE E ARRUDA	M	62	M6064	89	C MILLENNIUMBOP	01:55:01	01:53:41	00:19:52	01:31:01
2229	869	MANUEL A F SANTOS	M	64	M6064	90	GDCT REPSOL	01:55:26	01:53:40	00:21:06	01:31:18
2230	870	ALDA M F OLIVEIRA	F	57	F4599	75	GDCT REPSOL	01:55:27	01:53:41	00:21:07	01:31:18
2231	1491	JOSE C V LIMA	M	52	M5054	233	GDC PORTO SINES	01:56:39	01:53:25	00:20:01	01:24:20
2232	1769	GIL FERREIRA	M	26	M2039	792	PAPA ASFALTO	01:56:39	01:53:14	00:20:10	01:27:02
2233	1771	NELSON JESUS	M	24	M2039	793	PAPA ASFALTO	01:56:39	01:53:15	00:20:02	01:27:02
2234	1770	SERGIO RODRIGUES	M	27	M2039	794	PAPA ASFALTO	01:56:40	01:53:14	00:20:10	01:27:01
2235	1666	JUAN CATARAN	M	24	M2039	795	INDIVIDUAL	01:57:26	01:53:45	00:19:52	01:31:19
2236	353	PATRICIA A S CORREIA	F	31	F2039	178	RUN4MINIS	01:59:07	01:57:34	00:19:27	01:32:40
2237	389	PAULO J AMORIM	M	33	M2039	796	INDIVIDUAL	02:00:43	01:57:59	00:21:49	01:34:36
2238	1630	VERA SANTOS	F	45	F4599	76	INDIVIDUAL	02:01:42	02:00:06	00:20:59	01:36:53
2239	1656	TERESA ALVES	F	44	F4044	56	ACR VIMEIRO	02:02:35	01:59:34	00:23:07	01:36:51